

19.12.05 – ANCIENT AWAKENINGS – PREPARE FOR CHANGE

Advance Tues. Eve. Call (OWS, Shoshanna)
James & JoAnna McConnell

One Who Serves (Channeled by James McConnell)

Much flowing here. Let me tell you, here! It's going to get quite hot, as a matter of fact! Many of you will need your fans or something to bring the heat down, because we are going to raise the heat a lot here. We are going to raise the energies here. We, not being us only, you also—all of you. We are going to raise the roof, you might say, here. So are you ready for this?

Now we are here to help to answer a question that was raised here. And we know it is changing your agenda, but nothing is ever written in stone, is it? So even your agendas are not written in stone. We are going to do this because it is important. Everything is being orchestrated, as has been given, and the James was given this reading here to the channeling through the Michael Love so that you could understand more fully here what is happening in the NOW moment right now.

Those things that you heard and that are largely very accurate, we will say, here. Not that it is all 100%, it never will be, because human consciousness and the collective consciousness doesn't allow for everything to be exactly as it is said here.

Now that is not to say that what was said is not going to happen in your 2020. But we are not going to say too much about that, because then we are taking away from the surprise that we planned for your New Year's Eve, assuming that you are going to be able to get together and have the New Year's Eve show that is being planned

here. And we will tell you that you want to be there if possible because there are going to be some major revelations that are coming for your next year.

But again, we are not in the prediction way of doing things here. We are not here to predict. We are here to just simply give possibilities, probabilities, things that very well could come true and likely will.

Because of the time shift that has gone on, your time lines have been shifting for some time. But now they are, what you might call 'slowing down' here. You are not going to go through so many time shifts, here. Because with your advent into that which is the Photon Belt that for some time now you have been in it, but you are moving in it more and more fully and strongly, here, and the energies have been picking up greatly.

There is distraction here. Not just your phone, now. Now you have this other one called the 'Zoom?' Zoom! We zooming off into the cosmos here! Yes! That is actually quite an apropos term, here. We like that! Zoom! We are zooming away! We are zooming on! Yes! But while we are zooming, please mute your zoom, okay?

(Audience laughter)

Anyway, we are/you are moving the solar system. We say we, because we are part of this as well. Many of us are here on the planet, we have been for some time. We have been for some time. We have physical bodies—not like your physical bodies necessarily, but we do have bodies. We have the bodies like you are going to have very shortly, here.

And everything that is occurring in terms of moving into this Photon Belt, as you are doing, is bringing about these changes. And these gamma rays that are coming in, gamma rays which raise your consciousness—*that* is what is going on, here. And it cannot be done in the old way with your old brain waves. It is not possible. That keeps you in the 3-D expression, in the illusion of the 3-D expression.

But you are creating a new illusion. And yes, in some ways, it is going to be an illusion. It is a creation process. So being a creation process, it is an illusionary process as well. But the reality of what it will be will be much stronger to you. And those things which you think about or imaging, or want to become in your lives will be much more immediate, especially as you learn and grow in this process, as you learn to work with the energies, as you learn to work with your thoughts. And as your thoughts become reality, you will be able to then control that thought process even more.

Just think for a moment: if you could just think about something now in your reality now, this illusionary reality, we will say here that you are in now, if you were able to think something to appear in front of you, and it appeared in front of you, don't you think it would be easier each time to do this then? Because you *know* it is possible, you see? We have told you for some time now: 'believing is seeing.' Believe it and you will see it. Believe that everything is changing and it is going to change, and it is changing in the moment right now.

So the idea of coming to a point where you can begin to stop the aging process—how many of you would like to stop the aging process right here now? Raise your hands high! Raise your hands! Say 'halleluiah' brother! Halleluiah! Everybody say now, "We want it!" (Audience: "We want it! We are ready for it!")

If you could *do* that now, it would become so much easier for you. So *that* is what is coming. As you move into the thought processes of the 5-D world, you will be able to manifest so much quicker. And as you manifest your thought processes much faster, and they become reality in your perceived reality in that moment, then it will be so much easier for you to do each time. But we will tell you this: it is a learning experience.

Just as you had to learn to experience in the 3-D expression from long, long ago when you were angelic expression and you decided you wanted to have a physical expression of some sort, you *played* with it. You played with the various life

forms that were here. You moved into them. You moved your life force energy into those physical forms and *played*. That is what you are going to do again. You are going to *play* in your new life form.

Now your physical body, you are *still* going to have a physical body. It will still be there. But it will be much lighter. It will be so much easier to work with, we will say here, than your dense, physical body. Your vibration will be so much higher, you see?

So everything is coming together exactly as it needs to. Is that written in stone? No. None of what is being given in any of these channeling sessions is written in stone. Nothing we say, nothing any of the sources are giving is written in stone. If you go back to earlier channelings where they spoke of earth expression or earth changes, and that there would have to be evacuations from the surface of the earth, and you would be taken up in starships, and all of these wonderful things—*that* is not going to happen now. That was then. This is now. So be in the NOW. Have we not been saying that over and over and over?

Be in the now. Let go of the past. Forget the past. Forgive everyone around you that you possibly can. Forgive. Do not hold any grudges any longer. And then, once you have forgiven, you have forgotten, you are ready to move on. Forgive, forget, move on, okay?

