

ANCIENT AWAKENINGS – PREPARE FOR CHANGE

19.07.14 Sunday Call (KaRa, OWS, & Shoshanna)

James & JoAnna McConnell

KaRa (Channeled by James McConnell)

I am KaRa. It is my pleasure, as always, to be here with you, to be able to share, to be able to open up many different understandings that you may or may not have at this point. A new outlook, you might say, on everything that is happening across the planet and to each and every one of you.

You speak of neutrality in your earlier discussion, and what a wonderful topic. For it is a topic that is in the moment, NOW. For the more that you can focus on being in a neutral state, being centered, being in the now moment, *that* is being neutral. Just as the Creator is neutral. Just as you, as the creator, are neutral. That is the state that you are working toward. The higher level of vibration and frequency in that neutral state will take you on as a collective into the next Golden Age.

In the higher dimensions, neutrality is the moment that you are in. The more that you focus your lives, your thoughts, on being in that NOW moment, being in that neutral state, then you will find throughout your lives everything that you have been looking for, and always, and finding out that everything that you have been looking for has been right there in front of you all along.

They say and we say it is 'for those that have eyes to see and ears to hear,' and that is certainly the case. Because the more that you open up, the more that you allow yourselves to see what is right there in front of you, the more that you will find yourselves in those higher vibrations. And when you find yourselves in those higher vibrations, the more that will open up to you to be able to see, and hear, and experience, and know.

I have somewhat of an announcement for you at this time. This announcement will go out far and wide, not only through myself, but through others who will come forward as well. Many truths are coming forward, as you already know. You are beginning to see these truths coming.

And one very large truth that must be revealed is in the process now of coming forward. You have had some small dominos fall. But you have not yet had the large one that has been spoken of, and that one is coming now. You will know it as it falls. For as it falls, it will be the catalyst to make the next one fall, and the next on,

and the next one. And soon it will be as your picture or your video shows of all the dominos falling one right after another as you topple the first one and all follow after. This is what is coming.

Part of those dominos is in disclosure of our presence, a galactic presence among you, not only among you, but above you, and below you as well. All of it is coming to be revealed.

We, the Pleiadians, the Arcturians, the Sirians, the Antarians, all of us have received the green light to move forward with the final phase of this disclosure process. And that final phase is you. We, showing ourselves to you, and you going forward and declaring to the world that you are not alone in the universe, that we *are* here. That is part of your mission as it continues to unfold.

Gone is likely the moment when our announcement or our presence would be announced by your leaders. For many of them are not the leaders of men: they are the leaders of themselves. And many of them shall be replaced by those of you that stepped forward and assume that mantle of leadership once again. And I say 'once again' because many of you--the Light-workers and Warriors, the Bearers, and Sharers--many of you have been in those leadership positions in other lifetimes previously, but also in your experiences among the stars you have been in those leadership capacities leading by example, not by ego, leading from responsibility, not for gain.

You, each and every one of you, have a responsibility to continue to move forward to continue to bring all of these truths forward as much as you can. And as they are brought forward, many of your responsibilities then lie in sharing those truths as they come forward to as many as you can.

For many will look for answers. Many will be confused, for they will not know where to turn. For they will realize that for all of their lifetime the truth has been held back from them. They will feel deceived, just as many of you felt deceived in the beginning when you first began to hear of those truths that have been held back from you.

The time is *now*, my friends. The time is now to reach out, to go beyond those things which have held you back for so long, to step out on faith, to 'step out on a limb' so-to-speak and reach for that fruit at the end of the vine that can only be reached by going out upon it.

Speak your truth wherever you can. And as you speak your truth, others will speak theirs, and so on. And the light will be revealed more and more. And as the light

continues to be revealed, the darkness will recede into the shadows from which they came.

Everything is in motion now. Everything is in the flux of the moment. So allow for that moment to continue to rise up all around you.

All of my peace and love be with each and every one of you.

I so long for the time when I, as KaRa, and all of my Brothers and Sisters here in the delegations that are forming now in these moments are introduced to you. And then *you*, within the delegations that you will then form, will be introduced to many more, and so on.

Be at peace. Be at love. Be at One.

ONE WHO SERVES (Channeled by James McConnell)

Om, mani, padme, hum; om, mani padme hum; hum, hum. Greetings to you! One Who Serves here, and Shoshanna is standing by at this time. Wonderful! Yay! Yippee! All of those things.

We are ready to answer questions. We do not have message. But Shoshanna, do you have message?

Shoshanna (Channeled by JoAnna McConnell):
Maybe, but not at this time.

OWS: Very good.

Before we proceed with questions, we do have a slight message here, and that is to continue on as you are doing. We are very pleased that what is occurring on your calls, your phone calls, your discussion during your calls, for they are not so haphazard anymore as they were before. They were geared toward a topic, and they are geared toward moving in certain directions.

