

2020.03.01 – MALADIES AND ILLNESSES AND DISEASES, AND EVEN ACCIDENTS, CANNOT HAPPEN IN THOSE HIGHER VIBRATIONS

Hilarion (Channeled by James McConnell)

I am your brother, Hilarion. I come now through this one. For it has not been too often that I had spoken through James.

But it is time now that *all* of you, all of you that listen on this call, all of you that will then read these transcriptions after or listen, all of you now, it is time to more and more fully remember who you are. And know that you are more than just the programming that you have come to believe yourself to be as the personality that you are. That is the personality that you have become accustomed to within the programming, within the patterns that you brought into this life. But it is *not* who you are.

The body itself, the body is capable of complete healing, *without exception*, if the mind is in conjunction with the body. You have to more and more begin to trust, trust that your body knows what it needs. But now you have to listen to it. You have to work with it. You have to become one with it, not separate, as simply a vessel. Although it is a vessel for your use at this time. But connect with it now. And with your Higher God Self, connect. As you do that, as you

connect with your Higher God Self and your physical body, as well as your astral, your etheric, your causal, your mental bodies.

When all become integrated, as will happen in the ascension, it becomes more and more integrated now, and you feel the higher vibrations moving into your bodies. And many of you have been feeling that, becoming accustomed to the energies. You can feel them change. Many of you can, not all. But many can feel those new energies, higher level energies. Those higher-level energies bring you into blissful states more and more often, now.

Think back to when you were younger. Those blissful states that you are feeling now were not available to you then, except when you were very young, before the programming began to set in. Once the programming did begin to set in, everything began to shift and the patterns returned, bringing the programming with it.

But I tell you now: that everything that you have been taught about how DNA, the genes are passed down from parent to child, is *not* true—unless you believe it. There *is* no passing down. Unless the programming continues to hold you in that belief system. So let go of that belief system now.

Take on the new belief that your body and your mind can work completely in conjunction together, and that there is *nothing*, and *no thing* within you that cannot be healed. And the higher vibrations that you are moving into more and more now allow for the body to hold those vibrations, to hold the light longer and longer. And maladies and illnesses and diseases, and even accidents, cannot happen in those higher vibrations.

So begin more and more now to trust yourselves. Trust yourselves in your ability to bring perfect healing within you. See yourself as the perfect embodiment of the Christ consciousness within you. And as you do this, you

see the Christ consciousness within you as you *know* the Christ consciousness within you, and there cannot be anything within you but perfect health because of the perfect vibrations that are now more and more within you.

I am Hilarion. Know that I am the one that is here to assist the healing of mankind. This is my roll at this time. And whenever you have need, reach out to me now. Call my name, 'Hilarion,' and I will be there to assist you in whatever way is needed as long as you have let go of the programming that continues to bind you down in the old vibrations. Let go, now, and become everything that you are meant to be in these moments now.

Peace and love be with all of you.

ONE WHO SERVES (Channeled by James McConnell)

Om, mani, padme, hum; om, mani, padme, hum; hum, hum. Greetings to you! One Who Serves here. Shoshanna is here. We are ready to go. We do not have message directly for you. We will take questions. Unless Shoshanna, do you have message?

Shoshanna: (Channeled by JoAnna McConnell)

No.

OWS: You are ready for questions?

Shoshanna: Yes.

OWS: Very good. What is your saying? Fire away, here, with your questions.

Guest: Yes, I have a question that came to James through the e-mail. Part 1 is if we assign a government structure to the universe, would we call it a monarchy?

OWS: Most definitely not. A monarchy indicates that there is one in charge of everything, and there is no *one* in charge of everything. It is *everyone* in charge of everything.

Even the cosmic source, the source of all of this universe is not in charge of everything and never would be. Because we are all part of that universal source. So therefore, because we are part of that great universal source, we are all in this case, as you are saying, in charge. Although no one is in charge. That is what you need to come to understand.

Even though there are hierarchies within the Ascended Masters, within the Galactics, they are not based on power. They are not based on influence. They are based on responsibility. They are based on whatever responsibility that one has, that one carries out, and each one be either above or below that. Although again, there is even no below and above, here, you see?

