

"You Are Now at the Precipice" - One Who Serves and Ashira

“One Who Serves” channeled by James McConnell

“Ashira” channeled by Dr. Susan Sammarco

(Note: these messages were given during our weekly Sunday Prepare for Change group in Phoenix on December 11, 2016)

“One Who Serves”

Greetings to you. “One Who Serves” here with you again to continue the process we started long ago with you. Actually you started these processes long ago, many lifetimes, and many understandings. Many different levels of consciousness that you have gone through over the many times.

But now you are here. Now you are at the precipice. We have spoken before about stepping off the precipice. We asked before if you are ready to step off this precipice. Meaning, are you ready to move through this Ascension? Are you ready to go through the transition?

Are you ready for the changes to come over you that take away all the old familiar ways, the old familiar knowings that you have had, even with the familiar guides you have had with you. For them to leave. For all of this to leave. For you to become alone in some respects. But not for long. There will be a brief moment where you will feel a sense of longing. A sense of missing. That sense of losing everything that you had known. Again for many, many lifetimes. But turning back to who you are. Remembering who you are. So this will be. An old remembering will be replaced by a new understanding and a new remembrance of who you are.

This is a monumental time, a monumental effort on your part to be prepared for all of this.

You have heard many, many times and we have spoken in many different ways, many different terminologies how this will go for each of you. We do not know how it is going to go for each and every one of you. We do not understand this because it will be different for everyone here.

It will be similar for you, those of you the Lightworkers who have been prepared, been acclimated to these energies. As these energies come in, you will be able to handle them, to work with them and assist others with the energies that are coming into them as well. If it is foreign for you, imagine how foreign it will be for all those others.

So there is so much coming. So much happening and as it comes closer and closer and closer we get more excited too. We, the Ascended Masters, we, the Galactics, we, the Company of Heaven, the Agarthans are all becoming very excited about all of this because the time is nigh. The frequency is nearly there. As this frequency continues to rise, you continue to rise in consciousness.

That is our message here and we are ready for questions. “Ashira” is standing by.

Question: I'd like to ask about the "proton light machines" they have in Sedona. Can you tell us about them?

"One Who Serves"

Not so much in detail but we can give you understanding that this is precursor to those new technologies coming forward. This set is being presented here are the precursors for the crystal light chambers.

Much of this is moving toward that. There are so many technologies that are being introduced that will lead up to your full immersion into these crystal light chambers. The frequency will be as high and right for you.

Q: In the light chamber in Sedona, how can the different colors and lights have a long term effect on us?

"One Who Serves"

First of all, all that you are speaking of, all that is coming out is about vibration. Color creates vibration. Light creates vibration. As you move into these vibration centers you are working with the Chakras Centers. You must understand that color works with the Chakras.

When you speak of red, what does this do? Red is the first Chakra Center. It is the primal center within you. Red brings up an Earth excitement. An Earthly excitement, you see? Whereas the blues, the greens, the higher Chakra Centers have a different vibration altogether with them.

To have the various devices that work with color and light frequency there is a consciousness connection between you and this particular device. But again, we are speaking here of only the precursor of what is going to be available.

When you step into this device it does affect you positively. There will be some areas of knowing as you come out of it that has had positive effects. Think about how it will come as you move into the higher level devices that change immediately with your consciousness, immediately your bodily functions and everything within you and your consciousness and energy that you are at that time. Also the energy and consciousness of the device itself.

“Ashira”

This is a consciousness device actually. Think of it this way. You enter the device with a plan in mind. This is something that is going to take care of my eyes or whatever is going on in my body. You hold that in your consciousness. Like last weekend! You knew that when you walked away from Payson you felt better. You were seeing better. You were on a new road, were you not? Yes!

So these are a precursor to the crystal light chambers that will be 100X more effective. This will be effective as long as you hold the consciousness.

Q: Is the time coming when it will be a lot easier to manifest? We are in different environments, how will that affect us?

“One Who Serves”

James and Joanna have prepared a New Year's Eve understanding for this. We, probably not myself, probably the other "One Who Serves" the "One" who has come close to you now (the comedian). Not that we are not all close but this "One" will come through and he will give understanding of what types of things to expect in the New Year.

Not so much predictions but probabilities. Based on those things occurring in the exact moment they are occurring. And give you some semblance of what you might expect in the times to come.

We understand that there are frustrations and anger at times of all of these things that have been said and have not come true. We keep saying prepare for the show; get ready to watch the show.

But you say, wait a minute, "One Who Serves", there has been no show to watch. But we also heard your conversation earlier. The dots are coming together. There is so much that is happening that is coming together. The pieces of the puzzle are coming together. Soon you will see the completed puzzle. Soon it will be available to you.

Soon. We realize that is a bad four-letter word but please understand that we are doing everything we can that is in our ability to work with you, all of us and the Alliance, the Galactics, all who are coming together to bring this entire process together. You understand that it is the Collective YOU that are making it all possible.

"Ashira"

We know you want a why, where, when and how this is going to happen. We understand this in your question. We will not add a lot to “OWS” answer. We will say that as you can see the changes in the world, the changes in people you know, the changes in yourself you will know that all of this is moving ahead.

The process is ongoing. As you see more and more the Light in the world shining, the things we speak of happening, as things unfold and you know you are close to being in the Event. When the Event happens you will have your mentor and you will see how you will be working anew with the world and with each other. OK?

Q: I realize we cannot change the world. I want to know, at a personal level, when am I going to see things manifest more quickly? Will we have a friendlier, more adaptive energy that will work with us?

