

2020.07.05 - Trust The Plan

ANCIENT AWAKENINGS – PREPARE FOR CHANGE

Sunday Call (Sananda, Ashtar OWS, Shoshanna)

James & JoAnna McConnell

SANANDA (Channeled by James McConnell)

I am Sananda. I come at this time in these moments of contemplation by many of you.

With so many things occurring all around you, so many things that have you wondering, when you hear of ‘trust the plan’ and you see all of these happenings, all of the chaos that is occurring, and you wonder about this plan.

You have heard it so many times, now: ‘trust the plan,’ ‘be in the NOW moment,’ ‘go with the flow,’ all of these things that you have heard over and over and over, and are part of your expression within you now, even though you do not necessarily follow it at every moment. For it is difficult at times to go with the flow. We know this. It is difficult for all the things that are going on around you, and to remain calm within that storm. And this is, indeed, the storm that has been spoken of. You are right in the middle of it. And to remain in the calm within the storm is quite difficult, as we know it.

But know that what is happening. It is about spreading fear everywhere. You had one of your sisters speak of this earlier. It is all about fear and control. And fear, now, is running rampant across the planet. Because that is the only expression that the dark ones can utilize now at this point. They have gone through all of their other programs, their planning. They have worked through all of it. And they are reaching, now, desperate, to hold on to their life as they know it. All they can do is spread fear whenever possible.

But those of you, the Lightworkers and Warriors, you have woken up, and you understand that really the only thing to fear is fear itself. You know that. And if you can hold back when all of these things that are happening, all of the chaos, and if you can find deeply within yourself in those moments that neutral state, you will be certainly much better off and continue to be in those higher vibrations. And in those higher vibrations, nothing can harm you.

This virus cannot affect any of you when you are in the higher vibrations. Yes, you might catch it. It might become a part of your system temporarily. But it will not have any effect on you, that will have any lasting effects. For it is only those that succumb to the fear that allow for this immune system to fall. Those are the only ones that are able to get this virus and have the effects from it.

But it is not the virus itself that is what you need to be concerned about. It is all that accompanies the virus. The virus is just doing its thing. It is helping to bring about transformation and transition, here. It is a tool that is being used at this point, both by the dark ones and also the Forces of Light to bring about this Great Awakening.

And yes, there is a great division that is occurring now. And it is indeed the separation of the wheat from the chaff. But it is necessary that all of this occurs. For in order to bring about order in your lives, to bring about complete and total freedom in your lives, there must be this awakening process to happen.

And if you look at it in this way, this is indeed the Great Awakening. And that many who would have awakened before, shall now. They will come out of their slumber. Because they are being shaken awake. It is as if you are in a deep sleep and someone comes and shakes your body and awakens you out of that sleep. That is what is occurring now. Many are being shaken awake.

It is not up to you, each of you, to awaken them unless they are calling for it, unless they are asking for it. Unless they are showing their confusion. Unless they are showing that they are questioning now the establishment, the so-called order that is about. If they are doing that, then it behooves you, you the Lightwarriors, to help them in their awakening process. Not to shake them. That is their Higher Selves doing that. But to gently nudge them to help in their awakening. Just a gentle touch here and there can bring so much. And that, my friends, is what you are all here to do.

Yes, there are some of you, speaking of the collective consciousness, that are here to shake and awake. Who are those, those that speak out to the public at large. Certainly your President Trump is one of those that is here to shake and awaken.

But the rest of you just simply nudge here and there, just as we do with you. If you do that, if you continue to follow in that respect, follow the guidance that you receive from your Higher Selves, from those Ascended Masters that work with you directly.

And I can tell you now that each and every one of you that are on these calls, you have those guides, those Ascended Masters that are working with you directly. You have all moved beyond

what this one we speak through has called ‘the mundane guides.’ You have moved beyond that. For you, each and every one, has an Ascended Master or a Galactic that is working directly with you, or many of them that are working with you, and those that are working directly with this group as well. For this group, and all of you, are destined to bring about great change to this planet, to be a part of bringing that change, be a part of all of the other groups and all of the other individual consciousnesses that together make up the collective conscious. That is what you are all here to do.