So it is not in any way, shape, or form, like your corporations and your military, and all of that. That is not at all the structure of the universe, here. And you will come to find that when the Earth, when Gaia and all of those here that have ascended on this planet have come once again to the galactic forces. Okay? Shoshanna, can you add to this question?

Shoshanna: We can share. One must understand that the universe is balanced. The planets, the stars, the sun, all of these beings that have attained this status because they are in balance. Man must seek to be in balance. Man, and individual man, and collective man must seek balance. It is not about assigning anything. It is about becoming in perfect balance within yourself to match the

vibration of the perfect balance of the universe. That is order. That is how we create order, *not* through government. Namaste.

OWS: Yes. Wonderful. Would there be other question, here?

Guest: Yes, the e-mail question had a second part. He has been feeling very happy and blissful all day and all night, and he is wondering if this is the new norm.

OWS: Very much so, the new norm. You are all moving into that higher vibration which brings this new norm, as you are saying. Now there is never a normal or an average, or anything of this nature because, as Shoshanna has said, it is all about balance. So you are moving into a more balanced vibration, we will say here, which will create a more balanced situation across the entire planet, and not only the planet, but the entire solar system, and even the galaxy is moving in this direction more and more. So everything that is happening now in these higher vibrations is bringing about this balance and bringing about these more blissful feelings. Because you are getting in touch with the energies. Many of you are feeling the energies. Even if you do not directly know that they are energies, you are still feeling that higher sense of connectedness to everything. And that higher sense of connectedness brings that blissful feeling. Okay? Shoshanna?

Shoshanna: We can share on this. We will share that the idea and the feeling of bliss, and the feeling of joy is the divine self expressing itself through the being known as human. So when we feel joy, when we feel bliss, when we feel light, when we feel pure love, we are expressing the God within, and we are connecting to that part of us that has been lost to many. So if you wish to sustain that, then you must recognize that it is your divine self expressing itself. Namaste.

OWS: Very good. Would there be any other questions, here? No further questions, or are you all muted at this point?

Guest: Yes. I actually have my own question.

OWS: Yes?

Guest: Why do we need AI?

OWS: Yes do you need AI? Who says you need it?

Guest: Well, that's exactly (laughter).

OWS: What brings this question about?

Guest: I have seen some things on YouTube, and it's on your phone, and if you talk about something in your phone pulls up this thing for you. Not only myself, but others have recognized this, and we have spoken about it.

OWS: We are talking about technology, here. So technology, whether you need it or not, is not the issue.

You are moving in a direction where technology is increasing greatly, but it is going to be matching the vibrations. So the technology that would be about negative situations, such as your electromagnetic waves, and things that are created by various devices you have now, will no longer be used in that respect because they will not be needed. But there will be higher level vibration technology that will be introduced, and is even already in the process of being introduced now. So AI, artificial intelligence, can be utilized for negative

purposes for the dark forces, or it can be used for the Light forces, and that is where you are moving directly to.

Those that have attempted to utilize AI in a nefarious, negative way are coming to the end, here. They will not be able to do that. As a matter of fact, that AI system that was being used to help predict the future and all of these things that they were using it for to bring about the destruction of the planet, even, if it went that far, that has been completely curtailed and, we will say, taken over by those of the Light Forces so that they are no longer able to see the future, predict the future. Whereas now the Forces of Light are able to do so, and they can see what is happening before it happens, here. So those things which are occurring now in these times now will not be continuing very much longer as far as the negative aspects. Again, it is all about bringing balance. Shoshanna?

Shoshanna: We can share on this. May we share, Dear Sister?

Guest: Yes please.

Shoshanna: The planet that you occupy is going through many transitions and going through many states of creation and movement all to move toward the higher dimension.

But in the journey, there are many that are playing still the game of the third dimension. The tricksters, those that are the archetype of tricksters, are having a ball. They are having *fun* with artificial intelligence by showing pop-up ads. You mentioned something and they have figured out a logrhythm that will show you what you wish to have, as it is like a genie!

You speak of bicycle, and you will see a bicycle ad. It is as if a genie pops up in your phone. This is the creation of man. It is harmless for the most part. You

can pay attention to these ads, or you can laugh at them and go, “oh, these humans are so creative that they are attempting to read my mind.” But it is all harmless.

