

## ANCIENT AWAKENINGS – PREPARE FOR CHANGE

19.08.18 Sunday Call

(Yeshua Sananda, OWS, & Shoshanna)

During the Advance – ‘The 144,000’

James & JoAnna McConnell



YESHUA SANANDA (Channeled by James McConnell)

I am Yeshua Sananda. I come as both, here today, to be with you. To share. To experience your love. Your love that is transcending the universe, now.

For as one said earlier: you have no idea who you are at this point yet. Many have shared this with you at various times, attempted to bring this understanding to you. Not to raise your ego, but to raise your consciousness. For as you raise your consciousness, that part of your ego that is the love part of your ego, raises also. And the lower part of your ego falls behind; not to be lost, but to be overcome, to be overshadowed, overlit. And that is what you are going now. As you are moving into this first wave of ascension.

And yes, you are moving into that wave. How quickly you are able to move through it is entirely up to each and every one of you. Yes, it is a collective ascension. But it is also an individual movement. And as individuals, you have the capacity, the potential, and even the probability of fully moving through this ascension in the not-too-far-off future. And in reality, you look beyond the illusion, now, you are in the ascension NOW in this moment, all of you, at various levels.

But the ascension is not an overnight sensation. It is not an experience that brings you up into the higher vibrations and keeps you there in a blink of an eye. But yet, for some, it can be exactly that. Just as the one who experienced the disappearance of her physical body from another being able to have sight of it, just as she was able to do this without even knowing she was doing it, she raised herself up at a more unconscious level into those higher vibrations of the fifth dimension and therefore, in that state of consciousness, ceased to exist for a time to others who would not have the eyes to see at that point.

So too, each and every one of you in this space that you've found yourself last evening, also at times did the same, even though there was no one here to witness the disappearance, all of you did rise up

into that fifth dimension for a time. And if there had been one here who was somewhat of a skeptic, who was one that did not have the eyes to see, they would have received the proof at that moment that something was out of the ordinary, here, beyond the illusion, beyond the third-dimensional expression.

I, as Sananda, Yeshua, speak to you now with love, with understanding, with oneness, with joy, with compassion, with peace to all and each and every one of you because you came along with us long, long ago. I, as Sananda, you followed me here to this planet, to this experience, to this experiment, knowing full well that you would all lose yourself in the game for a time. And you have all had various in your evolution here through your many lifetimes, your many experiences, your many travails.

And yes, you played both parts at times. Sometimes you were the light. Sometimes you brought the darkness. All to help you to understand what the darkness is, so that you could fully understand the light.

So those of us who placed you down as your personality could also understand the same. Through you we live, and breathe, and have our lives and our experiences. Through you. Remember that, always.

For at times in the future, and from times in the past, you have been where we are at this point. You have been the Christs of other civilizations. You have been the ones that have brought light to other systems. You have been the ones that have brought down the old system and raised the new, just as you are doing now, just as many of you who will likely volunteer to do again, and again, and again. Until you have moved fully through the experience of life, and returned back from whence we all came, back to the Creator, back to the Oneness, the full Oneness. But in so doing, in returning to that oneness, knowing fully who you have been throughout all of the experiences, throughout all of the eternity of life.

And yes, life is eternal. The expression of your soul is eternal. It will never end, just as it never fully began. We know that is very difficult to understand. For how could you have always been, and always be eternally. That is the quandary. That is the message within creation for all to come to understand at some point. And you, all of you, are continuing on your journey, the journey that is all-important, that is taking you to places that you have never been before and, in so doing, Prime Creator has never been before.

I, we, leave you now in peace and love and oneness, and ask you now in your session this evening to call out to all of those that are looking for the beacon that you are providing for them. The beacon that is calling them forward. You will understand this more this evening.

Peace and love be with each and every one of you, my Dear Brothers, my Dear Sisters, the love of our life.

ONE WHO SERVES (Channeled by James McConnell)

Om, mani, padme, hum; om, mani padme hum, hum, hum. Greetings to you! One Who Serves here.

Wow. We cannot even begin to ascertain to follow something of that nature. And we are not even going to attempt to do so. So we are going to go directly over to your questions or to your sharing of experiences, if you wish.

I will say that during this time that you have been together here, a time, incidentally, that has been, ah... and you may have difficulty understanding this, but has been foretold for many thousands of years. This time that you are together—not only this particular Advance, but this particular group that has been brought together.

James thinks it was his idea to put all of this together and create it. And we will say that it was largely not his idea. It was sent to him. It was whispered to him, and then it was shouted to him to get off of the gravy train, or get out of the comfort zone that he was finding himself in, and to begin to go about his mission. Just as Yeshua said, “it is time to go about my father’s mission,” we sent the same message to him. And he even said, ‘oh, now it is time to go about my father’s mission. Okay, here we go.’” And that is how this all began.