Shoshanna we do not want to exclude you here, of course. We wanted very much for you to bring your input, your very wise input into all of this. Do you have anything you wish to share about what has been given here so far? And then we can take questions. But then we would also like to do an experiential session here as well this evening. Do you have something, Shoshanna?

Shoshanna: (Channeled by JoAnna McConnell)

We can share if you wish.

OWS: Yes, you have our permission, yes. Please do so, yes.

Shoshanna: We share often based on the input of another. And we offer our perspective when we are asked to do so. So we are not certain in this moment what you are asking us to have a perspective on.

OWS: Very good. Would you like us to ask you a question.

Shoshanna: You may.

OWS: Very good. Then it was brought up by Yours Truly that you are working through there that is this written in stone, that which was just read here by the Pleiadians sources. Is it written in stone? Is it something that is going to happen, or is it just possible that it can happen? Is it likely to happen? That type of thing.

Shoshanna: So are you asking us giving perspective on the future?

OWS: No. Not the future. Because you are in the now moment. But everyone wonders, everyone being the human population, wonders when are these things going to happen. Is it possible that this could be happening—the Solar Flash, The Event, all of these things happening in 2020.

Shoshanna: What we would offer here, and this is so important to any process, is to ask yourself what you would like to have, what you would like to experience, you see. That is all it really is, because the human is the creator of his reality. There is nothing outside of any of us.

We create our reality moment by moment through consciousness. And consciousness is the only thing that exists in any part of the galaxy, the universe, and beyond. It is just consciousness, and consciousness *is* the matter, the construct, of the reality. So you see, every human being sees it differently, isn't that so? And that is because they are individual creators of their own reality, so they see things differently. You can have a conversation with someone, and you

actually think that they understand you (laughter) when they do not. Because they have their own reality. That is the challenge.

The challenge is to find a common reality. And, is what you call 2020, or the future, or what you wish to have, if enough beings on the planet share that common reality, they can participate in it. However, it will still be an individual experience, you see.

OWS: Yes.

Shoshanna: So, do you agree that you want these things?

Guests: Yes.

Shoshanna: Well, if you agree, then you must do what is necessary to manifest that reality, you see.

Guest: We are doing that.

Shoshanna: Perhaps. And perhaps you are not. Because we hear often through One Who Serves says do not focus on the past. Do not focus on what was. So would you say in all authenticity and honesty that you do not do that? Can you say for a certainty that you do not do that?

Guest: No.

Shoshanna: So then you see, the challenge of achieving what you wish to achieve lies in the work of forgetting the past. Moving past the past. And I will tell you from my perspective, and from the perspective of the cynical being that I speak through (guests laughing), and you know she is somewhat cynical (guests laughing). Is that not correct?

Guests: Yes.

Shoshanna: But she is a feisty personality and she loves everyone. And she is cynical. (Guests laughing). (She is. She does not want us to say that, but that is correct.)

So, we will say that if you wish to achieve the things that were talked about in the great channeling that was read, you have to buckle down, people! You have to watch yourself in every second. You have to *be* in the moment. And when you speak about the past, lamenting the past, being victimized by the past, you see? And *everything* is in the past. So everything—what we said just now is in the past. So everything is in the past. So that means you have nothing to talk about. You have nothing to say to each other, unless you are speaking in the present moment. Do you see that?

Guests: Yes.

Shoshanna: So if you wish to manifest this light reality of the fifth dimension, they do not have a past. They do not acknowledge time. We promise you this. They do not have. And every time—there's that word! So when we hear, and we apologize for this, but when we hear words like time shift, time line, time, you are staying in the third dimension. Because there is no time beyond the third dimension.

There is a construct of time in the fourth dimension that allows the third dimension to have its experiences, which is great. We have many good experiences, here. Yet, every time you refer to time, you are in the past. So we would tell you that all things come through based on, guess what the word is?

Guests: Now.

Shoshanna: Based on consciousness. So where you are now in this moment in your conscious knowing self is what you are manifesting. We hope we have answered that. Namaste.

Guests: Thank you. (Clapping)

Guest: Could I ask Shoshanna something?

Shoshanna: You may ask me a question. We are prolific.

Guest: Okay (laughter). Being in the joy of this moment as we think for the future, is that an okay 5-D expression? And then when we get to the future, we deal with that. Now we're here. If we get to the future and it feels a little different, we deal with *that* and try to bring that 5-D. Do you see what I am saying?

Shoshanna: We do not.

Guest: Okay. I guess Joanna's concern was that if we are in here now and we are excited about the future, but we don't really know that future is going to happen, right? So about when that future happens and then it is not that, then everybody gets cynical. But wouldn't it be acceptable and okay in a 5-D sense to be in this joy now, and then deal with the future when the future gets here?

Shoshanna: There is no future.

Guest: Ahhh!

Shoshanna: The challenge of the human is the future. That is where that desire lies. That is where disappointment lies. That is where frustration lies. That is where expectation lies. And it is a time construct. We tell you, if you wish to have joy, if you wish to live free of the bond of time, stop speaking about the future. This is our message to you, Dear Sister.

Guest: Okay.

OWS: And stop living in the past. Let it go. Move beyond it. Change the story. Many of you go over and over and over and over the same story again and again and again. It is time to let that go. Change the story. Do not hold on to the same old thing.

Because what is the definition of insanity? Doing the same thing over and over again and expecting something to change.