This is wonderful, because you are going to understand at deeper levels as a result of this. And it is important for you to do so, because there is so much that is coming, as you are hearing, to be revealed, so many truths that are coming forward, and so much understanding that is going to be needed across the entire planet. And those

of you are the 'first guard,' you might say, those that are coming before. Those of the forerunners, is what you are. And you are paving the way for those to come after.

As has been said, you are to be part of the first wave, if you wish to be. The first wave of ascension. And as you are part of the first wave of ascension, then you will be very beneficial, extremely beneficial, in helping those of the second wave, and then those of the second wave will then be very much of assistance to helping those of the third wave. This is now it is destined at this point to take place, to transpire, here.

So just continue on as you are, continue being who you are, and continue to be whenever you can in the 'perfect now' and in that perfect state of neutrality in all things.

We are ready now for questions. Do you have questions for One Who Serves?

Guest: I have a question. I have had huge breakthroughs over the last week. I wanted to know are we going to get hit with more energy before this happens, so that. I mean, are we telling people we are Starseeds? I am a little confused.

OWS: We are a little confused about your question. Are you saying, are you Starseeds? Or are you saying?

Guest: I am saying are we going to get hit with a big wave before everybody shows up. That's my question. The Event.

OWS: Are you going to get hit with the first wave? Is this what you are saying?

Guest: Yeah, the large wave. The larger wave.

OWS: Are you talking about The Event?

Guest: I guess.

OWS: Or are you talking about the three waves of ascension?

Guest: No...I'm kind of afraid that we are not going to all be ready and know what to say when the time comes. I need to remember who I am, and I am getting there, but I'm not there yet, and it's making me nervous.

OWS: Well, first of all, you need to put that aside, this nervousness, this idea of fear or anything of this nature, because you will be exactly where you need to be in the

moment. And that is all you need to be concerned about. Just continue to be who you are.

Continue to follow in the process that is in front of you and that you are being guided toward in every moment, and you will find yourself as this wave comes in, and we are speaking now of the final wave, which would be considered The Event or The Final Changeover, and at that point you will be right where you need to be. Do not be concerned about anything other than that, because if you are concerned about it, if you are worried about it, then you will *not* be where you need to be. You See?

So allow for the process. We say this many, many times. Allow for the process. Go with the flow. And if you do so, you will be right where you need to be at that point when that comes. Okay?

Everything is speeding toward this. Everything is, at this point, acclimating you to the greater energies that are coming in. That is what this group is all about. That is what many of the groups across the planet that meet regularly are all about, is coming to acclimate to these various energies that are coming in, so that when the great energy, the final energy, final wave if you want to call it this, The Changeover comes, that you are ready at that point for it. Okay? As ready as you can be in that moment. Okay?

Shoshanna, we know you wish to add, here.

Shoshanna: Yes, we wish to share with you, our Dear Sister, may we share our perspective with you?

Guest: Sure.

Shoshanna: Our Dear Sister, what we find for you is that you are one who may be concerned about your level of knowledge, your level of understanding of what would occur, what will occur, and this creates a sense of fear, nervousness, doubt, those things that are human emotions.

There are only maybe one or two things to do to prepare to guide others. The first thing that we would tell you is just to have an open heart. And you already have that. Focus on your heart, Dear Sister, focus on your heart, and opening your heart to all that should come into your circle of influence, and the words that you will say will be perfect, because the words that you will say to guide others comes from your heart.

It is not a matter of thinking about what to say, knowing what to say, understanding what will happen around you because, in the moment, if your heart is open, you are a compassionate and loving being in that moment, all that you need to say will be revealed to you in the moment.

So we would ask *all* not to think of what could happen, what should happen, what might happen, but to remain in the moment with an open heart. Namaste, Dear Sister.

Guest: Thank you so much. I needed that.

Shoshanna: Yes.

OWS: Very good. Are there any further questions, here?

Guest: Yes. Can you please explain the purpose of autism and how that is serving people on the planet?

OWS: The purpose of autism? And how that is serving people on the planet? And who would say it is serving the people on the planet?

Guest: The parents.

OWS: You are coming with an understanding that there is something good about this process, and it is essential or helpful for those that are going through it that are experiencing it, both those that are experiencing it directly and those that are around them that are having the effects of this particular experience as a result of being the parents or a sibling, or something of this nature with this one. So in that respect, it can be helpful as a learning process, as a culmination process to their previous lifetimes and continuing on in lifetime after lifetime now. And this is essential in that respect.

But as to whether it is good for the entire collective, no, it is not. It is something that is in the lower vibrations. It is something that is a part of your three-dimensional illusional state here, and it is not something that will be in the higher vibrations and frequencies of the higher dimensions. So it is not essential certainly in that respect. Only as it is part of the illusion now, and part of the, we would just say culmination process of this lifetime, here, and moving out of the 3-D matrix.