What is not harmless is there are some things about artificial intelligence that are destructive in a military sense, and those that are creating that part of artificial intelligence are the sinister ones that are still mired in the darkness. You must bring Light to that. You must focus your Light on that, not feel frustrated or angry or fearful, just shine your Light on that.

And lastly, the invention of artificial intelligence has made food available to those that didn't have food available, has made water available to those that did not have water in the past. There are many good things that are occurring. What must be avoided is focusing on the negative part, as you will strengthen them as you focus on them. Namaste.

OWS: Very good. Would there be any other questions, here?

Guest: I have lots of questions this week. They seem to be coming at me. But I will start with one. I think this might be of interest to everybody. I was watching a Wayne Dyer movie, the first time I had ever watched it. I know JoAnna had spoken of him many times. I thought, ‘well, let me try to watch this.’ It was about finding your life purpose. It showed the stores of people going through life.

One of them was a woman who was so involved in her children's lives and she needed to step back and find some more of herself. But then the end line of the story was something that has been coming out for all of us, I'm sure, from the enlightened world out there: the whole way to be happy or successful, or to

have life as you want it is to get up every morning and say, ‘how can I be of service to others?’

So this was a contradiction right here. And this is a contradiction many of us are confused by, is the whole point is how can I be of service to others is one conversation we here, but then we also hear this about we need to find our own way, our own purpose, and stop worrying about anybody else. So could you say more on this?

Shoshanna: We can share. May we share?

Guest: Please.

Shoshanna: Or do you wish, One Who Serves, to address?

OWS: Oh yes. No, you can proceed.

Shoshanna: We can share with you, Dear Sister, if we may?

Guest: Yes, please.

Shoshanna: The journey of the human is to find purpose and to manifest those things that identify with that purpose. Within that framework, we serve others. It is a vast puzzle. Finding one’s self *is* serving others. We cannot serve others until we find ourselves. We cannot serve others without having a purpose. So we must seek to know ourselves. We must seek to understand ourselves. We must seek to love ourselves so that those things can be given to others. It always starts with self. But the mistake that many make is that serving self is a selfish process. This is a third-dimensional construct or idea that is never true. We can serve ourselves and, by serving ourselves, finding our purpose,

integrating that purpose within our lives, we automatically serve others. Does this make sense to you?

Guest: Yes it does.

Shoshanna: Namaste.

OWS: Very well said. Would there be any other questions, here?

Guest: Yeah, I have another question. One of the Lightworkers, the ones from Hawaii, Kauilapele, I believe is his name. He sent something out yesterday which was quite amazing. It is a woman who was speaking about the Corona virus. She said it is not through virus that is causing all of this mayhem in Wuhan and so on, but Wuhan had recently fired up a huge, huge disk, whatever you want to call it, outside of Wuhan that brings unbelievable connections to the satellites and wi-fi and so on. What she said was pretty interesting. I was pretty tired last night when I was listening to it, so I do have to listen to it again. But she said all the respiratory issues that people starting having and all that was caused by that. And she also mingles it in with the 5G now that is starting all over the world. Is there some truth to that?

OWS: There is always truth to various things that you come across from various sources. It is not always the absolute truth, though. There are always the other sides of things. There are many sides to each of these things that you come across, here.

Do not be concerned about a global pandemic or anything of this nature, because that is *not* going to happen. We have told you previously that we, being the Ascended Masters, the Galactics, the Agarthans, everyone that has been working with all of the Lightworkers and Lightwarriors to help the awakening

process, we have not been working with you diligently as we have for many years, here, to have it all blow away in one great pandemic, which the dark forces, the cabal, whatever you want to call them, have instigated to help to blow your population and to be able to take control.

It is all about control and money and power. Everything that they are doing is to attempt to do this in many different ways. But if you look at the situation, it is always the same playbook that they go by. They use the same playbook over and over and over, thinking that they are going to get the results that they want, but they are not. Because those of the Light Forces, the Alliance, if you call them that, and the Galactics, and all of the Ascended Masters, we are all very much aware of what is happening here. And there are so many different ways that—we do not like using this term, ‘interference,’ but in some way we are doing that. We are being able to interfere, or to intercede. Better word, here, intercede more often and in many different ways.