Shoshanna: We must offer something here.

OWS: Yes.

Shoshanna: We must offer a fuller understanding as it is our perspective. If everyone can imagine their future as if it was real, and when you get there, does it look like anything you imagine? Is it mostly not? It's mostly not because it does not exist. You are reacting your life in a moment-by-moment basis, and when you get to the point where you think it is the future and it didn't show up the way you thought it was going to be, it is because it didn't exist. It only exists in the construct of consciousness. So don't be surprised. Don't bother, you see. Does this make sense to you?

Guest: Yes.

Shoshanna: Okay. Namaste.

OWS: Very good. Are there any other questions before we move on with the experiential session, here? Then we are ready to do so, here.

(Meditation with OWS)

Please everyone get into a comfortable state of expression. Relax. Relax your body. Begin to breathe evenly and deeply. Get in touch with your breathing. Let your breath take you deeper into yourself into a centered self, here. Just breathe in

and exhale out. Breathe in, and exhale out. Breathe in the light, exhale out negativity of any kind. There is no reason to have anything negative whatsoever brought here, whether you are here in person or whether you are on these contraptions, here. It matters not. Let it all go. Focus on your breathing. Become centered within your breathing. Letting go. Relaxing.

We are going to count down from 5 to 1, and with each descending number allow yourselves to go deeper with each number, here. Deeper and deeper. Five, four, three, deeper, deeper, going down, down; two, and one. Deeply relaxed. Not focused outside of your body, just simply within your consciousness.

Now as you are breathing in the light, let that light move throughout your body, filling your body with light. Let that light go to every corner, every crevice of your body. Just see yourself filling with light. Golden white light. Brilliant light.

Now I would like you to move through your third eye center, your consciousness out through that doorway in your third eye, as if it were a doorway or a window, out into the astral world. Let yourself go out through that third eye.

Specifically, do it this way. Don't go out through your third chakra, your solar plexus. Go out through your third eye.

Find yourself in the room wherever you may be, whether you are here in this room, or wherever you are, it matters not. See your physical body there, separate from your conscious knowing self. Think of yourself as a little ball of light dancing above your physical body, looking down at your physical body.

Now let yourself move into your merkaba light vehicle, your light body. Those of you that don't have a sense of this, just simply see a star tetrahedron. That can be as a six-pointed star, a three-dimensional six-pointed star. Visualize that. See that just outside, or just connected somewhat to your physical body. You may see it all around your physical body, or you may see it just simply attached to your physical body.

But now, as a little ball of light, as the consciousness that you are, let yourself move into that star tetrahedron, into that three-dimensional six-pointed star, as if you are moving into a small craft. This being your light body.

And as you move into it now, sit yourself down into it. You can begin to take on a body now. You don't need to be that little ball of light. You can have your astral body. Make it anything you want it to be. Simply create your body. You want to be the most beautiful woman in the world, do that if you like. If you want to be an Adonis, a god, do that. Whatever it is. Do you want to be a blob of light? Be that. Have it be you, though. Make it you, in your astral body, within your merkaba light vehicle.

Surround yourself with your light body. And in that light body, now, begin to rise upward, just a little bit above your physical body. Don't go too far yet. Just rise up. Then rise up to the ceiling of wherever you are, and through the ceiling out into the outside of the building into the sky, but not far up. Just a bit above the roof. Feel a sense of motion as you do so as you are riding in this vehicle.

But now, don't make it a vehicle anymore. Make it your light body surrounding you, as if it was your aura. And it *is* your auridic field. So as whatever you created yourself to be in your astral body, see yourself surrounded by your merkaba light body, and begin to feel the sense of motion as you ride around. Maybe you do some summersaults, you dance, whatever it might be. You can do this in the air. Fly, soar. But don't go up too far yet.

Look down and see the roof of the building wherever you are. See the trees. If it is nighttime, as it is here, see the lights all around. Get a sense of being outside of your physical form. You can see your physical body down there, can you not? Just see it laying there or sitting there.

Now as you are floating around, do a little flying, here. Go from wherever you are now, and fly off in the distance somewhat. Notice you can take the viewpoint as if

you are in a plane, or you are a bird, or something of this nature, and fly over all the scenery. Or you can simply think yourself to be somewhere, and there you are. If you want to be back home wherever you came from, then think it and you are there. And then think it again, and you are right back again.

Motion leads to awareness of consciousness. For as you feel that motion, you raise your consciousness. You raise your vibration.

Now I want you to let yourself rise up above the roof of the building again wherever you find yourself. Rise up to a point approximately 500 feet above the roof. You will know, or your Higher Self will know where that 500-foot level is.

Those of you that have done this before, and we took you back into past lives or whatever it might have been, this is a little different this time, Because this time you are going in your light body and, you are not going to go so much back in time because, as you know, in the higher expression time does not exist.

So this is going to be all about going up multidimensionally. This is called the multi-awareness process. Multi-awareness means you can be in many different places at once. You can be in the past. You can be in the future, if you stay along the time line. But you can also go up in expression. The multi-level awareness allows you to have many different levels of awareness.

And just for a moment, before we go further here, just to see how you do with this, being multi-level awareness, see if you can be at that 500-foot level and see your physical body down there. Can you see your physical body down there, people? And be at that 500-foot level as well? So you are in two places at once, correct? Your consciousness in two places. You could go back and forth. You could be there sitting or laying down, looking up at yourself, your light body high above. And then in the next moment you can be up there looking back down, can you not?

