

ANCIENT AWAKENINGS – PREPARE FOR CHANGE

5/26/2019 Sunday Call

Now It Is Time for Prime Preparation and the Delegations

**KaRa (Pleiadian Emmisary) and One Who Serves (Ascended Master collective)
channeled by James McConnell**

These messages were given during our weekly Sunday Prepare For Change group based in Payson, AZ on May 26, 2019. (Article may be reproduced in its entirety if authorship and author's website is clearly stated. Please make sure to include the question/answer portion as there is much wisdom imparted.)

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KaRa (Channeled by James McConnell)

I am KaRa. It is a pleasure to be back with you again in this way.

Know that even though I come through this one, James, that I speak through him, I also come now through others as well and speak through them. Because the message is important—not who brings the message, but the message itself. The message, not the messenger.

It is time for many of us to begin to introduce ourselves more and more to all of you, to you, our families.

I have spoken before, you have heard before, of the Prime Directive. You have also heard myself speak of Prime Interference. Now it is time for Prime Preparation. Preparation to bring each and every one of you to the point where you can have contact with us.

Whether it is a through one such as this, James, or whether it is directly to you through your higher self, or as a communication that comes only to you. We are all going to be increasing these types of communication more and more. Because the preparation is being made. The delegations are being put together now—*many* delegations, coming from the many councils to prepare the way for first contact, as we have been doing. Yes, to prepare the way for those of you who will become ready.

I say now, become ready, because you are not yet ready. To become ready, to be able to hold your vibration at a higher level so that we can then meet with you. For if your vibration is low, we cannot be able to be in your physical presence, because our bodies, our nervous system would not be able to handle it. It takes a great deal of energy on our parts to be able to lower ourselves to a vibration that is akin to your third dimension. But it

does *not* take a great deal of energy to bring our vibration to meet with yours if you are operating at the higher fourth dimension, and even into the fifth. And *that* is what you are all preparing to do.

Continue to raise your vibration, as many are coming forward now and sharing with you to encourage you to do so, to continue to raise your vibration. Do not let petty programming interfere. For that is all it is, is just programs. Programs that hold you back. Programs that hold you back to this third-dimensional illusion of your creation. It is time now to lay that creation aside. It is time now to create anew. Create the new Golden Age of Gaia. Because that is what you are all here to do. And that is what we are here to do, to assist in helping you and guiding you, and bringing you to the point where the grand reunion can occur.

A reunion that has been foretold for many thousands and thousands of years, your earth years. Ions of time to bring this reunion together. For long ago you planned for this moment, these moments, of this grand reunion to occur.

You call it disclosure. And it is about disclosing the truth, the truth that is all around you. As your saying goes, the truth is out there. All can find the truth if they look for it. But it takes looking for it. It takes looking within for it, not outside of yourself, but looking within. Then once you look within and find the truth within, you find the records of your heritage within. Then you will know the truth outside of yourself as well.

So trust in yourselves. Believe in yourselves, as *we* believe in you. And prepare. Prepare yourselves for those times that are coming. Prepare yourselves for the moment, and we will be able to introduce ourselves to you. Or should I say, *re-introduce* ourselves to you.

Until that time comes, continue to do all that you can to not only anchor the light, but to spread the light now. Become the disciples of Sananda, all of you. Become those disciples. Follow the discipline. Spread the light. Become the Warriors of Light. Be the Boots on the Ground that spreads the light wherever you can.

That time has arrived, my friends. It is time now to go about your Father's mission, or Higher Self, and the mission that is there in front of you. If you feel the urging, if you feel the calling, then answer the call. The time is now.

I am KaRa. I leave you now at this time with all the peace and love and the light that you can hold within you and share to all of those that you come in contact with as it is appropriate.

All of my peace and love be with each and every one of you, my friends, my brothers, my sisters. We love you immensely. And that love will carry you through this day and all of the coming days ahead.

ONE WHO SERVES (Channeled by James McConnell)

Om, mani, ,padme, hum; om, mani padme hum; hum, hum. Greetings to you! One Who Serves here with you.

You can come from your muting of your phones now. Are you there?

Guests: Yes! Greetings to you! Love and light!

OWS: Yes. Love and light. Yes!

We do not have a particular message, for that was quite a profound message coming from KaRa.

But also notice it is not just from KaRa that speaks. It is a collective there that she is a part of, Pleiadian collective council, high council of the Pleiadians, and she is an emissary to this planet, and one of many, though, that are both here now and that are still coming. There are going to be many more that you are going to begin to hear from, not only through this one, James, but through many other sources as well. So be ready to begin to be introduced to many other ones, here. Okay?

Do you have questions, here, for One Who Serves?