So when the moment comes, and you are asked to give this one or that one a simple nudge, do so. But don’t go fully out in a limb unless it is called for.

All of you have so much at this time to be grateful for. And being grateful continues to hold you in the higher vibrations. And again, when you are in those higher vibrations, nothing can harm you—nothing, and no thing can harm you. So find yourselves as much as possible in every given moment to remain calm within the storm and in those higher vibrations.

I am Sananda, and I release now to another.

ASHTAR (Channeled by James McConnell)

I am Ashtar. I come briefly here to share with you those things which are happening at the higher vibrational levels above your heads.

Those of us that are in the skies that are cloaked yet within the skies, but are opening ourselves wide to those of you that are ready to see us. Many of you are having various visions, various sightings. I can tell you now that that is going to increase tremendously over the next days, weeks, and months to come.

Many that are yet asleep will become awakened by that which shows to them that are in the skies, as they look up one night on a beautiful clear night and see all the stars above them. But then they see a star move. That will be an indication to them that it is an awakening point in their lives. That is going to happen across the entire planet more and more. Not only to individuals, although that will be how it will begin, but it will also begin to happen to groups so that many, many more become aware that you are certainly not alone.

And as this continues to happen more and more, those that are in authority, those that are in the control situations in your governments will not be able to hold back the flood of inquires that are coming into them, and will have no choice but to announce the presence of those of us. That is

also coming. I cannot certainly give you those dates, for it is not yet detrained exactly when those announcements will be. But they are coming. And the sightings are going to increase greatly as you move forward in your complete ascension process.

Various programs, projects that have been ongoing by those of us, are coming closer and closer to fulfilment, one right after the other. We are on high alert at this time, which is bringing you closer and closer, bringing us closer and closer to coming in contact with all of you.

All of my peace and love be with all of you. I am Ashtar.

ONE WHO SERVES (Channeled by James McConnell)

Om, mani, padme, hum; om, mani, padme, hum; hum, hum. Greetings to you! One Who Serves here. Shoshanna here. We are ready for your questions if you have them. We do not have direct message at this point, but we will take your questions if there are any.

Guest: Yes, I have a question.

OWS: Yes?

Guest: Sananda was just speaking to us, and Ashtar as well, and particularly Ashtar, about the leaders who are blocking the revelations that are coming. Are there particular offices or people in certain departments that this group can work with to perhaps remove their fear and their blockages that this would be coming at a patient pace?

OWS: What we can tell you is at this time, now it would not necessarily behoove you to do so. You could certainly do it, but it would not reach the right avenues that are necessary, here.

But, as we tell you this, we will also say that those that are in those authority positions are fully aware of all of this. They are very much aware of those, the ships that are high above, and the brothers and sisters from the stars they are aware of, and they know that all of this cannot be held back much longer.

And that one that is in charge of this country, President Trump, is very much aware of everything here and is planning for those times that are coming when he can make a special announcement, here. But it must come after a certain project has become completed. That is all we can say on this now. We cannot tell you the project nor when this will occur. But he is in waiting here for

this time when this can be revealed. It is coming closer and closer, and has a great deal to do with your space force that has been created, here, and the bringing of the news that there is a secret space force that has been ongoing for some time. Okay? Shoshanna?

Shoshanna: (Channeled by JoAnna McConnell):

Our Dear Sister, we can share with you if you wish for us to share our perspective on this. Do you wish for this?

Guest: Yes, please. Go ahead.

Shoshanna: Dear Sister, our perspective on this is that if you wish to reach out, if you feel compelled to reach out, you must do that. It is within your power to do that, you see, and no one can advise you on this. We will say that if it is in your path and in your higher knowing to reach out to those that “have some type of authority,” then you must do this of your own volition, because no one can provide that permission for you, you see. Namaste.