Now let's try something else. Split yourself into a third point of view. See if you can do that. Split yourself away from the light body that you are there into another

portion of yourself and be in three places at once. Can you do that? It's not that difficult, is it?

It is interesting, because when we first did this with this one, James, he had great difficulty with this a long time ago. Because he was not acclimated to these energies yet. But you, those of you, have been acclimating to these energies. You have been raising your vibration not only daily, but at every moment you have been raising your vibration over a period of time, now.

We know we are using the expression, 'time,' but we are speaking to your three-dimensional consciousness predominantly, here. So we need to use the terminology that is apropos for your consciousness at this point. When you are fully in the 5-D expression, you will not need to use this terminology any more except when you are working with those who are in the 3-D expression in themselves at that time.

So you are able to split yourself into three. See if you can do it into four. It is going to become more and more difficult to do so.

But think in terms of what is coming, in terms of your expression that is going to become a part of you. Because at some point, you will be able to remember how to not only separate yourself into one or two or three different parts of yourself, but many multi-dimensional parts of yourself, and become aware in all of those parts. Just as we, the ones who are working with this group, we can be in many places at once and still be here speaking to you in this respect.

And if we wish, we could be fully here in the room with you, even more so than normal. But we do not do that at this time, because you are not quite ready to receive our vibration—it will be too much for you to handle at this time. But, if your vibration is raised enough, then we could do so.

Now, we could also lower our vibration, which we do at times in order to be of service to those that are needing that expression of service from us. And we do

that. We do that in our native land of Tibet. We do that in South America at times when there is a need. When we can be of service. Just as you will be able to do, as well, as you move into the 5-D expression more permanently, and then step back and assist those who are needing assistance. You will be able to be of service in this respect, just as we are doing with you, if you wish.

Now, we are ready for the next process, here. Are you at that 500-foot level? If not, go back to it. Yes, everyone go back to the 500-foot level. And we want you to create a brilliant bright light. Just imagine, visualize a brilliant white light all around you, as if you are looking at the sun, and the sun became brilliant, brilliant white or golden-white light, blinding your eyes if you were to look at it directly. Just brilliant light. Do you have that? If you like, you can take out your sunglasses from your pocket and put them on.

But once you have that brilliant, brilliant light, this is where the multi-level awareness part comes in. For now you are going to let yourself go. Let yourself rise up. Or, if you feel a sense of needing to go back, you can go back in time. Of if you feel like you want to go ahead, you can go ahead.

But for this particular expression, we would ask for you to call upon your guides, whoever they might be, and most of you already know who they are, and ask them, or even ask your Higher Self, to take you where you need to go as far as if you are wanting to know your family, your home area, where you came from. Perhaps a system long, long ago, far, far away, a galaxy far, far away, you know that saying. Wherever it might be, let your guide, your Higher Self, take you there, take you to the expression of who you were perhaps before, or where you came from, your home area, or perhaps multi-dimensionally in terms of seeing other multi-dimensional aspects of yourself.

You may go into a parallel world where there is you possibly in a parallel world at the same time, here. You may be male, you may be female, maybe opposite of what you are now, or you may be the same. You may have expression that is very similar to what you are here now, or it may be completely different, or have some

similarities, just to show you that it is a parallel world, here. Let that be, if that is where you are guided. Whatever it is, let yourself go now, and be guided here.

We are going to be quiet, here, for a little bit and let James also experience this as well. He usually does not get to experience these expressions, but we are wanting him to do so at this time. So let yourself go, and we will be calling you back here in a little bit, here.

Very good. We were simply wanting you to have a glimpse of this. Not a full expression, not at this time. But know that at any time you want to, you can use this same expression, this same technique, this tool, and you can do the same thing. You do not need to have us guiding it. You can guide it yourself or have a friend who would be able to assist you in this process and be able to do this, or anything else that you want in a multi-level basis such as this.

So allow yourselves now to come back. Come back if you split yourself into more than two. Come back into your second one, the astral form that you chose within your merkaba light vehicle, your light body, and come back toward your physical body. But as you do so, become that little ball of light again.

You have all seen movies or TV shows where there is this little ball of light, this little consciousness speck. This is what you are, here.

Allow yourselves to come back into your physical form. Tuck yourself all back in. Make sure you are fully in.

And your expression, which is your merkaba light vehicle, or light body, let that surround your physical body, now, and leave it there like that. Let that be the auric field that is around you. Your light body. That auric field, that light body can protect you from *anything*, predominantly, negative thoughts. If you are ever feeling like you are being bombarded by negative thought processes, simply be aware of your light body around you, and that will act as a barrier to push back any kind of negative thought whatsoever. Try it. You'll see. It works.

It is one of the many tools that you have at your disposal. Many that you are given. Just simply pick the ones that you like and work with them, and become proficient at them and with them.

Now let yourselves come back into a complete state of consciousness and circulation, fully revitalized and refreshed.

Would anyone care to share where they were guided to? And if you do so, please come up to the microphone here, so that those that are on the phone and the Zoom here can hear you. Anyone wish to share?

Guest: I don't mean to be negative or anything, but I didn't feel anything. Either I'm too tired or hungry, or I was just behind my eyes I had a hard time imaging all those things, and am a little frustrated. I didn't get it.

