

## ANCIENT AWAKENINGS – PREPARE FOR CHANGE

19.06.16 Sunday Call

James & JoAnna McConnell

Stepping Out Of The Matrix



**KaRa** (Channeled by James McConnell)

I am KaRa. I come to be with you now at this time in these moments. These are the moments that you have been working toward, waiting for, for a very long time.

I want you to think now of a snow-covered mountain. See it in your mind's eye. A high mountain covered with snow. Something happens to cause a disturbance on that mountain. Snow begins to fall because of that disturbance. It begins to gain momentum, creating an avalanche, rolling, moving down that mountain, taking everything in its path, and gaining more and more momentum as it continues to come down the mountain.

Think of this as an avalanche of truth that is about to begin, a disturbance that I used as an analogy. The level of truth that is coming out that will set all of this in motion will be the disturbance that creates this avalanche of truth. I cannot tell you what that is at this time. Know that it is coming.

It will bring the truth out to so many that have been in the darkness. It will bring more and more people into a more enlightened state of consciousness. Because the truth must be told. The truth will come out. It cannot be stopped. The avalanche of truth cannot be stopped. It is not possible. And as this truth comes out, you will recognize it for what it is. You will recognize it as the disturbance that creates the avalanche, or, the first domino to fall, as an another analogy that has been used before.

Many of you have been waiting for that domino, wondering when it would be. I tell you know, as an emissary of the Pleiadian fleets, and the sister to all of you, my brothers and sisters, I tell you that the wait is almost over. Along with these truths being brought out, as Ashtar said in this last week, other sources have also begun to share, more and more sightings will be had across the planet as the disclosure of our presence is brought to you. As has been said, it is likely to not be the governments that will reveal this.

It is you, the people of the planet, that will do the revealing. And those of you, the Light Warriors, the ones who are preparing and have prepared, not only anchored the light but who share the light wherever they can, you are the ones who are in line for contact with us.

Of course, much of this has been in your contract before you came here.

So it is not a sense of 'choose me, choose me,' raising your hand, it is not in that respect that we will contact you. It is in the respect that when you are ready. You have raised your vibrations enough so that we can *safely* meet with you, not only for our own vibration, but to not overwhelm yours.

You have to understand that higher vibrations coming into a vicinity of low vibration can short out the central nervous system. This is why we, those of us that have been watching over this planet for so long, this is why we have not yet made contact, full contact. Yes, with some here and there. But there are many things that are looked at, that are considered, before these contacts can occur.

This group, and many other groups across the planet, are being prepared in this way so that you *will* be able to have contact with us, so that your vibrations *will* be high enough to meet with our vibration.

For remember, it is all about vibration and consciousness. That is what you have to always remember. Everything is vibration and consciousness.

Continue to raise your vibration whenever you can, however you can, and hold that raised vibration as long as you can. And before you know it, not only will all of these truths be revealed, but you will be fully in the process of your own ascension which will include connection to those of those that are ready to connect with you.

I am KaRa, and I leave you now in peace and love, and understanding that you are the one, and the one.

### **ONE WHO SERVES** (Channeled by James McConnell)

Om, mani, padme, hum; om, mani padme hum; hum, hum. Greetings to you!

One Who Serves here to take you on to the next steps. For that is what this is all about, is continuing to bring you along, "to continue to show you the door," as the James said earlier, and from the movie, "The Matrix."

We can show you the door, but you are the ones that have to walk through it. That is *so* important. We have been showing you the door. You have been showing others the door. But it is up to each and every individual to be ready to walk through it. That is *so* important. You cannot get anybody, make anybody, walk through it if they are not ready for it. But you can open it to anyone. Remember that.

Do you have questions here, for One Who Serves?

This time we do not have Shoshanna with us, but we will move through it anyway, here. Are there any questions?

I know there must be one or two questions about the message that KaRa has given, here. Someone just needs to feel like they can bring those questions up. But anyway, are there any?

**Guest:** Yes, One Who Serves. This isn't about KaRa, but last week we were having a conversation, and we thought it would be a good question to ask you. Because I have gotten the understanding from my twin flame about Yeshua, that actually there was a brotherhood that assisted Yeshua in the living of that life by walking into his body and taking certain parts of it, which kind of gave him a rest, or whatever, and my twin flame, as I understand it, was part of that brotherhood. So we were wondering if that was true, and in some ways we wondered if that happened at the end of his life, and also how much does that happen?