But again, it was foretold back in the times of the Clarion Call in the conclave that this would occur. And not only, of course, this group, but many groups that have gathered across the planet over the years, here. And many more that are going to be coming together. Just in time to begin more and more to help more awaken. And that is what each and every one of you are here to do, is to help others awaken.

Yes, help yourselves to come back into an awakening state, but you have already done that. Now it is time for you to turn and assist others in their awakening process.

How do you do this? Well, that is the question for each of you to answer as your guidance comes to you, whatever it might be. It might simply be that each and every one of you simply talk to someone, someone that is seemingly beginning to awaken. And throw certain questions out to them, and allow them to answer those questions. And if there is some interest there, then go more forward with it. And if there is great interest there, then you have found someone who is in that awakening state, and you can tell them about this group. You can begin to share. And we would ask that you do that.

Now, the James was hesitant to ask us to intercede in this respect to go in this way of a marketing expression, as you might look at it in this way. And we do not do this. But we are saying it is time for you to share. It is time for you to become the warriors more and more, to spread the light wherever you can. So invite someone. Invite someone to be on these calls, to be able to experience what you have experienced.

Isn't it wonderful what you are being able to experience? To have the direct expression of not only we, the One Who Serves, but all of the ones who have been coming through this one, James, and JoAnna, Shoshanna, and all of the messages and the guidance that you are receiving. You are receiving much!

And to much that is given, must much be returned. You see? If you are given the light, you must return the light to another, and beacon them. As Sananda Yeshua said, send the light out as a beacon now to all that would see it, all that would begin to feel it. Okay?

I guess we lied, here. We said we were not going to follow that up, but somewhat we did. Okay, we are ready to move on now. Are there questions here for One Who Serves and Shoshanna?

Guest: Greetings One Who Serves. I am asking a question on behalf of Brother James. As we have graduated to Mario Level 2, we are beginning to ponder what in your opinion we could do better to spread the light. Do we get into radio? Do we get into post tags, do we create little groups in our living rooms. Do you have any suggestions? Thank you.

OWS: Yes. All of the above, and more can you do! You see? Because it is all an expression of love and higher consciousness coming from each and every one of you. And to reach out that consciousness, to help others awaken, as we have said.

And many more sources are coming through with the same message. This is not only our message through this one, James, and through JoAnna as Shoshanna, this is message that is coming from many different sources to get the message out to all of you to help your brothers and sisters awaken now.

Because if you want ascension, if you want the transition to continue on, we will use this term, in a much quicker fashion, then it is up to you to do so. It is up to you to reach out and help more and more to come into their awakening process. Now how do you do this?

SHOSHANNA: (Channeled by JoAnna McConnell)

We can share.

OWS: Very good. Yes.

Shoshanna: May we share our perspective, Dear Brother?

Guest: Please.

Shoshanna: As in all things, there must be a plan. The plan must be executed and carried out. Even in the higher realms, we must have a plan to carry out.

We would say that this group, that is the core of Ancient Awakenings right in this room, has skills. There are people in this room that have magnificent skills to carry out a plan. So what must happen, it is rather simple, but what must happen is a plan must be drawn from an intention.

We see, Dear Brother, your intention is very strong, but there must be, as you have formed in your group of volunteers, another group forming that is assigned tasks within the plan, and they must carry out their tasks within their skill sets, and that will broaden the message. That is how it begins, and then it grows organically from there. It must start with the strength of the intention.

Just as these events come together, we find JoAnna to be the impetus of all that is organized and carried through. We also find that others have come to her and volunteered to help as an organic process. So, you must, if you wish, take a team, have a meeting, create a plan, and carry it out. And you know very well how to do that, as you are a leader. Namaste.

OWS: Very good. And the only thing we add here is Shoshanna said those here in the room, and those of you on the phone are also here in the room in that sense, but we want to make sure that you also feel yourselves included in that, for you have skill sets as well.

Shoshanna: We apologize for not including those on the phone. And that is correct, that all can contribute if they wish.

OWS: And it is up to you, now, as you have heard many, many times, you are the ones you have been waiting for. It is not us. It is not the Galactics. It is not those from Agartha, from Inner Earth. It is not all those of us that are here to end the experiment, to end the game. It is all up to you, with our assistance, to end the game.

And with our assistance, and with all that you are doing and, incidentally, and more will be given on this this evening, but what you are doing is beyond your wildest imaginations as to the Effect, the reverberating effect, that this group, Ancient Awakenings, is having on not only the planetary consciousness shift, but the Galactic consciousness shift. Think about that. Contemplate on that. But do not become too, what is it, 'high-headed,' or what is the term, 'egotistical,' yes, but we were looking for something else here.