OWS: Very good. But your first concept here is where you are going off the deep end, you might say. That which you said you were imagining. Your idea of imagining is not reality to you. You are thinking when you imagine something, it is simply a figment of your imagination. Is this not correct?

Guest: Yeah. I have to think about it to imagine it.

OWS: Yes.

Guest: It's like work, and I'm having a rough time focusing on going anywhere. It's almost impossible.

OWS: Because you do not see it as real.

Guest: Okay.

OWS: You see it as, as we say, a ‘figment.’ That was a programming that was given to you long ago, and you grew up with it. Not only you, but everyone here for the most part. You all heard that, did you not? “That is just a figment of your imagination, there is no one really there, there is no ‘Special Friend.’” Like when you are a child and you had those Special Friends. Most of you had that, did you not? Those special invisible friends? That your parents could not see. And you said, “but Mommy, Daddy, they are right there, they are right there in front of you, can you not see them?” And they would say to you, “That is just your imagination, that is just a figment of your imagination, it is not real.” And you heard that, and you were programmed into that. And in school you heard it. You heard it over and over and over and over again, that it is not real.

But, we are telling you, it is real. It has all been real. You all had (you may not remember, or you may have blocked it out), but every single one of you, being the Starseed and the Lightworkers and Lightwarriors that you are, every single one of you had those invisible friends at one time or another when you were little. You had that. Some of you kept it somewhat. But for the most part, it was lost. But it is coming back now. It is coming back through these types of processes, through our helping to reprogram yourselves to know that it is *not* a figment of your imagination—it is a reality.

Have we not said many times that imagination, visualization is the thought process of the fifth dimension? When you imagine something, *that* is thought in the fifth dimension, and it is *immediately manifested*. You have to come to that understanding.

So, in understanding where you are, Dear Brother, do not be frustrated by this. We have one in our midst, here, the one, Cynthia, she can tell you all about these frustrations, can she not? She has been frustrated for many, many years, decades even, as we find it, here. But little by little it has come to her.

Now, we tell you also, just as we gave to her some time ago and she experienced this for herself as well, we tell you that because of where you come from, you do not have the sight processes as much as you do the feeling process.

Guest: Right.

OWS: You feel more deeply than you can see. You do not see reality directly even though it is there right in front of you. So it is something that can come, but do not be concerned about this, for it is what it is at this point. If you continue to work with it, you will begin to have some success with expression, here.

It is true, though, you are tired. You may be hungry. All of these things are taking up your consciousness, here, taking you in a different direction, not allowing you to be in the experience. And that is what you need to be. You need to *be* in the experience or, even more importantly, *be* the experience. You see? But you cannot do it if you are expecting something to happen, and it is not happening, and then you become more and more frustrated by it, you see?

Guest: Yes.

OWS: Very good. We preverbally hit the nail on the noggin, did we not?
(Guests laughing) Very good.

Guest: Thank you.

OWS: Yes. Would there be other comments, questions, sharing here, more sharing? We are interested in the sharing process, here.

Guest: I can share.

OWS: Yes. Come forward please. “Come forward, my Dear Sister.” (Guests laughing)

Guest: I was taken to what I would call like the moment of origin. I could feel like the light was streaming down on me, and there was “let there be light, let there be light, let there be light.” And I just knew that I had been a part of that creation of that thing. And then it was just like “I AM, I AM, I AM.” There was such a profound joy that I was seeing and I AM, and that I actually had a part of creation of that, whatever that was. And that was me. Oh my goodness, that was so delicious.

OWS: Very good. We appreciate your sharing this. And have you not been told by many different sources through various channeling expressions and knowings through your own self, a deeper knowing, have you not known that you have had these expressions before? For you were creators of *worlds*, creators of *galaxies* even at times. In your play that you did, you created and played many, many, many millions and millions of times, here, as your angelic expression that you were and are, even to this day.

You are an angel, an angel expression within your human body. You may not think of yourselves as angels, and sometimes you probably think of yourselves as devils. (Guests laughing) But you *are* angelic expression, here. You see? And you have had the power, the god power, the creative god power within you always, and in all ways. You just forgot.

But you purposefully forgot, to be a part of this experiment and to create this experiment into being, to bring about duality so that there is freedom of choice, you see?

But the freedom of choice experiment, here, is coming to an end, as you know it, here. Not that it will not be in other places of the universe. And, as we have said many times, you will likely be called upon again to be of service. And you will hear that clarion call again, and you will go to that conclave that is called upon, and you will be there with all of your brothers and sisters, and everyone excited, and they will say, “Well, we have another planet for you to go to, and we want you to consider becoming apart of this new evolution, are you ready to do it?” And you

will all look at each other, and you will remember back to what it was like here, and then you will say, “Sign me up! I’m ready!” You say no now, but we tell you, you will do it again. Because that’s who you are! That is the angelic expression that you are, to be of service, you see? Not the way you are necessarily here in your physical body. You say, “no way am I going back and doing that again!” But you will. We promise you. We make you a bet, okay?! (Guests laughing) Can we bet here? We are somewhat joking, here.

You will have the freedom of choice to do whatever you want, because you will not be a part of this displayed expression here anymore on this planet, which some are calling ‘the prison planet.’ And it is only a prison planet if you believe it is, though. You see? It can be ‘heaven on earth,’ here, as well.