**OWS:** We ask you if you understand the term "overlighting?"

**Guest:** Somewhat.

**OWS:** That is what was occurring in those respects. The overlighting. The ones such as Sananda overlighting Yeshua. . Others overlighting Yeshua at various times. This was what was occurring. It was not only just Yeshua—he was a man, you have to understand that, a man just like anyone else. But he had certain knowledge, we will say here. He came in with much of this, but then he learned it as well, just as any boy or girl would go off and learn the secrets, the mysteries. This is what he did. And as he was able to do that, it was able to then connect with those ones at higher vibrations than him at that time. And they were able to come in and overlight him. Just as you hear of various ones such as St. Germain overlighting the president of this country, the Donald Trump. This is also what is occurring at times. You See? So that certainly occurred then, just as it is occurring now.

**Guest:** Wonderful. Thank you.

**OWS:** Yes. Would there be other questions here?

**Guest:** I have a question. It is a very silly question, and it's a very embarrassing question. Because I fell asleep once again during the meditation and I missed KaRa. Can somebody tell me what her announcement was that I missed please?

**OWS:** What we can tell you is that there is much coming. What KaRa spoke of is that there is a truth avalanche that is on its way. That was the major part of this. And it will bring so much forward that has been contemplated, considered, all of these things, part of your so-called conspiracy theories that will become known as

facts more and more. And this is part of this truth avalanche that is coming forward. Many things that will be shared that have been kept in the shadows for a long time, here, but they will be brought forth. Which will also come to bring about those various technologies that have been hidden away from mankind also in the shadows. This will come to light. All of this is about coming back into the light, bringing the light to the planet, here. And part of the light, here, is the truth being known. This is much of what she spoke of. You can certainly listen or read the transcription at a later time.

**Guest:** Oh no, I will. I was just so excited to hear it, and then I woke up when you were doing your “om mani...” and I missed it. Thank you.

One other quick question. I was hearing things about major energy influxes or increases during the next week or so coming. Is there anything about that known?

**OWS:** That has not been said, but yes there are certainly energy waves that are coming coinciding, we will say, with the time frame here of your Summer Solstice. This is what is part of this, these energies that are coming. They have been spoken of for a while now from different sources. And these energies are going to pick up and pick up and get stronger and stronger because mankind is awakening. That is what you have to know. Do not think in terms of how many are asleep across the planet, but how many have awakened.

**Guest:** Thank you so much.

**OWS:** Any other questions here?

**Guest:** I have a quick question about KaRa when she said all this. My quick question is, you know, I don't want to doubt anyone who sends messages, but we heard so many messages before, the truth coming out to the public and everything else, but so far we are spreading the light but all that they are saying suppose to happen didn't happen yet. So my question is how that it can be, but this time it will be for real?

**OWS:** Because you, as well as others, are continuing to be ensconced within the 3-D matrix. This is what this discussion, here, today, was all about. We gave this suggestion to the one, James, here, that he would bring this up. It is important for

you to transcend, to move beyond the 3-D matrix. This is the programming that has been holding you back. If you continue to stay in the 3-D matrix, you will keep the matrix going. So all of you must begin to think in terms of not *when* these things are coming, but that they *are* coming. You have to understand, you have to *believe* that they are coming, the truth is coming out. And we have said times before that at one point all of this will be shown to you, it will become real in your understanding.

You just need to be patient, be neutral--that is very important here, be neutral. Be centered, and be in that eye of the storm and let everything revolve around you, the storm revolve around you, but you be centered within the eye. And be at a point where everything is peaceful and calm, and you do not become emotionally involved in what is coming out. And it is coming.

**Guest:** I agree and thank you. Just information about it. Thank you. I appreciate it. Love and light to you. Thank you.

**OWS:** Yes. Are there any other questions here?

**Guest:** Yes, I have a question, One Who Serves. Just in order to clarify what is being said to us from KaRa and from yourself, if this is what you are talking about. What I see is that my language and my truth has changed dramatically from where I was several years ago, and it just is. And I just know these things to be the truth. So this avalanche of truth that is coming, I can see it manifesting around me, and I can see it manifesting within the 3-D as well, their higher truth. I can see the truth coming more and more and more all around us through media, through movies. Just in the frequency of the people I can see the truth is already coming down that slope. It is a knowing I just know. It is what it is, and is that what you are saying, that we are to be that, and that will be the disclosure is that more and more of us are becoming the truth and living that truth. Is that what you are saying?

**OWS:** That is correct. Those of you, the Lightworkers, the Warriors, all of you are important, very important in bringing this whole process about. Without you, the ones that have been in the shadows would not be coming out into the light. But they are coming into the light, and everything that they have held back is also coming into the light.