“Ashira”

We know that you have things on your mind and you want to know if you are going to see things happening more quickly and more easily. Last weekend someone spoke about time difference and manifest station difference and how much this has already sped up in their lives. If this is not something you are experiencing now, you will experience it very soon because this is all part of the Ascension Process that you are involved with. Changes in time and changes of the manifestation as you bring it down from the Light Mental body. This will bring it into your life more quickly.

Q: Is it wise to use the Causal Plane for manifestation?

“One Who Serves”

It is very helpful to work with your higher level bodies. Your Light Mental Body, your Causal Body, all of these and knowing that those things that manifest in this third dimensional level manifest first in these higher levels. If you go to the source immediately it will manifest for you much quicker.

But please understand, as the “Event” occurs and consciousness shifts and you move along the transition through the process you will be merging more with your Mental Body and Causal, your Etheric, your Astral, all of this will be coming together more. There will not be a need then to manifest at the higher level. You manifest with your thought and your thought will become creation at that moment. More and more as you become accustomed to it.

Q: Are our thoughts at the Causal Plane?

“One Who Serves”

No, more at the Mental Plane.

Q: So when we think something, then we imagine something, we are already at Different level?

“One Who Serves”

Yes, but not in your mind which is at the 3D illusion. It is the higher YOU that is in the higher dimensions you might say.

Q: Is it the thought and the imagining that create at the physical?

“One Who Serves”

Yes, along with the intention with it and feelings get into it also. Combined this is how you manifest. As you find yourselves within this illusionary process still, this is correct. This will shift as you move into the higher vibrations where your thought process will be your imagination. They will be one in the same. Here they are somewhat separate now.

Q: I guess the speed of manifesting depends on where your consciousness is.

“One Who Serves”

Correct.

Q: It does not have to do with energy it has to do with consciousness?

“One Who Serves”

Yes.

Q: I have an awareness of my Higher Self in this life. What is the use of the Higher Self and how does it come down to us?

“One Who Serves”

First of all, your Higher Self does not come down to you. You are rising in vibration and going up to it. Your Higher Self is not lowering in vibration. So, you are continuing to rise upward. That is first part of your question.

“Ashira”

The Higher Self is one who keeps an eye on everything that you are doing. Every thing that you are doing on your many timelines. Not just this particular point in time.

When you move into the Fifth Dimension you will see that Higher Self will be much more available to you. It’s available to you now. You can talk with it, share with it, learn from it, and listen to guidance. But many people do not do that. They leave it alone.

As you move up you will see that all of these different aspects of you come together. Your Higher Self will come in and blend everything to move forward in the right way. OK?

Q: Will we come out from the light chambers looking like our Higher Self at that point?

“Ashira”

You will have an opportunity to make decisions about what you want to look like, how old you want to be, what type of body you want, what sex. We don’t know

what you'd would like but you will have an opportunity once you have had a look at all of your lives, at all the things you have done and are doing, and bring all of that together into one new body. OK?

“One Who Serves”

One thing you have to understand is that your Higher Self is not separate from you. Not only you but many others speak in terms of their Higher Self being separate from them. Like god within the clouds or something of this nature. It is not that at all. YOU are your Higher Self.

There has never been a disconnection. Only in your mind and throughout the programming which has produced this separation between you and your Higher Self within your mind. There has never been a disconnect there. You will come to understand as you move through this transition and through the Ascension Process that YOU and your Higher Self are ONE.

Q: Would you say that our Higher Self is a consciousness that understands all multidimensional knowledge and keeps it straight?

“One Who Serves”

Yes. Look at your Higher Self as a being that is you at a much higher vibratory level that puts down portions of itself. Called the multidimensional selves here, and puts down various personalities into many different situations at once. All to gain experience for your Higher Self, for YOU.

At some point, we cannot say when of course, when frequency is right, when vibrations have increased enough all will come together as one. You will know that YOU are ONE with your Higher Self.

That is much out in the future though. This is not at the time of the “Event” or the time of Ascension. This comes much later. You will move through the Ascension Process as the personality now will go into a higher vibratory frequency and your consciousness will be raised and you will become enlightened and all that.

We are ready to release channel. There will be an annual Yeshua message next week in your Sunday group. In the beginning of the next year here there will be that which has been spoken of.

Be ready for some major things coming, major events. Not the “Event” but that is certainly not too far off here. There will be many events that proceed this.

Shanti. Peace be with you. Be the ONE.

“Ashira”

I am “Ashira”.

You had an amazing weekend last weekend. We were so glad to share that with you and be a part of that with you. We are glad to hear you continue on those brainwave activates for this past week. It is good to hear that you can take the weekend and put it into a way that you can work with it every day and to have more of an idea of what to watch for, what to look out for and what to leave. All of these things are important for each of you.

This is a time of great changes. This is the time you have been looking for. Now you can see the changes which we know will be making you very happy. We have asked you to live in faith for several years now.

Some of the time we have given soon. Much of what we said soon about was delayed, put off. We have always said soon. But now, now is the time that you are experiencing changes in this life that you can see. Not only believing is seeing but now seeing is believing.

This will open conversations between you and friends and co-workers and family members. If you listen you will hear them say tell me more, what is there to know? That is the invitation you are looking for.

This is a grand season. We know Christmas time around the world raises vibration for all. This is a special day because it is your day.

Have a wonderful week. Namaste.

Channeled by James McConnell and Dr. Susan Sammarco
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