Guest: Thank you.

OWS: Very good. Are there any other questions, here?

Guest: Yes, I have a question. In a meditation recently, I asked my Higher Self to show me something that she wants me to see. We flew high somewhere. And then we flew over the pyramids very shortly after that and landed. Then I found myself in Egypt. All I saw was the people were very small and there was a huge [being], not a statue, he was real. I was standing next to him. I guess he was my husband there, or whatever he was. I was standing next to him, and I was slightly smiling. These statues, these beings, were about 40 or 20 times bigger than regular people. And that’s all I remember. I just wondered, do you have any idea what that meaning could be for me, or what about the size, all of it?

OWS: We will turn this over to Shoshanna first as you are speaking in terms of receiving from your Higher Self. Shoshanna, do you have something you wish to share?

Shoshanna: We will share on this. May we share?

Guest: Of course, Darling.

Shoshanna: Dear Sister, we will ask a question. What do you believe the meaning is of this?

Guest: Well, I'm not totally sure. I didn't know I had connections with Egypt, that maybe lots of us had. Did that represent a queen, or whatever, or did it represent a goddess because of the size?

Shoshanna: Are you asking about the very large people?

Guest: Yes.

Shoshanna: We will ask another question. Were you in some way surprised at this?

Guest: of the size?

Shoshanna: Yes.

Guest: Not really.

Shoshanna: So, you are accustomed to seeing these beings, is that correct?

Guest: Um, that could be. I mean I was surprised afterward that they were so much bigger. Because I was that being, and it was normal.

Shoshanna: We would say that there is much more to this than you are currently understanding, and we would advise you to ask once more for your Higher Self to continue the story so that you may find clarity in this.

What we find in your understanding is that you perhaps have had a difficult time believing who you are. Well, when you receive glimpses like this, it is always something to do with who you are. Who you are, and who you have been, is still who you are, you see. There is no past. There is no future. There is who you are. So you may understand that you had somewhat of a familiarity with these beings and that is because you have participated with these beings, you see. But we cannot give you more on this, as this is your journey to explore what else there is for you, you see. Namaste.

Guest: I understand.

OWS: And we give you here a question. Not to ask you, but for you to question yourself: why do you think that you have been called 'goddess' so often, here?

Guest: Yeah.

OWS: It is a continece that you carry from these times. And you certainly have a very strong connection to the Egyptian culture, and what occurred before the Egyptian culture as well.

Guest: Thank you. I was only aware of the Indian culture. I was not aware of the Egyptian yet, that's what it was a surprise to me.

OWS: Yes. Take a look in the mirror sometime and see the Egyptian look that you have within you, goddess.

Guest: Thank you. I will.

OWS: Very good. Are there other questions, here?

Guest: I have a question, One Who Serves and Shoshanna.

OWS: Yes?

Guest: Many blessings today. A lot of us Lightworkers and Lightwarriors are going through, I'd say challenges, or upsets over some of our relationships with friends and family. There seems to be a timeline split. For me personally, I'll say that I've been attacked because all I say is I'm not pro vaccine, people should have the right to choose for themselves. Or I will say I'm not a person who wants to wear a mask. I do out of respect in certain stores, that's my philosophy. And just by simply saying that, I get attacked of being selfish, and it's just across the board. I don't know if it's because there is a timeline split, and some of these people that we love, friends of many years, or family members. I'm just really having a hard time with that chasm that's happening. Can you please address this?

OWS: This is certainly the Great Divide that has been spoken of, the separation, the wheat from the chaff, the timeline split. All of these things are accurate, here. This is occurring, and is going to continue to occur. Those that are your friends, your loved ones, they will either awaken, or they will not awaken. That is not up to you to decide. That is up for each of them to come to understanding within themselves, and to either to come along or not come along.