Guests: Thank you.

OWS: Very good. Would there be anyone else who wishes to share here? It can be someone here on the phone or in your video conferencing here as well. Anyone?

Guest: I will share.

OWS: Yes please, on the phone, here.

Guest: Yes. Hi. I was taken to a past life, I guess. It was a native girl, a Native American, and she was kind of on her knees, just very sad, crying. I realized her family was killed, her land was taken, and there was just so much sadness and anger. So I just reminded her that all of those people that did that to her and her family were aspects of her and it was her own creation so that she could forgive them, even though she didn’t get to do that in that life. So I just stayed in that moment with her and tried to bring light into her body and just send it out to her village and to all of her people, and asked her to join with me and bring that part of me back.

OWS: Wonderful. So that little girl was an expression of you, was it not?

Guest: Yeah. I think so.

OWS: Yes. You are speaking as if you are speaking about another being, but it is you, in that aspect. You see? Do you understand this?

Guest: Yes.

OWS: Yes. Do not say 'her,' say 'me.' There is a difference, here. And as you do that, you become more fully a part of that expression of who you were at that time, and who you are continuing to be at this time now. All of it is one, even though that is an expression from a part life, here. That expression that was you at that time is a part of you now in this time. You see? And the forgiving that was needed to do there, is the forgiving that is needed to do also here in this lifetime, as well. Do you understand this?

Guest: Yes. Thank you.

Shoshanna: Shoshanna wishes to share.

OWS: Yes please, Shoshanna share, yes.

Shoshanna: Shoshanna wishes to share with you, our perspective on this. May we share?

Guest: Yes, please.

Shoshanna: Our Dear Sister, what a wonderful experience. What an enlightening experience that you had. And we will tell you, you are an enlightened being, and we know you. We will tell you that that experience was a fragmented part of you that you got to heal, that you got to bring light to in that experience to heal in the presence moment that which you suffer from. There are things that you

suffer in the present moment from that life that you lived you brought with you, so you see you went back to heal that and in healing what you call the pasts, you completely healed the present. Do you see this?

Guest: Yes. Thank you.

Shoshanna: Yes, and we love you so much. Namaste.

OWS: Very good. Wonderful. Now would there be another here that is wanting to share?

Guest: Yes, One Who Serves. First of all, I would just like to say, I've never thought of myself as a devil, but I do admit to sometimes feeling like a naughty angel.

OWS: Very good. What is your saying, "to-MA-to, to-MAH-to?"

Guest: (Laughter) Okay, thanks. I just had a very brief glimpse of a feline woman who was a queen. And what I'm not sure about is if I was seeing family or myself, and so I am wondering if you can give me any feedback on this?

OWS: You are speaking of the feline expression of yourself? And where do you know from feline, here? Where does it come from?

Guest: From Lyra.

OWS: Yes. Sirius.

Guest: Sirius. They had to go to Sirius.

OWS: So you understand, then, why you are experiencing this? Because you come from that constellation. As *one* of your experiences, *one* of your expressions.

Guest: Right.

OWS: You have many more than this. But this one is a predominant one that is calling to you. They are calling to you, Dear Sister. Do you understand what we say, here?

Guest: Yes, because I feel very much calling to them, and I really, really want to see them.

OWS: We will say you will, but you are as well. They are very much with you, and they have expressed themselves to you at times in the sky, have they not?

Guest: Yes, I was just telling my sister the other day, explaining my experience again, when I watched this beautiful dark cloud formation just transform itself in front of my eyes to a lion's head with clear blue eyes. Yeah, that's something that I will never forget. And right before that, I saw the expression in that cloud that I saw was of a sideways view of a bird head. Am I correct because I am thinking that that is my Arcturian family, am I right with that?

OWS: Not so much Arcturian, but you are correct in terms of the aviary expression.

Guest: Avian, right.

OWS: Avian, yes, avian, not aviary, [but] avian.

Guest: Okay, can you straighten me out, because I always want to somehow put the Arcturians with the Avians. Are the Avians, what planet are they from? That we cannot go into here. We apologize, but we cannot give too much to you here, because it is all coming. It is all going to be a part of your expression. It is there right now within you if you search deeply within yourself. Not so much go do your Google search, you will not find it there. But do the Google search within yourself!

Guest: Okay, my Google search has telling me that more recently they would be considered from Venus, is that correct?

OWS: No. That is not quite correct. But we are not going to play 20 questions here with you. (Guests laughing) We are not going to give you the answer that you are looking for, because you need to look for the answer yourself within. Okay?

Guest: Alright. Thank you.

OWS: Would there be other sharing, here?

Guest: I would like to share. I went some place where I was making a speech. And I remember the speech. I said I am the lady that always has the owl on her shoulder, and the owl represents her god. And the owl represents that the owl can see behind the scenes and knows what is going on with his eyes.

OWS: An owl can see through the darkness, can it not? Yes? And the owl is wise, is it not? Yes.

Guest: So what this speech also said was we are now at the place when all this will come and be disclosed. That is what the owl is seeing as I was speaking.

OWS: Yes. But what you are not directly getting, here, and we will give you somewhat of it, you were one of those that gave the speech at the clarion call, along with Sananda and others.

Guest: Okay. I get to know more every time, don't I?

