

## Get Ready For A Major Shift In Consciousness!

- “St. Germain”, “Sananda“, One Who Serves” channeled by James McConnell
- “Ashira” channeled by Dr. Susan Sammarco

(Note: these messages were given during our weekly Sunday Prepare For Change group in Phoenix, AZ on January 8, 2017)

### “Saint Germain”

Allow yourselves, just for a moment, to move within a certain day. Moving along as you normally would in your certain business. Visualize this. Going about your daily business. All of a sudden you feel energy from outside of yourself but also within yourself at the same time.

This is a concept, an energy that you have had before but you cannot remember, you cannot quite grasp what it is. Yet the feeling is immense. The feeling is so blissful, so in love. You have no words to describe it. This will completely knock you over with this powerful energy.

When this occurs, that will be the “Event”. This will be that cosmic pulse that has been spoken of that will fill your body, become your body, you will become one with your body, with your consciousness. At that time your consciousness will increase ten-fold. It will be like nothing you have experienced before that is within your current memories now. It will trigger those memories back from who you were before and who you have always been.

Just for a moment, feel what this would be like. Know that at a certain time in the future, not far off now; you will experience this exact energy as you are experiencing it now. But imagine it 100 times over what it is possible for you to visualize or imagine what it could be like. It will be far beyond what your wildest imagination could bring up here.

Allow yourselves now to filter back, find yourselves back toward you physical body. Come back and bring that feeling of love that you had, even if for a moment, bring it back with you into your consciousness. You will know and remember what that was like.

Know that you are in that moment, that time, that space where all is coming together, all is coming to a standstill. You will feel these energies; you will know these energies as they connect with you and with all of mankind. You are on the verge now. You are on the precipice of that moment in time that you have been waiting for so very long. All of the things that you have been hearing about, knowing about, preparing for are about to unfold.

As you have heard many times, there is no stopping it now. Nothing can hold this back. There are only the energies; there is only the consciousness that is coming upon the Earth, coming within you. It is always, so within, so without.

You are feeling these energies now. You will be feeling these energies more and more as the wave continues to come through. The wave that began quite a few months ago. Several waves and the wave that came over this past Christmas season. This wave is continuing now and

there is another one yet coming. There will be more following this as well. More energies of consciousness, waves that will come to the planet.

It will hit every individual on the planet. Every individual will feel it when it comes. They will feel it at the level they are at, at that time. Whatever consciousness they are at this moment will be multiplied by the consciousness of the wave. So you will feel it, know it and experience it know that these are the moments that have been spoken of. These are the times, the frequencies that have been alluded to that you are moving into now.

There is no stopping this. There is no stopping the announcements that are coming. There is no stopping of NESARA, of the New Republic, of the global currency re-set. This is still to come. All of this is part of the consciousness you have created on the planet. Know that you are the consciousness of the planet. You and the mass consciousness and Gaia are one. You are one with the entire Solar System, with the entire galaxy and even yes, the universe itself. We are all one with all and all that is.

So know this. Know that you as a human being, you who has the Adam Kadmon archetype were created to be here and have created yourself to be here. You are in that moment and that time to bring this entire program together. To bring all that has been spoken of, been alluded to, has been predicted by the many generations before you. You are the culmination of that now.

As the Violet Flame continues to move across the planet when each of these waves of energy comes and the Violet Flame engulfs everyone know that you are the one who is creating this within your very creation process that materializes this that brings it about. That brings all that you are and all that you know together.

It is time now, my brothers and sisters, it is time to trust. It is time to trust in yourselves and it is time to trust in each other. It is time to trust in the energies of the Earth and from the Earth both below and above. It is time to trust in all. This is that moment to bring this all about. Because of your trust, your belief in the creation process you are bringing this all about.

Everything that has been spoken of will come to fruition, come to the forefront.

I Am Saint Germain. All of my peace and love be with you. I turn this now to “Sananda” who has quite a message for you.

### “Sananda”

Yes, this is “Sananda”. Wonderful to be with you in this way, as always. We always enjoy these times when we can share with you. And of course we look forward to when we can share with you in a more physical fashion.

That time is not far off now. You have now moved into this next year, this 2017. The one that is spoken of as being the fulfillment of the one previous to this. This is the **fulfillment** year,

the year where all comes together. Where all will be understood. Where truth will be revealed from many different sources. All will come to understand the full truth of all that has happened on this planet. Of all that has happened on this planet and prior to the Solar System and the Galaxy itself.