Anything to add, Shoshanna:

Shoshanna: Yes, we have something to share. We have our perspective to share. May we share our perspective with you, Dear Sister?

Guest: Yes. I have one more thing. How would this relate to Down's Syndrome as well?

Shoshanna: We must share our perspective of any disease, any *dis-ease*. Anything that is not really created for the benefit of all. We must share our perspective on this.

The thing you know as autism is a program running emotionally, physically, and mentally within the 3-D matrix, and it is being caused by those that are very asleep. It is being caused chemically, it is being caused mentally, and it is being caused emotionally so that fear becomes intrinsic in those that may have an autistic child.

What we would tell you is to see the perfection in everything. That if you label an individual as autistic, that child will perform autistically because all those around him that are listening to him or her are creating a label that reinforces the program and that reinforces the fear, and reinforces the experience. So we would tell you to even take the word autistic out of your vocabulary. There are many that perform differently than others, but it does not mean that there is something wrong with them, it means that that is the experience that they wish to have in this life.

So we would ask you also not to label Down Syndrome. We would ask you not to label that. Down Syndrome is very much created from fear. So you have a mother that is older and you have physicians that are magicians telling her that she may give birth to a Down Syndrome baby because she is 39 or she is 40, or whatever the age is these days that the program is running. So we would tell you *all* of these things are a fear-based program running in your 3-D matrix that you must neutralize. Namaste.

OWS: Very good. Wonderfully said.

Another Guest: Can I say something really quick? I think I know why that question came out. Because listening to Kryon as I do a lot, he has spoken about these children as special and not linear and part of this process. I think that is why he said that.

First Guest: Agreed. I agree.

OWS: Ok. Then are we moving on? We will move on to the next question if there is one.

Guest: Yes there is one. I was just wondering as I attend to another group in my country and we gather every other week. Is it more helpful, or would it be better to gather once a week instead of every other week, or the amount time difference of the gathering makes no difference in this process or preparing ourselves for all the events that are happening?

Shoshanna: We would share?

OWS: Yes, please do.

Shoshanna: We would share, is that appropriate at this time to move ahead of you, One Who Serves?

OWS: Yes, please do.

Shoshanna: Our Blessed Sister, may we share our perspective?

Guest: Yes please. Thank you.

Shoshanna: Our Dear Sister, you have thought about this long and hard. You have thought about this often. You have thought perhaps that you are not serving as well as you could if you are only meeting every other week.

But here is what we would tell you. In the spirit of ascension, in the spirit of moving consciousness forward, this is a moment-by-moment process. It is not a matter of meeting once or twice or three times. This is a practice that one must attain through higher consciousness and understanding of others as one and the same. So we would tell you at this time, as we understand your group that you have been meeting with, they would benefit greatly by hearing the message more than every other week, as all would benefit from that.

So you must decide if you have the energy and the commitment to do this for them. Either way, they will receive what they need based on their life path and based on their higher self-guidance, and you can influence and facilitate based on your choice to do that. Does this make sense to you, Dear One?

Guest: Yes it does. I think in a way I do, but maybe I need to do it differently, or more.

Shoshanna: Yes. It is your choice.

Guest: Thank you.

OWS: We would add here that if you look at your various religions and those that have taken up the understanding of meeting once a week, for your church or whatever it is on a weekly basis, there is a reason for that. And that reason is for repetition. Coming together again and again, and being able to escape, you might say, even just for a brief period of time, the 3-D illusion, or the matrix. And that is what was meant by those services coming together on a weekly basis.

It has certainly not turned out to be that, as religions continue to gain more and more control over the people, and that was their purpose, not to come together as one and to be as one with each other, that was the original purpose, but that is what was changed over long periods of time, here.

So if you find yourselves coming together, whether it is once or week or once every two weeks, like Shoshanna said, that is your choice.

But the suggestion would be to come together on a weekly basis, just as this group does, and The James was guided to do this on a weekly basis because of that reason: of coming together, like minds, like hearts, coming together, like vibrations even more so, coming together and being as one together with each other each week. Okay?

Guest: Yes. Thank you.

OWS: Yes. Would there be any further questions, here?

Guest: I have a question. It is about The Event. I used to have visions of how it would occur, that pulse, and I could see people lying on the ground, some of us were still standing. And I had this kind of feeling that it was a message. But lately that feeling is gone. And I am wondering if it's changed, if it already happened, or if I have just released my attachment to it. Because I feel like the energy his different. So I am not sure. If you could explain that a little bit for me.

OWS: The energies *are* certainly different, and they are continuing to be different. There *will* continue to be more and greater and greater energies coming in, as we have been saying. As these energies continue to come in, you will continue to find yourself acclimating more and more to these, so that they are not as invasive or intrusive in your lives, as sometimes they have been up to this point.