OWS: Yes. "Ask and ye shall receive." But not all the time! (Laughter)

Guest: Also, I felt that part of me that I don't recognize in my human body here, but I know that I have been speaking because, I hesitate to mention my real name, because I don't want to seem like I'm better or anything from anyone else. I'm always worried I don't want to do that. But can I speak that now, can I do that now?

OWS: And what purpose would that be for you, here? Or how would it be purposeful for anyone else here?

Guest: To me, it would be more authority-like, the truth coming from my being, and the message I think would be more accepted maybe.

OWS: That is not correct. You do not need to be anything but what you are now, no matter who you were before, or who you are in your multi-dimensional aspects of yourself matters not. You just simply need to be in the now moment and who you are now, and you being the higher expression within yourself. In other words, you have a Higher Self, do you not? And that Higher Self you are speaking of, here, does not need to be named, here, necessarily. Because all it does is bring the ego process into this. But, you can know within yourself who you are. Not who you were, but who you are. Because that expression that *is* you, no matter who you look at it, here.

Shoshanna: May we add here?

OWS: Yes, please, Shoshanna.

Shoshanna: May we offer, Dear Sister, our perspective?

Guest: You bet. I'd love it.

Shoshanna: There are many here on this planet that have been dismissed, that have not been valued, and they do not understand that those that have not been acknowledged, those that have been dismissed, do not heal this with a name. They

do not heal it with a title. It must be healed from within. One must see their own light and one must vow if they choose to be a messenger to remain nameless. That is the truth of the true message. Namaste.

Guest: Now isn't it true that they don't really have names, like they do when they are speaking to us, the Ascended Masters, because we have names here and we must have names because of the way our vibrations are being identified.

Shoshanna: Dear Sister, may we share once again with you?

Guest: Yes, oh yes. I figured you would tell me.

Shoshanna: You have made every attempt in your life to live from love. You, even though there was a difficulty in your life for so long, you remained since that in believing that you exemplified love. That is how you survived the many things that happened to you. You remained steadfast in knowing that you are love. Is this not true?

Guest: Yes. I finally came to that conclusion.

Shoshanna: So what we must tell you when you say that there are others like Ascended Masters that do not truly have names, that is correct because the only thing that matters here and anywhere is how you vibrate. Do you extend love? Do you extend compassion? Because those are vibrations. Do you extend service to others? Do you radiate acceptance of others? Those are vibrations that no name can call itself those things, you see. So we are acknowledging you that in this lifetime you have made the decision to vibrate love. That is all that is necessary, here. Do you understand this?

Guest: Yes, and I want to thank you.

Shoshanna: Namaste.

Guest: Thank you so much. Thank you, One Who Serves.

OWS: Very good. Are there any others who wish to share?

Guest: The other Sister talked about suns. I saw many stars. And then it came into my mind, “You are the light behind the light.” What does that mean?

OWS: You are the light behind the light. We would ask you: what does it mean to you? What does it mean to you?

Guest: I AM the light.

OWS: Okay. What does it mean, you are the light behind the light? Why do you feel you were shown this?

Guest: I am the one that makes the light.

Other Guest: You are Source itself.

Guest: Yes, I am Source.

OWS: Yes. Not the only Source, certainly. But you are part of the great Source, just as everyone here, everyone on the phone, everyone on the planet, everyone in the solar system, the galaxy, the universe is part of the God-Source. You see? And the God-Source is part of them. You see? So you are the light, and you are that which is before the light as well. You see?

Guest: Okay. Thank you.

OWS: That was quite deep, was it not?

Guests: Laughter. Very, very! Like wow, man! (Laughter)

OWS: Talk about getting a big head, here!

Guests: (Laughter)

OWS: Anyone else wish to share?

Guest: I would share.

OWS: Yes?

Guest: Mine is very different. I found my physical body, my head, very slowly turned to the left, and then my chin was kind of brought down to my shoulder, and that is where I stayed. I didn't see anything. And my physical body was kind of contorted, actually. Then when we came back to our conscious self, my left hand is really, really sore and to make a fist hurts. So, what happened?

OWS: What you are being shown here is that your expression is real. There is a physical portion, or a physical connection to that which you experienced, to let you know that it is a real experience, that it is *not* just a figment of your imagination, you see? It is a reality. And it was given you physical expression to let you know that it is real. Do you understand?

Guest: So is that a parallel life maybe where my physical body is contorted?

OWS: It could be. But what do you feel it is?

Guest: I'm kind of confused by it. When it happened, the thought crossed my mind that I almost felt like Steven Hawking. That was an image that just came to my mind.

OWS: And that is something that you have a great deal of difficulty feeling a connection to, no? In terms of your body having an experience such as this in a lifetime, here, correct?

Guest: Yes, yes.

OWS: So this was shown to you so that you would know that it does not matter, because it is what it is. You are who you are in any expression. And in this expression, you are *this* Dear Sister, and in *that* expression you may have been, or may be, the Steven Hawking of that particular lifetime, you see? And in an another expression you may have been something completely different than that, and again, and again, and again—all of your multi-dimensional selves, here. You See?

Guest: Okay. Right.

OWS: So, as your expression in this lifetime as *this* Dear Sister, you are having your experiences and learning from those experiences, just as your multi-dimensional self in *that* respect was learning from that experience. And guess what? All of your multi-dimensional selves are learning from all of your experiences. So that means you do not need to go out and have that experience, because you are already having it at another level, you see?