So it is very important for those of your groups such as this to bring that light. Not only to anchor the light, as we have said, but to share the light as much as possible. To share the knowledge to bring all of this forward.

Because without you doing this, again, those ones would continue to stay in the shadows, the programmings would continue, and it would be many thousands of years in your understanding before there could be the ascension.

But that has all changed as a result of you, the ones coming to this planet, coming to this evolution, to bring these changes about. You are the *System Busters*. So it is time to bust the system wide open. Okay?

**Guest:** Yes. And I just have one more question about the believing is seeing. Well, it's like this: As believing is seeing, so I believe what you said when you told us last week look up to the skies. Last night, I just sat outside and looked up at the skies, and I saw two ships fly buy very fast like they were going somewhere. The two ones with me did not see them, but there was no doubt I could see these two ships go by. So seeing is believing as well as believing is seeing. Is that because I was holding a frequency that enabled me to see the ships? Or, are the ships visible to everyone, even on the 3-D plane?

**OWS:** You've heard the saying many times "for those who have eyes to see and ears to hear," that is what is occurring here. More, though, will be opening their eyes, meaning their third eye, as you have, and will be able to see more and more, and that was Ashtar that said that last week.

It is important for you to begin to open that third eye. This is why in several of the Advances up to this point we have been working with you on doing exactly that: opening your third eye, working with it.

Because it is important more and more to create the understanding that you do have the eyes to see, and that those things that are up there will begin to be revealed more and more. They are there, more people just need to see them. Okay?

**Guest:** So are you saying that I was looking through my third eye when I saw the ships?

**OWS:** That is correct.

**Guest:** Because it appeared like I was just looking through my eyes.

**OWS:** You were. Your third eye, though, creates the vision that goes beyond your physical eyes. You see? You are seeing with your physical eyes but, with your third eye open, you are seeing beyond what the “normal” (we do not like to use that terminology, but it has to be here), the average or the normal person would not be able to see because they do not have their open third eye. You see? So it would not even be in their perception that it was there. You see?

With the idea that you looked up at that moment, that is what let you know that you are ready as we have been saying, again, prepared and ready, to be able to have their experiences more and more.

**Guest:** So the other thing I left out was that I literally intended to see the ships. You know, I said “I intend to see the ships.” And then there they are. Is that part of it as well?

**OWS:** Is that not “believing is seeing?”

**Guest:** Well, I guess that’s another way of saying it, isn’t it?

**OWS:** Yes, of course.

**Guest:** Thank you, One Who Serves. Much love and light to you.

**OWS:** Yes. Any other questions here?

**Guest:** One Who Serves.

**OWS:** Yes.

**Guest:** Now, I have a lot of experiences with the ships in the sky, almost on a nightly basis, always. But I call them forward. And in my prayer while I am doing my invocations, I mentioned the other night that I haven't seen the Andromedan ships at all, only but once, and said "would love to see you guys again!" in a joking manner as I was acknowledging them.

And low and behold, I went outside and was looking and scanning the sky again, and there came a ship way, way, way up, which is where I saw them last time, way, way up. It just blinked at me. I said, Oh Yes! And started to try to follow it, caught it on video actually, two blinks on my video, and I kept losing it because looking through your phone and the sky at the same time is almost impossible.

But here is my question to you: they are definitely tuned in on us, and hearing our thoughts, and responding to us. Am I correct?

**OWS:** Absolutely. This is the idea of telepathy and how they are able to communicate, especially with those of their own, hint, hint. So as they are able to communicate with those who are ready for this, then they can be more visible and more real to those who are observing them.

**Guest:** Very well. Thank you.

**Another Guest:** Good question. They have been blinking at me also and responding to my thoughts. I keep saying, "Ok guys, just give me a little blink and let me know that you are there." And I will get a blink here or there in the sky. Does that mean my third eye is open, or they are blinking at me in 3-D?

**OWS:** We would say a combination of both, but it is not 3-D as you are saying it. It is a higher vibration. You must be in the higher vibration to be able to see them or witness them.

**Guest:** Ok. Yeah, because they seem to be conversing in some way (laughs). Thank you.

**OWS:** Yes. Any other questions now, before we release channel?

Then we are ready to do so to release channel. But before we do, we ask you to really take into consideration everything that is being given about not only anchoring the light, but *being* the light and *sharing* the light. That is very important, here.

Because you have all moved to the stage now, you as the group now, we are saying, have moved to the stage where it is important for you to not only be knowing of the path, but it is time to walk the path, as was given in the movie "The Matrix."

Walk the path, people. Okay? Shanti. Peace be with you. Be the one.