If they choose not to come along, and this is, of course, over the several waves of Ascension, we are speaking of, here. So they have a great amount of time yet to come to this choice, as you have already done, you see? It will come about as an awakening process to them, just as it came about as an awakening process to you. So there is no need to be concerned, because even if they choose not to in the final Ascension wave, then they will be accommodated just as they need to

be. And when the time comes, when the frequency is right, you will be reunited again if it is meant to be.

Now it was said in another channeling here, a couple weeks ago as we understand it, where it was said that those of you that have your loved ones and your friends, and all of this, have been together many times before. And many times before you have separated. You have left in the death process, and then reunited again, and again, and again, and again, you see? And it will continue to happen as such. So there is no need to be concerned except in the very immediate time that it happens. If one were to leave in the process of death now, you mourn. You have your grieving process. And that is understandable.

But at the deeper level, you also know that you will be together again, just as you have said good-bye to many, many in the past—in your past lives, in your past sojourns, many, many times previously you have said good-bye. Even to your families when you left to come here to the Earth evolution and be a part of this freedom process here, you see? Okay? Shoshanna?

Shoshanna: Yes, we wish to share. May we share our perspective with you.

Guest: Yes, Goddess Sister, yes.

Shoshanna: Dear Sister, as you speak about these things that occur in your life, we feel your pain. We feel your sadness. We feel your suffering, and we wish to alleviate this for you, but we cannot. This is your choice to alleviate this for yourself by having a different perspective on this, you see.

We would advise that those that have this feeling of being attacked to find a different perspective on this that is a higher vibratory perspective and that is: they are not attacking you, you see. They are reacting to a program. They are reacting to the hypnosis that they are under. They cannot think for themselves, you see.

When an animal feels threatened, what does an animal do? It bites! It attacks! Because it feels threatened, you see. Your perspective is a threat to them, and it is a threat to their program, you see. Just as an animal is threatened. It is not a higher conscious being that is responding. You must see it that way, and you must find a perspective of compassion and love for those that cannot see the forest for the trees, to say it in a respect, you see.

So we would ask you to find another perspective and understand that it is not personal. They are not personally attacking you or not loving you, they are responding to a deep program that they have not been able to circumvent, you see. Does this make sense to you?

Guest: It makes much sense to me, and I guess my last quick question on this topic is, is it better for me to not share my opinion on social media knowing that the programmed ones will say nasty things, or as a Light Warrior, Light speaker, truth teller such as I am, is it okay for me to share my beliefs on these things to try to light a candle under them, or better not to even do it?

Shoshanna: Our Dear Sister, are you prepared for the attacks?

Guest: (Laughs) I think I am. And then when they come, I get upset. But, yes I keep on going.

Shoshanna: We would say, Dear Sister, if we may continue to share.

Guest: Yes.

Shoshanna: You must do what your heart tells you to do. You must proceed as what you call yourself, a Light Warrior. Is a Light Warrior silent? Is a Light Warrior gagged? Does not wish to speak their mind? Does not wish to enlighten others? Is that the role of a Light Warrior? You must be prepared to do what your heart tell you to do, and then rise in perspective and take feeling that it is a personal thing out of the equation. It is not personal to you, you see. It is a reaction. It is not toward you, it is their reaction, but not to you. Does this make sense?

Guest: Yes, Dear. It makes total sense. That is very, very helpful. I will continue to speak my truth with love.

Shoshanna: We wish that you would, Dear Sister, as you must, as you are a true Warrior Goddess. Namaste.

OWS: Yes. And we would say for you to be the Beacon of Light. Be the System Buster that you came here to be. That is who you are. That is who many of you that are on this call are. And it is important for you to at all times be who you are, and not shy away from it just because one or another does not like what you have to say.

If Yeshua had done that, what would have occurred? If he would have said, 'Oh yeah, I guess you're right, I guess I cannot say this because it goes against the establishment so I will be quiet now.' He did not do that. And because he did not do that, he led an entire revolution of Light. You see?