Guest: Yeah, yeah.

OWS: That is probably something many of you have not thought of before. All of your multi-dimensional selves are creating all of the experiences for the YOU.

Guest: So we are kind of teaching each other, aren't we? Helping each other behind the scenes.

OWS: Yes. That aspect of yourself agreed to have that experience. Whereas you, as this Dear Sister, agreed to have the experience that you are having, here. You See?

Guest: Okay. Alright. That's very interesting. Yeah, I was almost disappointed that I didn't get to go somewhere, but I guess I did go somewhere.

OWS: You did! You were shown what you needed to be shown, there. But we are saying that because you were shown that and then you shared this, everyone else learned from that experience that you had. You see? See how this works?

Guest: Yes, I do. Thank you for answering. I was a bit intimidated to even ask, because it was so different and seemingly so kind of bizarre. But it really isn't, and I love you for answering this.

OWS: Well we love you for asking the question, because everyone benefited from your sharing your experience.

Guest: Thank you so much.

OWS: Yes. Would there be anyone else who wishes to share, here?

Guest: Can you ask James if he would be willing to share his experience? I don't know if he would want to or not. I know he was getting kind of squirrely.

OWS: You are very perceptive, Dear Sister. You and this one, James, are so close together, you really do not yet understand the connection that the two of you have. It will come to you at some point. But to answer your question: yes, he was very tearful, here. Because he found himself with his Dear Sananda and Lady Nada, and the connection is there with them, and the feeling of being long separated from that. Even though he brings the Sananda through and Lady Nada through at times, it is not the same thing. The channeling process is wonderful, but it is not the being process there with your loved one, you see? So there is a deep portion within the James who longs to be there on the New Jerusalem with the Sananda, with Lady Nada, with Ashtar, with all of the family, we will say, here. You see? So does this answer your question?

Guest: Yeah. I thought it had something to do with Sananda.

OWS: What about you, Dear Sister? Why don't you share here?

Guest: Well, I basically had a lot of the same experience as the other Dear Brother did. But I have things going on, you know. I had that dream a long time ago that I told you about where I was at Mount Shasta and there was a window in the dream, remember? And you said, "oh, once you go through that window, you'll be able to go." So I always go to that window now, go out my third eye.

OWS: Yes.

Guest: So it's a little confusing, because you say to look at your body. But my body is back over in Payson, I'm at Mount Shasta, and it was all kind of crazy. Then I was the ball of light. And then I kind of went to meet my multi-dimensional self from Antares. And then I felt like I was on the New Jerusalem at some point. So I don't know, it was just all kind of crazy.

OWS: My goodness! Did you all hear? She began this and it was just like the Brother had here, the Orv, but it was not at all, was it? No! She had an experience.

Guest: Yeah, and it's just like I don't know if I am just making that up.

OWS: There we go again! There it is, there it is again! "I am making this up! It is my imagination!"

Guest: I have to concentrate so hard, like Orv was saying.

OWS: You don't concentrate. You just let it be. Let it be. Yes.

Guest: That was kind of the craziness, my experience, I suppose.

OWS: Listen, we believe there are others that have a similar experience and are not sharing it because they feel like they are alone, here, but they are not. Many of you have similar experiences because of what we said earlier about your upbringing, how you were told, ‘figment of imagination, not real.’

Well, what if they had told you, what if your parents, your teachers, your friends, all had said, “Wow, what an amazing experience you are having, can we meet them? Can we sit down with them?” What if that had happened? Everything would have been different because, guess what? You would believe, and then you would see. Your whole lifetime would have changed from this.

But, of course, the programming seeped in. If it was not from your parents, it would come from your school process. If not from the school process or your parents, it would come from your friends *laughing* at you, you see?

Shoshanna: May we share?

OWS: Yes, please do.

Shoshanna: May we share with you, Dear Sister?

OWS: Of course. Thank you.

Shoshanna: We will ask you a question. And you know that this is especially for many when we ask a question. So we must ask this. What perspective do you wish to follow on this?

Guest: Do you mean are you referring to when we were in many different places, like the fall of, or the places...

Shoshanna: We are speaking of the perspective you have on your being. Not the perspective you have on an incident, but the perspective you have on your being. And we use this opportunity to ask everyone here, what perspective do you wish to

have for yourself? And we apologize for this directness, but when an individual such as yourself, or JoAnna, or anyone says, “oh, I am wrong, this does not happen, I am confused, I did not really experience this, I am unhappy, I am frustrated.” Who is speaking those words?

Guest: Not my Higher Self.

Shoshanna: Who is speaking those words through you?

Guest: Well, I was personally attacked, I was in attack.

Shoshanna: We will answer our own question. That which was speaking through is you is your programmed agenda.

OWS: Yes.

Guest: Yes.

Shoshanna: Your program wishes to speak through you. Do you wish for it to speak through you?

Guest: No, I would like to change it.

Shoshanna: Well, then say something different! Whether you express yourself or about an experience that they have, express it in joyous terms! Express it as if *it is the greatest experience anybody could ever have!* You are the queen of experiences! And we tell you this because that is how you change. That is how you become the *magnificent being that you already are*—you just don’t know it.

Because many of us say the same things over and over again, and we get to be older and older, and we don’t see that anything is changing. Because we are saying the same words. We will tell you from our perspective, because this kind of opened a can of worms...[end of conference call time duration]