

"You Are In The Process Of Your Own Ascension" - Sananda, Lady Nada and special guest Obeedichyah, One Who Serves and Ashira

"Obeedichyah"-Master Cetacean and "Ashira" channeled by Dr. Sue Sammarco
"Sananda" "One Who Serves" channeled by James McConnell

(Note: these messages were given during our weekly Sunday Prepare For Change group in Phoenix, AZ on January 15, 2017) Also note, only the messages were transcribed. If you wish you can go to our www.ancientawakenings.org website, click on "audio channelings" and then either the "hear" or "download" tab to listen to the question/answer session by OWS and Ashira.

"Master Obeedichyah"

I am "Obeedichya"! I have not been with you for a very long time, it seems. As you remember, I am the one who stands nine feet tall in front of you on my tail. Black and white. Yes, you knew me as a Killer Whale but that is only a name in this particular world.

This room is filled. It is filled with all of the porpoises and whales that I brought with me. Can you feel their energy? Can you feel their love?

This is the time we promised you for such a very long time. This is the time we talked about; we visited about a year ago. This is the time you have been waiting for.

You have been noticing that many animals on this planet are making choices. Many animals upon this planet have chosen to advance in front of you in the world which you call the heavenly plane. Dogs and cats and pets, many who have gone out of this body and moved to be able to greet you in a way that is new for you as you move up and through these times.

These are such great times. Many of you have found that your dietary needs have changed. Many of you have noticed that your need for meat has been decreased and maybe even done away with. Those of you a year ago wanted permission to eat your chicken nuggets; we told you, go ahead, it is not for you to worry about. Now you may find that they are not of interest to you.

These are times that we have been holding the doors open so that your friends in the animal world could move through. Now the people, the mass consciousness of people are moving through as well.

We are not of this world. We could tell you stories of long past histories. We can tell you that we have been here watching over the people that have been placed here,

who have arrived here, and who have come here. All of this you will be hearing in the very near future.

Mother Earth, Gaia, gives us her permission to speak and we are glad to be here. It is only an update for you. To know that those things we talked about a year ago are now in effect. All of those who have been your pets, who have been showing you love, who have been showing you the way, are proud to hold the door to show you, invite you, ask you to walk through.

Many of us in the world under in these oceans, including the Merpeople, which you do not hear about very much in your regular news, do you? Including the Merpeople, we are all anxious for you to raise in your frequency of vibration and be able to greet us with open arms and have conversations with us as you will be having with so many that you are waiting to speak with.

This is an exciting time! This is a wonderful time for all. This group is very good in monitoring what you see, what you take in. We have been happy to visit with you today. We know that "Lady Nada" will speak to you next. Then "Sananda" through James.

This was a time that Susan and we got together this week to talk about what we should be sharing with you. This is our message.

We give you our love.

"Lady Nada"

I am "Lady Nada". It is a little difficult to come back to this one after "Obeedichya" comes through. His is such a different frequency and speech pattern.

"Sananda" is here to speak with you today. We are so excited to be here with you today. To share with you and to be with you in a little different ways than we have with some people. It is important for me to say that there are those who channel my energy, speak and write for me and it is all very, let us say, heady. Very much about deep things. About a lot of detail.

When I am here with you, when "Sananda" is here with you we are in an intimate relationship with you. We have a different relationship and it is one that is evolved from being love with one another, supporting one another. You supporting us as well as us supporting you. You know that every little thing we stop to visit with you about, every opportunity we have to share with you about what is happening, when it is happening, and the most important thing you need to know is that we love you. We love you.

That is the bottom line. It is not so much how things are going to happen or when

things will happen. That each and every one of you knows that we are right there with you. Walking with you and talking with you and helping you along this path. Helping you to stop to help another. Sharing with you about what you can say to another. These are the times that are important now because you are at the end of your line. You are ready to make your first step across that line.

Yes, you are going to be going back and forth for a while because you have so many you are serving but the time is coming closely now that you will be in the new consciousness, in the new world where all will be sharing that with you.

Thank you so much. We bless you. We keep you in our hearts. Thank you.

“Master Sananda”

This is “Sananda”. Wonderful to be with you again, as always.

As these energies are continuing to rise many of you are feeling the now. Many of you are experiencing all those things which have been spoken of previously. These energies continue to rise and you continue to rise with them.

That is what this all about. It is all about energy. It is all about the vibrations and they continue to increase across the entire planet. Yes, they are increasing for you, the Lightworkers. They are increasing for everyone. Everyone is going to experience these waves of energy that are going to come exactly where they are at that particular moment. Wherever they are at that particular moment that is how they are going to experience it. Just as you are experiencing these energies in a different way than others might.

You, who have been acclimating to these energies, we have been working with you diligently. Personally with those in this particular group, with those associated with this group. Not only for those who attend this group in person, or over the phone. Also those who experience this group by listening to or reading these words, resonating with these words after, also benefit from this.

There is a DNA discharge that occurs after this. A DNA reconnection that is occurring as we speak these words to you. You may not be aware of this but it is happening. The energies increase. Your DNA changes. Your Pineal Gland is opening wide. Many things are going on behind the scenes within you now. We are speaking of what is happening in each of you.