Guest: Right. Yes. My heart and truth compel me to do so. I will continue to do so. That's just who I am. Thank you so much.

OWS: We would expect nothing less from you, as well.

Guest: (Laughs) Thank you.

OWS: Would there be any other questions here now, before we release channel?

Guest: Well, I'm glad that the prior guest brought up a dream, because I had one a few mornings ago that was kind of perplexing, but seemed very enlightening. So the dream unfolded that I was in some form of a social situation. I also understand of what I know about dreams is that the characters in my dream are aspects of myself, or dimensional aspects of myself as a possibility. So there was a male figure that took interest in me and asked me to marry him. So I was kind of perplexed. I thought well, I've been alone for so long, I don't know if I could be comfortable with that, and I would be giving up my domicile.

So thank you, Shoshanna, for posing the other guest to ask her own questions about that. I have not done that quite yet.

So essentially, I did consent to the wedding. But I didn't see the wedding in my dream. The next thing I know, I'm in another domicile that's not mine and I'm looking at a bed. I thought, what am I supposed to do now, this is a bed! And for some reason the pillows seemed to be important. But essentially I got married. So I was very excited about that, because there are a lot of possibilities with leaving my domicile and getting married. And a wedding can mean lots of things.

So I would appreciate some clues on this if you would, please.

OWS: What we can tell you is this dream is entirely about bringing balance in your life. Bringing the masculine and the feminine together here, and balancing out.

And the leaving of your domicile, as you are saying, we are understanding that you would be leaving the comfort of a certain home that you would be in, or a house of consciousness, in this case. And you are going to move into a new house of consciousness where the balance is there for you. This is what, as we understand it, the dream is indicating to you. What your Higher Self was meaning by this.

But we will turn this over to Shoshanna, if she has different or alternate perspective, here.

Shoshanna: We can share. Dear Sister, may we share?

Guest: Yes. And I want to just say that balance has always been an important thing, as being a Piscean.

OWS: Yes.

Shoshanna: All that has been given by One Who Serves is a grand interpretation of your dream. But you must understand what your interpretation is. You must understand why you had the dream, why you brought it about, and a dream is not a dream.

A dream is a reality. A dream is another level of reality that you are experiencing, you see. So we would ask you, what is your question?

Guest: So I feel that this is an opportunity to create the reality or realities that I want, that I have always wanted, then have been intimidated or felt like I didn't have the strength or the power to do so, which is a bunch of baloney anyway (laughs).

Shoshanna: What do you wish to create, Dear Sister?

Guest: Understanding, peace, love, harmony, and balance in everything I say, speak, think, and do, and radiate that out to everybody.

Shoshanna: Dear Sister, may we share?

Guest: Yes, Darling.

Shoshanna: By your declaration to have these experiences to live this high vibratory frequency that you wish to have, by your declaration you are already doing this. By your consciousness that you wish to have this, you have this, you see.

Guest: Indeed.

Shoshanna: You no longer need to yearn for this, as you live this. That is what we find. Namaste.

Guest: Thank you. I do feel sad in watching the other folks on the planet that are still asleep in their ignorance, and that what I have declared, know that it is available for them as well, and they choose not to. So that's the way it is, and I accept that. Thank you, thank you, thank you, and I love you.

Shoshanna: We must share another comment here, may we share?

Guest: Yes, Sweetheart.

Shoshanna: The emotion and sadness—you are wasting that. There is nothing to be sad about, as you chose this life. You must understand that you are choosing this high vibratory life, and that if everyone was awake, you would not be able to be who you are. They are participating in your enlightenment, you see. There is nothing to be sad about. It is joyful. Namaste.

Guest: Thank you (laughs).