And those of the Galactics are attempting to assist this entire process so that it does not become anything more than something that is blown up out of proportion, here, propaganda by your media, and all of these things, to make it appear to be much more than what it is, to create fear. That is what this is all about: to create fear, to bring about the shift *they* are wanting, rather than the shift that is happening and is going to happen regardless of what they do. So there is no reason to be concerned on your parts as far as anything detrimental or dangerous, we will say, to mankind, because that is *not* going to happen.

Are some people having to suffer through this? Yes, they are. And they came in with this indication that they would do so, that they would be a part of this. Because what happens when these types of things come out? It brings about awareness, awareness to the unawakened on the planet now become more awakened as to what is occurring. And they say ‘no more.’ More and more are

saying 'no more.' More and more are saying 'enough is enough,' you see? And that is raises consciousness. Okay? Shoshanna?

Shoshanna: We can share on this. May we share?

Guest: Please do.

Shoshanna: We are gathering information through this brain so that we can share. It is taking a moment.

The process that one must go about is to observe in a neutral way all information that is coming their way. So with the idea that 5G, or a respiratory virus, or a disease, or whatever is occurring within the third dimensional frequency, one must rise above it and view it from a neutral point of view.

As soon as an individual buys into the concept, fear steps in. And when fear steps in, the immune system of the human being that keeps the human being alive and well shuts down. It begins to degrade so that anything, any disease, any virus, any problem can easily enter the system of the being and compromise that being. It all starts with fear. We can calm the body easily with many remedies that are available. If one catches a cold, or has the flu, or anything, *that* is a result of a compromised immune system, because *that* is all it is. You must *never, ever* succumb to fear, and realize that this is their weapon! Their weapon is fear! Spreading terror, spreading fear and terror. And as this fear and terror are spread, the disease spreads. We must be *calm*. We must be *neutral*.

We must protect ourselves from this idea that we can be eradicated, because the only time that we can be eradicated is if fear sets in. Namaste.

Guest: I don't feel I come from fear and that, I am just curious, because that is such a different, different program that is being presented here, and it is more of curiosity. I am not afraid of the virus going around the world, and all of that.

Shoshanna: Yes, and we are not suggesting that, Dear Sister.

Guest: I am concerned about 5G being installed everywhere, right now. Also for the children. And why isn't Mr. Trump not stopping it? I don't understand that. Why is he endorsing 5G?

Shoshanna: He does not understand. He does not truly know the affects of this technology. That is why he does not stop it. He does not know.

Guest: Please tell him! (Laughs) He needs to learn it soon, I think. This is definitely concerning.

OWS: This is something that we are speaking about, here, though. Because you just say this is concerning to you, but there is no reason for it to be concerning to you, because as you continue to move into these higher vibrations, those things, those technologies of lower vibrations will no longer affect you. Just as those of you who have been on these calls for some time and have been raising vibration and consciousness are not affected by the various electromagnetic waves that are affecting some people across the planet, you see?

So it is something that you need to, as Shoshanna said, just observe, just be neutral about it, but do not become involved in the fear tactics, here.

This is all a part of their game plan that they continue to use, one time, after another, after another, thinking again that something miraculous is going to change for them. It is not.

So no concern, no need to be worried or anything, because all that does is suppress the immune system within your bodies.

Guest: Yeah. Thank you.

OWS: We need to release channel, here, now. We do so. Do you have a message here you wish to give, Shoshanna, before we do so?

Shoshanna: We will just say that continuing to work on neutrality.

And by working on the idea of neutrality, your vibration will raise because you are working on that idea that you are focusing on the zero point, that you are focusing on not considering this or that, but staying in the moment, in the light, in the zero point, in a point of view that is neutral, and does not take sides. This raises the vibration.

And, as the vibration raises within your being, others around you will raise their vibration, or they will not be able to be in proximity to you. That is how it works. Namaste.

OWS: Very good. And The James has a terminology that he uses every so often, as we use it now: we go along with what Shoshanna has said. "Ditto."

Guests: (Laughter)

OWS: Shanti. Peace be with you. Be the one.

Shoshnna: Namaste.