The changes are tumultuous within you now. You may be feeling the sensations of stomach issues. This is normal. You have heard of this as Ascension symptoms. This is all a part of what needs to occur here. As you feel these symptoms, sit back and relax, let it be and know this is what is happening. Many of you are going to experience this more and more but others are going to rise in the vibrations so

much that these will not affect you anymore, whatsoever. You will not feel the aches and pains anymore. This is what you are experiencing as a result of these energies coming through.

Yes, a great deal of energy came through yesterday, your January 14th. You would have experienced much. Many of you felt this and many more did not feel this. You were wondering is this another promise that that has been made and not kept? I can assure you, as "Sananda", as all the Company of Heaven and all the Galactics and Agarthans who are working with you, all the things that have been spoken of are occurring now.

You are in the process of your own Ascension, your own individual Ascension. The entire planet has either Ascended or is in the continuing process of Ascension. There is what Gaia has spoken of previously as holding a place for you, the Lightworkers. You as the ones moving up in vibration, you as the ones who are moving up in your Ascension. Holding a place for you in the higher vibrations. To move into those higher vibrations. Even now you still feel you are in the 3D illusion and sometimes you are but many times you are not. Many times you are raised up in vibration and you can see the energies, you can feel the energies.

Many of you are seeing things you did not see before. You are peering through the veil because the veil is dropping; the veil is disintegrating as we speak. You will experience many things you did not think possible before. You spoke earlier of rainbows and other signs in the skies. But I tell you now that this is nothing compared to what you are going to experience.

When you look up in the sky and see clouds parted and you see the energy comes through. You will see these energies come through in many different colors, rainbows and many different types of experiences. Beyond your imaginations. As you look at these signs you will know that this is the moment of your shift. This is the moment of your transition.

"Lady Nada" has said, "It is not far off". All have been saying it is not far off. That you are in the moment now. In this moment now you are going to experience changes that are even beyond your wildest imaginations at this point. All of us can share with you, we can tell you and we can prepare you. But none of us can prepare you for what is ahead.

Yes, there will be some rocky times for some people. Some will have experiences and wonder if this is the end of the world. Possibly for them it is. Many will experience changes and wonder what is going on? There in, they will turn to you. You, the ones who have been acclimating to these energies. You who can explain and help them understand what is occurring. And yet there will be those times when they say, "Wow! You were right all along!"

You will turn to them at that time and not be in an ego state and say, "How can I help you?" or "How can I be of service to you? I am open to whatever you wish to understand now. "

That will be your mission now. And your missions are about to begin. Some of you have begun working with this. Some of you are about to be sharing what is coming from your Higher Self. The various guides and mentors working with you will begin to share this. You will receive this in dreams. Your dreams are going to become very important if they have not already. They will be very explicit. Very much "feel" to you in those dreams and you will waken from those dreams and wonder was that real? Or am I now in the real awakened state?

You will wonder about this because there will be very little in the dividing line between the two. As the dream becomes real and real becomes the dream.

I ask you now, as the Lightworkers, as those who go out and share the Light, I ask you now to continue to work with the Light. Continue to increase the Heart vibration as it continues to increase within you. I ask you to understand and know who you are.

There will be many more announcements coming. Many more messages that will be given you over the next several weeks as you continue to move ahead with these vibrations. The time is short now my friends. The time is very short before all the understandings and promises, all of this becomes real to you. At this point now it is for those who have eyes to see and ears to hear. But soon it will be for all to see and hear.

I am "Sananda". I love you deeply. All of my peace and love be with you now.

"One Who Serves"

Greetings to you. This is "One Who Serves".

We are ready to do just that, to serve. Here to assist and guide you. All who are here to assist and guide you. You are never alone. Not one of you out there is ever alone. Unless you wish to be. If you say, "I want to be left alone". Then you will be left alone. You see?

So, think about the terminology that you use. Everything you think and do becomes real. Please understand this. Everything. Every single thought has a reality to it. Every single thought you have creates your life in front of you.

Change your thoughts. Get happy thoughts. If you get happy thoughts and go with the flow as we have been saying then you will experience the change in vibrations

in a very positive way, a lifting , positive way. OK?

"Lady Ashira"

I am "Ashira"

You have covered a wide range of items today, have you not? You have been from one end of the world to the other, let us say.

We are so grateful to those who have taken part in the phone. To all of those in the room and all of those who will read and listen to the words that were spoken today.

These are those times, as you have heard, where things that were spoken of two years ago, a year ago, six months ago, with each of you are now increasing. Your dreams will be increasing. That side event that you see out of your eyes, hear out of your ears, that you speak are increasing. You may hear too sounds that play inside your head. You may see lights that you have spoken of today but even more colorful lights. You will come to see the Light that is coming from the planet herself as she moves through this Ascension Process.

We are looking forward to your reporting of these items that you are seeing each single day. Call out if you need us. We are there if you call our name or if you think of us. We are there if you do not think of us and we tap you on your shoulder.

For all of the work that you are doing, in visualizations, in meditations, in spreading your Light in the world as you move about your business in each day.

We give you our love and our blessings. Namaste.

Channeled by James McConnell and Dr. Susan Sammarco

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"Believing is seeing!"