For some of you have noticed the energies as they have become stronger are affecting your central nervous system more and more, and creating feelings within your legs and your heart center, and your stomach area, and all of these things. And where you are noticing that there are blocks in your energy system whereas before you wouldn't have noticed those blockages. But they are coming now to the surface because these energies are helping to release these blockages. And as they do come in and begin to release these blockages, you feel the intenseness or the symptom there at that point because of that. So as these energies continue to come in, acclimate and get you ready for the greater energies as they continue, then again, this is all part of the process. So just continue to allow it to be.

And, most importantly, as we have been saying, be in the NOW at every moment. Do not focus on the past. Do not only look toward the future and what it is going to be like. You can have your visualizations and all of this, that is wonderful, but it is going to be what it is going to be regardless of how you might think it is going to be. You see? Now your visualizations do have power. They do create the process that it is going to take. But, of course, it is your visualization with the collective visualization, or part of the entire quantum field, here: universal mind. And all of this is a part of this process as The Event comes closer and closer, here. Okay?

Shoshanna?

Shoshanna: Yes. May we share our perspective? But first may we ask who is speaking?

Guest: Yes, please.

Shoshanna: Oh, we apologize, we did not recognize your voice. Here is what we would tell you, if we may share our perspective with you, is that appropriate?

Guest: Yes, please.

Shoshanna: We find, our Dear Sister, that your vision initially was tainted a bit by fear, and that your vision has transmuted because your fear has transmuted into something else: into calm. So what we would tell you about energy is that the recipient of the energy receives the energy based on the energy of the recipient. So your field has neutralized somewhat, and you are more receptive and different yourself (if we are making any sense at all), which creates a different vision and a different experience that you are having now. So when you say the energy has disappeared, or whatever your words were, it has not, *you* have changed. So, when a person changes, the experience that they have of anything, including The Event, will change according to their energy level. We hope we have made sense. Namaste.

Guest: Thank you so much.

OWS: Very good. Is there any final question here before we release channel?

Guest: Yes, one little one. I think we are kind of going around in a circle to ask the same question. Is this disclosure or of The Event?

OWS: Please repeat the question.

Guest: I think we are kind of going around in circles. Is this disclosure part of The Event?

OWS: Is disclosure part of The Event? Or is The Event part of disclosure?

(Hosts, Guests: Laughter)

Guest: One or the other, I don't know (laughs).

OWS: Well, we put that out there. Which one is it?

Shoshanna: It is both.

OWS: Yes. That is correct. It is both. They are one in the same, and coming together as one. All of the various smaller events, you might say, the little events that have been spoken of, are all in process of happening now. And the larger event, or *The Event*, is in process of happening now as well. So part of The Event, part of all of this, will be the disclosure, not only of the extraterrestrial presence, but also the disclosure of all of the many truths that have been held back, including: technologies that have been held back that will be coming forward, including much of the various truths that need to come forward to bring those out of the shadow and into the light that have been creating or have been a part of creating many of the problems that are here in this three-dimensional illusion. So all of that is part of disclosure and part of The Event as well.

Shoshanna, anything to add?

Shoshanna: We would add one thing, if we might, our perspective?

Guest: Please.

Shoshanna: Okay. We would tell you that this is so simple because each thing is an accumulation that accumulates to the next thing. So each experience and each energy field has a consciousness of its own that matches with the consciousness of that one experiencing that energy field. So we would tell you that each thing is just an accumulation of the last thing and, as an individual becomes more aware, more conscious, more ascended in his or her thinking, the energy fields that they attract will be greater and more beneficial to their personal ascension. Namaste.

Guest: Wonderful. Thank you. Namaste.

OWS: Very good. We are going to release channel. But before we do, Shoshanna any final message?

Shoshanna: Yes. Dear Ones that are listening and that may read these words at another time, everyone here that is participating is participating at a higher level in this moment than in the last moment. Each one we hear with more and more and more ascended consciousness, more and more understanding of who they are, what they can contribute, how they can influence the world. What we will tell you is have no doubt! You are on the right track! Namaste.

Guests: Namaste. Thank you.

OWS: Very good. We will close with a final message, here, and that is that everything is going according to the plan, according to the larger plan, here. We are not speaking of the small little plans that you are thinking of, we are talking about the large plan, here, which you are all a part of, which you are all participating in, some more than others, but it is all a part of the continuation of coming together as one, as a collective, and you are all working toward that. And as you continue to work toward that, you are opening up many avenues of expression within you that have not been there before.

So as we say many times, continue to go with the flow and allow the expression, allow it all to come through you as it needs to, because you are gearing up for a Grand Event!

Shanti. Peace be with you. Be the One.

Guests: Shanti.