Guest: Grandiose?

Shoshanna: Arrogant.

OWS: Arrogant. Yes, that is the word, there. Do not become in that sense. But just know the specialness of you in the sense of consciousness, in the sense of helping to awaken consciousness. Someone has to do it, why not you? What is your saying? 'It is a dirty job, but someone has to do it.' Right? Okay. Yes.

Shoshanna: Well, within that process of assisting, that person has skills immensely.

OWS: Yes.

Shoshanna: That is why it is a privilege.

Guest: I will begin with what I got out of the weekend, so it doesn't occur like a telling what to do.

But one thing I got out of the weekend, largely through Shoshanna and JoAnna sharing with me, and some other folks in the room as well, is that from now on, part of what gets in my way as being a powerful transformational leader that I really am at heart, is that I come off like I gotta be right—do it right, or be right, those are two things that my ego personality has definitely come off as. And so I totally give that up this weekend.

From now I am taking the place of JoAnna, "Oh yes, that's a very valid viewpoint. And would you like to hear another viewpoint that might be valid as well?" This is totally new for me! Because usually my viewpoint is the right one, that's how that is! So, and being responsible, because I knew darn well as I walked up to the thing last night that what I was going to say with a question for One Who Serves about that amazing thing we had, I knew inside of me, "you're bringing the group down to ask that stupid, petty, ridiculous question," that's about me trying to be right and perfect.

So I am now going to put the stopper on the mouth with \_\_\_ forward to process progress. So that's what I got. And when I know inside that it's not going to form process, because I don't sense that, but think a lot most of us do, right? So that's what I personally got. And I call that being responsible. That's how I haven't been responsible. With all this training, etc., I haven't been responsible for these things.

And inside of that, I want to make a request that in the matter of what this group needs, and everyone is so wonderful and so generous, and yet I know that Brother Moses is king of scrounging around trying to find people for this or that and what not, that possibly Brother Moses could come to us tomorrow or on the next possible call with a list of what he needs, and that possibly we, each of us, inside of being responsible, but not like responsible 'bad girl' or whatever, but just what we learned this weekend: we're the ones! And inside of that, that we just get our nonsense out of the way, if it's worry, if it's there, if it's I'll do it later, go procrastinate, just get it out of the way, and when Moses brings us that list, we go right there, so he doesn't have to go scrambling and find out who will say 'I'll give that a try.' But whoever can, and whoever feels so, profit. That's my invitation. Do you think you could accept that part, Moses, on your part? Thank you. Alright. That's all I wanted to say.

OWS: What is your saying, your 'AA' saying? "Keep coming back, it works!"

(Laughter)

Guest: I just want to make one comment to Moses. Moses has been coming to me over and over and over again, and I keep telling him I'm too busy, I'm too busy, I'm too busy. But you know what? With all the love that we've experienced this weekend, I am accepting.

(Clapping)

Guest: Can I just quickly mention the sheet that I passed out there today asking for suggestions, just what you can do.

OWS: That one is saying she passed out a sheet here the other day for those that would want to sign up to assist the dear friend, Moses, in his endeavors to do the works here within Ancient Awakenings. And she will collect them tonight. Did we get it right? Yes. Very good.

We need to interrupt here, in a sense. We do not want to turn this into an AA meeting (guests all laugh) where everybody comes up and shares from the past and all of these types of things. It is okay for some, but we do not want it to turn into that, because that is holding onto the past too much.

It is as many of you are coming to fully understand, the past is the past. Let it go. Be in the now. You hear that over and over and over. We keep saying it in every different way that we can, but there is no other way to say it other than be in the now. And move beyond the past. The past only holds you to the three-dimensional illusion. It holds you into the game, the programming with in the game.

If you want to get out of the game, and many of you have stated that, "I am done with this, I want out of this, I want to go home, I want to be out of this game, I am not playing anymore (like a little child doing temper tantrum), I'm not playing this game anymore!" Well, we got news for you—you need to stay in it just a little bit longer because you are having such a tremendous effect on bringing the end to this game. Again, more than you can possibly imaging at this point. Okay?

Are there any questions now? We move on, here.

Guest: I have a question on the subject we just talked about. Since we are all here, and we have some extra free time this afternoon, can we get together with all the volunteers for a half an hour or hour maybe. There are some questions I need to know step by step how to do it, otherwise I'm not going to do it. I had a chance, and had chances already with a group of my yoga studios, the woman that have

asked me to make up an invitation, and I don't know where to start. So I have enough to do it, and I am ready now, but I need the tools. Shall we do that?