Guest: KaRa talked a lot about sharing the light. In this past week it is has been just awesome. It's like so many people have been coming to me. I got invited to dinner twice this past week and, when I got there, they said they wanted to hear more about what's going on in the world, tell about Trump, and tell about just different things, and had me sharing the light at one dinner table. Then yesterday I was invited over to another group who wanted to hear more. My meeting was supposed to be one hour, but it was three hours. It is like more and more people have been attracted to the message and wanting to hear more. So I am really delighted. You can hear it in my voice. I am excited.

OWS: That is wonderful, but we need to give a caution, here. Not only to this one who is bringing this up, but to all who would begin to experience this type of thing.

Do not let it (what is your saying?), do not let it go to your head. Do not [let] your ego involved in this. Or as The James has used the term, "the glamor stage" of the spiritual evolution within you. That is something that is very difficult to let go of once it has gained its attachment to you, that glamor stage. That stage which says "I have arrived now, and you can listen to me, I have the truth." No, you do not come to anyone in that respect.

If you have the truth you can share the truth, but do not say that it is only your truth. That is what you must come to understand, that everyone has their own truth and they are entitled to that, whatever it might be. If they are wanting information, as this one speaking has suggested here, that will come. That will happen more and more. More people are going to clamor for the light, we will call it. And as they do so, share the light with them as much as you can, but no more than what you need to do, you see? Do not become the Jim

Jones--is that the one that was the one that they followed to their deaths? You know what we speak of here? Yes, do not become that, not become anything more than who you are. Okay? Just a simple caution. Not saying that you are doing that, but it is very easy to move from one part of this into that glamor stage, and it is a very difficult one to let go of once it has grabbed ahold of you.

Guest: The reason I am so excited is that a lot of times you get the negative aspect where people want to get with you so they can tell you their side, and I have had that happen. So in these cases it was just the opposite, and it was very enjoyable to have them ask questions, even about diet, asking about the meatless meals that I prepare now and why it is important. It made me very excited that people were moving in that positive direction rather than on the negative side.

OWS: Yes. That is wonderful, and we commend you for doing what you can here in those circumstances.

We need to move on here. Are there any other questions, here?

Guest: I have a question. I had a dream with different parts of the dream with different people involved. In one part of the dream I dreamt of Kim Kardashian and her sister Courtney and I was talking to them. Then I dreamt another part when I saw somebody from my past from the country I came from. There were different people in the dream. What is the meaning of the Kardashians in my dream? I don't understand that part of it, but I understand dreaming about somebody from my country because I had been thinking about them, and longing to see this friend from the past. But dreaming of the Kardashians does not make any sense to me. Can you give me a hint about that?

OWS: What we can tell you is that whenever you have different ones that appear to you in your dream, they are oftentimes, most of the time, they are portions of yourself, various aspects of yourself, your multi-dimensional self, and other aspects of who you are at this time, and what those ones might mean to you, and the message that comes. In this case, this one that you are calling the Kim Kardashian, this is indicative of whatever that might mean to you, who she is to you. We cannot say who she is to you, that is for you. But whatever that is, that is a portion of yourself that is speaking to you about. In this case, it seems to be about a certain attachment here that would need to be let go of. But that is something you would look into more fully. Okay?

Guest: Okay. Thank you.

OWS: Yes. Are there other questions here?

Guest: Yes, Dear Brother. Oftentimes in my meditation, especially when I tap into the communication orb above the head, I go to visit this group of individuals on a ship. One is Arcturian, with kind of a ship's commander-type guy who is very sort-of brassy and bold, and there is like a fairy-type individual, and elf, and sort of a Buddha-type individual, A Gandhi individual, all these individuals. I get the sense that at least the Arcturian might be

one of my multi-dimensional selves. Then I sort of see all these ships around my house all the time. (1) Are they on those ships, maybe? Are there individuals in those ships that I know or that are friends of mine, because they definitely hang around here a lot? (2) Also, now that they brought up the ship, the Lorelei, is that somehow connected in here? I have a feeling that perhaps it is.

OWS: The ship, The Lorelei, is not directly connected to you in using that name.

But those that you have spoken of that are appearing to you in your meditation time, these ones are multi-dimensional parts of yourselves as well as parts of your families that you left behind a long time ago, and this is what KaRa has spoken of in terms of the Grand Reunion that is coming. And you are moving closer to that grand reunion in the sense that they are being re-introduced back to you, here, getting you ready, preparing you, as KaRa has used this term, preparing you. The Prime Preparation is underway. Okay?

Guest: Yes. Are they up there in those ships, some of them?

OWS: Yes, some of them are, yes.

Guest: Okay! Alright! Yes, thank you. That's cool.

OWS: Very good. Are there other questions, here?