You are in the moment, as “St. Germain” has spoken and as many of us have been speaking of for some time. I have said many times you have come to the finish line and you have! The finish line is right in front of you now. It takes only a small effort on your parts to move across this finish line. Know that before you cross the finish line there are many lagging behind you. Many who are trudging along and not sure where the future is taking them. Seeing very little hope for the future. This is where you come in with your mission. Those missions that you came here for. To assist them in many different ways in any way you can. You will be our arms and our legs. You will be our voices. Where we can work through you to bring this about.

You are on the verge now of many various announcements. Many things that are coming together. The energies are coming together now. The various timelines have come together. They are merging into one timeline. They have begun the process of merging into one timeline. One timeline that will take you into the new Golden Age, into these higher vibrations, the higher dimensions. The 4<sup>th</sup> and 5<sup>th</sup> and 6<sup>th</sup> and 7<sup>th</sup> dimensions. All of this is coming.

This 2017 is THE year. It is the year that everything you have known in the life previous to this has shifted, will have shifted greatly so there is no misunderstanding. This is that time, this is that moment, this is the “Event”. Whether that will be in days or weeks or months, we cannot yet say. But there have been many, many events that have been spoken of, many levels of energy that will move into the planet, move into you and bring you further along this Ascension Process. Ascension as you, an individual and you as entire planet who can move along with these energies as the time comes and as the frequencies raise enough. These are the moments when the energies are raising into a much higher vibration even as we speak now. Consciousness is increasing. We are moving toward those domino events that have been spoken of.

There will be announcements. There will be announcements of global currency re-sets. There will be announcements of NESARA. There will be announcements of the many changes that will happen. They are too numerous to peak of but truth will be the norm of the day. Where today many have come forward to deceive the masses. But there will be those who come forward only to report the truth. This is what is coming for you. You are looking forward to this today.

As these days and weeks come to pass through January into the next month. The next month will bring even more fulfillment and the next one after this and so on and so on. Until you come to the fall of this year, the end of the year, where there will be a marked change to all that you have known to this point. Your lives, at that moment, have shifted dramatically. You will not even recognize your lives that have come previous to this.

We know it is difficult to believe this can happen but in a moment everything can shift. Look at how much has changed since 9/11. All changed in that time. Consciousness dropped tremendously in that time. There was so much consternation. So much ill health that developed

from the result of this. So much happened from that moment, that event that happened.

But "The Event" that we speak of now is so much more than that. It is "The Event" of the Light. It has been spoken of for eons of time that you have been preparing for. You are in those moments where that which you have been preparing for, for so many lifetimes previous to this. For so many thousands of years you have been preparing for this.

You can look back to those times when you chose to be here. When you volunteered for this mission knowing that at some point you would reach the end. Well, my dear friends, my brothers, my sisters, you have reached the end. This is those times you have been waiting for, longing for, hoping for.

That is not to say that you are not in the Now or are not to be in the Now, always being in the present of Now. Be in that moment of joy that you create in that moment. In the next moment you do not know what will occur. Always be in the moment of Now so that you remember the person you are and the person you are remembering and have always been.

There has been talk of a shift of consciousness that is coming. This shift has been spoken of for some time now. You have heard it from many different sources. Even a date has recently been given, that of the 14<sup>th</sup> of January. I am not going to say that is the date of "The Event". We cannot say that at this moment. It is a date to be remembered. It is a date that will be marked in your history as you move forward from that point on.

Because it is going to create a shift. A shift in your consciousness and a shift in the entire planet at that moment. Many will not be aware of this but many will be. Those of you who hear these words, are resonating to these words will be ready for this when it occurs. I have been saying for some time that you are acclimating to these energies.

As the energies come on the 14<sup>th</sup> of January you will experience a great change within you. In that moment you will feel a sense of bliss. You will feel a sense of calm come over you in that day. Many will feel this as well. Many will feel a sense of disillusionment, a sense of foreboding. This was not what they were expecting because they have not yet acclimated to these energies. Even so, they will be preparing for this in their time and their moment. They will be preparing just as the Lightworkers now have been preparing for this for some time.

The shift is upon you now. The shift is all you have been preparing for. The shift in consciousness, the shift in Light, the shift in knowing of who you are. All you need to do now is go about your daily business. Go about your daily business but always turn to the Light, turn to the Light. Always where there is the chance to assist another turn to the Light, do so. There is that dividing line that is coming. That line that is being drawn in the sand now. That line that says you can no longer choose what side you will be on. That choice will be made by that dividing line. By this line in the sand.