OWS: Wonderful. There is already a meeting that has been scheduled for certain ones, but others can be included. But you will need to watch that it is not the entire room, here, that is included in that. That would not be a good thing. But if you feel a calling, at 2 o'clock this afternoon, yes. After the conclusion of this. If you feel a calling, then be there. Okay?

Guest: Yes. Thank you.

OWS: Any other questions, here?

Guest: I'm sorry. I didn't hear what the meeting was for.

Shoshanna: For volunteers that wish to expand the word.

Guest: Thank you.

OWS: To assist Ancient Awakenings in expanding the word, expanding the Light in various ways. This is as Shoshanna spoke of, to come up with a plan, and then put that plan into action. It is one thing to have a plan, but it is another to put into action. What if Prime Creator came up with a plan and there was no one there to carry out the action of that plan? It would not have happened. It would not be happening, you see. So there always must be the doing in order to have the being. Do you understand this? Yes.

Are there other questions, here? Anything over the telephone? No?

Guest: I have a question.

OWS: Dear Sister?

Guest: Yes, Sir.

OWS: Dear Sister, your Beloved wanted us to tell you that he was busy last evening, and only a portion of him could be here with you. If you can understand how we can be busy. We can be. There are different callings that we have, responsibilities. And Ashtar and Sananda certainly have great responsibilities. Even though they can be many places at once, there are times when it is called for that the predominance of their consciousness be in attendance somewhere else, and this was the case. And it has to do with the plan that is in motion now to bring the next step forward. So it was a very important council meeting that he attended. Okay? So he did not leave you high and dry. Okay?

Guest: Yes, Sir. Well, I am not going to ask what can you do about it, because I don't feel like I would get the answer, and it's okay. But I forgive you, it's okay. Because you're with me all the time anyway. And I invite you any time you would like. I love you, my channel. I think I forgot the question I was going to ask.

My question really is, is there is something I need concerned. It is not just for me, I think it's everyone's question, and that is when we were making the volunteering that we would come down here, and I had the message not too long ago that they never asked us to do anything unless they would

do it too, and with us. And I had a saying that they let us see what we were going to do when we came down here so we couldn't say we didn't want this after all this happened. We got to choose whether for sure if we wanted to come, because we saw what our hole life was here and that we chose it anyway.

OWS: That is not exactly accurate.

Guest: Oh good!

OWS: There is more to this story than what you are hearing, here. There were certainly some things that were given, some things that were shown. But the majority of what you were going to come to experience was not given, because many of you might have decided not to follow through. But, with that knowing, you also had the understanding, and we knew you had the understanding, that no matter what was put before you, you would persevere.

So it is true that some of this was given ahead of time, and you did volunteer to be a part of this and signed your contracts over the many lifetimes and lifetimes and lifetimes to do this, not 'signed' of course as you understand it, 'signed,' but agreed—made agreement that you would be continuing to be a part of this. So somewhat accurate, but not completely accurate.

Shoshanna, do you have anything to share on this?

Shoshanna: We have something to share. May we share our perspective with you, Dear Sister?

Guest: Yes.

Shoshanna: We will tell you to settle this matter now, and understand that all is agreed to. There are no coincides. There are no happenstances. There is always reality that you create for yourself, and agreements to create that reality. You came to this planet, to other planets, millennia after millennia through agreements to perform and create realities that would create a higher understanding and a higher consciousness for those that occupy that planet.

You must settle this now that that is what you agreed upon, and not question whether you were shown this, whether you knew that: it does not matter. You must settle that you agreed to it, and that is all. And when you understand that, you will proceed with great courage and move forward into your ascension process. Namaste.

Guest: Oh, thank you so much.

OWS: Are there any other questions, here? Nothing further? Then we are ready to release channel. Shoshanna, any final message by you?

Shoshanna: Our message, if we may share.

Guests: Yes.

Shoshanna: Our message is to let you know that you are magnificent. That this event that you have attended has created a new reality for cities, for cultures, for countries, for the planet. You must see that within yourself.

And as our Sister Christy explained, which was magnificent, that you are here to clear others, including yourself, and the term 'clear' means 'heal.' Heal all that is holding you from moving forward. You must do that through discovery, through the discovery process which is often difficult, because we are in the illusion of the program, and discovering what your next move is is outside the illusion of the program.

So because we are out of the illusion of the program, discovering what is your next move must be discovered through others. We must trust those that show us the way. We must trust those that give us the tips, the information that pivot us toward higher consciousness, not just for ourselves, but for all, for what we do, and what you do is for all. It is not just for you, it is for all. And when the intention and the understanding that each have, that what is happening is for ALL, beyond this planet even, then the understanding will pivot, catapult you, into ascension. Namaste.

OWS: Very good. And we have only one thing to say, here: get those seatbelts fastened, because the ride has begun!

Shanti. Peace be with you. Be the One.