Guest: Hi, One Who Serves. My question is on the Pleiadians. I know that the Pleiadians are made up of many planets, and my understanding is that it is made up of many types of beings as well. So I am wondering when you speak of the Pleiadians, could there possibly be felines and Avians, and Reptilians, and different types of beings that are Pleiadians?

OWS: Not so much in terms of Pleiadians, although there are many different, what we would say, civilizations, or the looks to those of the Pleiadian families, we will say here. What you are speaking of is the conglomeration of the Arcturians and the Sirians, and all of this is what you are speaking of, here. Do you understand this?

Guest: Well yes, except for that you said that you could have different appearances of the Pleiadians, and I guess that is what I am trying to get to. Could you just give us some examples?

OWS: If you look at the one, James will have it here at the end of this, we cannot come up with it here at this time. But there is one that has already experienced much of this—Tolec, that is who it is, Tolec has experienced much of this, and in his website you can find all of this information that you are looking for, all of the different nationalities, images of all of the different ones, Pleiadians, Arcturians, Sirians, Antarians, and so on. Okay?

Guest: Okay. I am familiar with Tolec, and I will check out his website. Thank you.

OWS: Yes. Would there be any other questions, here?

Guest: I have a question, please?

OWS: Yes?

Guest: The question I have is I have been told in my meditations or somewhere that we are Pleiadians ourselves and that the Pleiadians have gone through the same thing that we are going through now, and that is why they are going to help assist us because they know what we have gone through, so they can really know who to help us. Is this true?

OWS: In some respects, yes. The Pleiadians are the ones that will be in the first contact. They are the ones that are making the preparations to be the first to show themselves because they look much all of you do. They are the ones that are preparing this, as we say, here. There are many others, though, that are also a part of this expression of disclosure and coming to becoming part, having the earth become, or Gaia become part of the Galactic Confederation, here, of planets and becoming of the galactic society. So all of this is a part of what is occurring here. Does this answer your question?

Guest: Yes, but I just wanted to add something. When KaRa was talking, I found out know why I cry, why I weep, and it is because when the truth is being said, it brings tears to my eyes. And I am not crying because I am sad, I am crying because of the truth. I just found that out when she was talking today, because I cried, the tears came in my eyes. I just wanted to put that out there that that makes me very happy that I have found out why that happened to me. Thank you *so* much!

OWS: Tears of joy. Tears of heaven. Yes.

Guest: Absolutely!

OWS: Would there be any other questions now before we release channel?

Guest: I have a cat, and usually in my dreams he comes with me. But he looks human-like and very tall, and I just know that my cat, even though it doesn't look exactly like him. Can you explain why that is?

OWS: We think you already know the answer, here, but we will share with you that your connection with your cat is a very longstanding connection. This one has come to you purposefully to help you in this preparation phase, as we have been speaking of and KaRa has spoken of, and others as well. So it is a timely connection that you have with this one at this time.

Guest: Wonderful. May I ask a second question?

OWS: Must be very brief, here, yes.

Guest: I grew up knowing I was A-negative blood type, and I just found out I am A-positive. Is this possible that it was a confusion, or I just changed by blood?

OWS: We do not understand. You said that you had blood type earlier different than you are now, is this what you are saying?

Guest: Yes.

OWS: We do not understand how that could be. There must be confusion, here, in terms of what it is. Your blood type will not change until it has become (what is the word we are looking for) transmuted, when your cellular structure becomes much more crystalline, then the blood type will be altered, you might say, at that time, not before.

Guest: Okay. Thank you.

OWS: Are there other questions here?

Guest: Yes. I had two dreams the same month. The first dream I dreamt about the stars covered with rainbow. This last Advance I see a circle with a rainbow. Early this month I saw that in my dream except it was stars. Two days ago I had a dream with two stars, beautiful big stars, with three different gold colors on them, but they had light on them. I was with my sister. The stars were flying right above us. My sister said, "What are these?" I was explaining in my dream what they were. Both of the stars flew right above us. One of them sprinkled something like water on my left arm. I was telling my sister what they were and everything about those two stars. In real life, I really don't know anything about that, so I was wondering if you can help me understand these dreams I am having.

OWS: What we can tell you is those two stars that you are experiencing are home. That is your home system, and that you are becoming reacquainted with, remembering here. Even if it is remembering within your dream, it is the beginning of it, that it is coming back to you. So yes, you are experiencing a remembering. What we have been speaking of for some time that your remembrances are going to be returning to all of you at certain points. Okay?

Guest: Okay. Thank you One Who Serves.

OWS: We need to release channel here now.

Before we do, though, we are going to put a "shout out" you might say, as your terminology goes, toward your next Advance. It is going to be spectacular. That is the only word we are going to use now. So be ready.

Shanti. Peace be with you. Be the one.