OWS: Yes. We would say also always look at these things from the larger picture, here. Not from your individual consciousness, but from the collective consciousness. And when you look at it from that perspective, everything seems to be working out, and yes indeed, it is okay here, and you want to trust the plan, here. Okay? For it is all working out exactly as it needs to. Would there be any other questions here, now? We release channel after one more question.

Guest: Yes, Dear Ones.

OWS: Yes?

Guest: I have these memories of what I believe to be about six or seven past lives. I have actually written out the stories of the lives. And then I also have these, sort of affinities, when there are times when I will go on like a furious hunt to know about someone. Last night it was about Thomas Jefferson and his mistress-slave. And I know one of my lives was as a mistress of a plantation owner. So I have been on the hunt for a certain pharaoh, and found out about him, and even about Sylvia Plath, and even about, if you can believe it, Lizzy Borden. I seem to know why they did what they did, and so on and so forth. It occurs to me like I know, and I know their stories.

So I'm wondering, I don't know if this means these are actually things I am connected to, that I actually knew these people in some of my lives, or if I'm tapping into the akashic consciousness or record. I'd really like to know that. Of it is even valid what I think.

OWS: We would say here it is the second one that you gave, here. You are able, and not even aware of this yet, fully, that you are able to tap into the akashic record. Mostly of yourself, though, in all of those connections with yourself. So all of those that you have said, here, have a connection directly to you in some respect, here, and to your soul record.

But you are able to reach in, as you say, tap into that akashic record, and that is what you are doing. And it is going to increase greatly, if you allow for it. If you allow for this when it happens, and then you believe that it is real, then it will become even more prominent in your life, to the point as we find it that you may even want to hold it back at certain points, because it will become too overwhelming for you.

But, we will say, if it does seem to become overwhelming to you in the times ahead, you can ask for help, here, and help will be given to be able to handle this. For people may begin to ask you for this type of guidance, and to reach into their akashic record. That is just saying, it is a potential here for you, not written in stone, but it is a very strong potential and possibility for you. Shoshanna?

Shoshanna: We can share on this. May we share?

Guest: Please.

Shoshanna: Dear Sister. We are going to pose a question. What do you believe drives you to this?

Guest: Drives me to the searching?

Shoshanna: Yes.

Guest: I don't know, I just become overcome by a powerful yearning, like I've got to find out. And sometimes I'll read stuff, and I'll go, "that's not it, that's crap." I guess it's a desire to know my path or understand, or also maybe a validation. It just seems to weird to me that I possibly know all these, or possibly be attached to all these famous people. That just seems incredible, and it seems like I doubt it. But on the other hand, it seems to be true.

Shoshanna: We can share further.

Guest: Please.

Shoshanna: We wish to share further.

Guest: Yes.

Shoshanna: We find that your search has to do with your desire to understand not just yourself, but all that come in contact with you. You wish to understand everyone. We find that the more you understand yourself, the deeper your understanding goes towards others. This is what we find your mission is, here in life, to comprehend and understand the behavior of the other humans around you.

And as you search deeper into your own understanding, which we must say that all that have had multiple lives have had all these experiences, and when they remember these experiences and they research these experiences at a deeper level, they expand their understanding of all that is around them, thus enriching the oneness of humanity, you see. You have a great desire to enrich yourself, so that the oneness that you feel is enriched from that. Do you understand this?

Guest: Yes, yes. Absolutely. That resonates perfectly. Thank you.

Shoshanna: Namaste.

OWS: Very good. And as there are no questions from your e-mail this time, we are ready to release channel. Shoshanna, do you have parting message, here?

Shoshanna: Dear One Who Serves, we never have a parting message, until you ask us. We will just say that all that are experiencing this current drama, let's just pop popcorn and watch it unfold as all is going as planned, as you planned, as you all planned, to awaken all that can be awakened. Namaste.

OWS: Very good. And we would just say here to continue to be yourselves. Continue to find that calm within yourself. We release channel, here.

Shanti. Peace be with you. Be the one.