This line has been spoken of as being about the 14<sup>th</sup> of January. We are **not** going to say that this is that moment of this decision but this decision is coming. This line in the sand is being drawn between those who are ready to move into the Light and those already in the Light. It is also drawn for those who chose not to move into the Light. After that they will no longer be

able to choose, it will be chosen for them.

This is what is spoken of as free will be taken away. It is not being taken away from you but will assist you in this process of orchestration in this New Age. So that you can become all you came here to be and no longer be held back. No longer held back by the programming or be held back by the old paradigm that has been created here, this illusion that has been created.

You know this is an illusion. It is now time to move beyond this. It is time to draw the line in the sand so there is no more disillusionment holding you back. This is what is being meant here, this is what is being said here by this time frame.

Know and understand that all is in process. All is awakening; you are all awakening through this entire process of Ascension. You are the process of Ascension. Each and every one of you is creating this. You are the ones you are waiting for.

I Am “Sananda”. All of my love and peace be with all of you. As I leave you now, knowing that you are nearly there.

### **“One Who Serves”**

Greetings to you. “One Who Serves” here. Difficult to follow up with that entire message but we do our best. Continue to be of service because that is what we do. Just as you are to be of service to all of those who you can be as well.

Being of service does not mean you have to channel anyone or anything of this nature. Being of service means to turn to anyone on the street, to a friend and smile. Give them a smile, give them a wink, and give them a hug if you can. You see? Be nice whenever you can.

Move beyond the fear programming, the hate programming, all of this that has been a part of the three dimensional illusion that you have had a part in creating here. It is time now. As “St. Germain” said, as “Sananda” has said as so many have been saying, it is time now to choose. Choose which side you are going to be on.

Are you going to be on the side of the Light or are you going to be in the darkness yet? Are you going to remain in the Darkness for a new level of understanding, a new Earth even? Are you going to go into a new understanding of forgetting who you are? Do you want to do this? No, certainly not!

There are those in the process of making this choice already. They do not want to give up what they have. They think the riches on the Earth will continue into the heavens and they will not let go. They think that if they hold on a little longer, they can defeat all of us. Think about that.

We spoke about that on New Year’s Eve. Think about the folly in that. That they can overcome the consciousness of all of the Company of Heaven, all of the Galactics that worked

towards the Light, all of the Agarthans who are working with the Light. If they think that small percentage, this little, tiny percentage that they can have any effect on the continuance of mankind here, think about the folly in that.

Yes, they continue on with their programming. The only thing they know to do. They continue holding on to "one more time we can manipulate", "one more time we can create fear". That this will be enough to shift the balance once again but they know deep down within them that this will no longer work. But yet they continue to try because this is all they know.

But you know. You of the Lightworkers, you of the higher consciousness, you who are teetering on the edge of fourth, fifth and even higher dimensions at times, you are the ones that know. Their time has passed and your time has begun.

(What follows here is a question/answer session that was not transcribed as it is quite long. If you would like to listen to the audio, you can do so by going to our website: [www.ancientawakenings.org](http://www.ancientawakenings.org))

### **“Ashira”**

I am “Ashira”. I wanted to share information today about your mentors. There has been a lot of information given about where you will find yourself over the next weeks and months. We have not discussed the mentors recently.

All of you, each of you has a mentor that has been assigned to you. They talk to you in your dreams. They whisper in your ears. There are times they may show up to you and surprise you in that way. They are your companions.

They are working with you and guiding you and when you reach that point in Ascension, when you have hit that frequency, you will see your mentor in life and they will seem like a long lost relative, a long lost friend. You will embrace and you will KNOW that this is one you have been speaking with for a very long time.

Do not lose track of the mentors. They are an important part of this process. Some are from the Spirit World, some Galactics, some Agarthans. They are from all walks of life, let us say. The one, who is chosen for you, is special to you. And you will know when you see them face to face that they have been guiding you through many opportunities in this life. You may have seemed to walk the wrong path but you took the right path, the more efficient path because of their influence with you.

For those of you living alone, listen closely to those words in your life. For those living with partners or families, there is one for each of you. You will have the opportunities to build those relationships with them as times go forward.

We are so excited about these times. These times when you are going to meet all of us, face to face. All of those who have served you will come and share with you in person. One Sunday

this room will be filled by all of those who have been in service to you. Not only for the past couple of years but because this group has been together many, many lifetimes you will see many who will come close to your heart and be one with you. We are excited about this.

Have a wonderful week. I give you my love and my light. Namaste.

Channeled by James McConnell and Dr. Susan Sammarco  
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