

ANCIENT AWAKENINGS – PREPARE FOR CHANGE
19.08.15 Thursday Night Channeling
Third Eye Opening (Unknown special Guest & OWS)
James & JoAnna McConnell



UNKNOWN SPECIAL GUEST (Channeled by James McConnell)

(Meditation continues...)

Now we would like you all really let yourselves go, now. Let yourselves go. Let yourselves relax, relax. Feel the ebb and flow of your breathing, now, as you breathe, and breathe out. Breathe in, and exhale out. Let everything go. All thoughts that hold you to the three-dimensional world. Let that go, now, with the exhalation of your breath.

Just flow easily and gently down that stream. Visualize yourself floating down a stream, now. Floating in a small boat as you float down the stream or this river. And the current is taking you and guiding you. But you are simply sitting in this boat. No oars, certainly no motor. Just floating along, allowing the river or the stream to take you where it drifts. Going with the flow.

Let that take you, now, take you in a different level of consciousness within yourself, now. Just let it flow, let it be. Now as you are flowing with this stream, with the water, feel the consciousness of the water all around you. Feel the consciousness of the air around you. See the beauty as you float down the stream, the beauty on the sides of the stream or the river, the trees, the plants, the flowers. Yes, even the wild life: deer, elk, birds everywhere. Maybe where you are a monkey or two.

Just let yourself feel and become one with Gaia herself. Let yourself be Gaia. Be one. Be Gaia. Feel as she feels, now. Because she feels the expression of all of life on her body. Feel that expression. Feel that consciousness, that oneness. Breathe with her, now, as the ebb and flow of her breath. Match your breathing with the ebb and flow with the breathing of Gaia herself. Let it flow. Let it be.

As you are now one with the consciousness of Gaia, feel the consciousness of the planets around Gaia with the solar system. Connect with Mars, then Venus, then Jupiter, then Uranus, then Mercury, then Venus, then Pluto, all of the planets of the solar system, and the solar sun. Feel the consciousness of

each. Know that each one, each planet, and the sun are all ensouled by a being, a great being. And as you are connecting with each of these beings, be one with those beings now as well, just as you were one with Gaia.

Now feel the consciousness through the sun as it forms a gateway, as there is a gateway through the sun out into the galaxy, and all of the solar systems of the galaxy. Feel yourself becoming one with all of those solar systems within the galaxy, then the Central Sun of the galaxy, then through the Central Sun of the galaxy out to the billions of galaxies beyond, and finally to the connection with the Universal Sun, Universal Source, all that IS in this universe.

Feel the connection there now, the consciousness, the oneness. Allow that consciousness, that oneness, a small piece of that, just a small piece of that, coming down from that universal consciousness all the way down, down, down, down finally to the earth, to Gaia, and to you, your physical body, and coming down through your physical body now, shooting down to your body, straight through all the way to the core of Gaia, in a beam of light, a beam of energy, shooting from the core of Gaia back up through your physical body, your etheric body, your astral body, your mental body, your causal body, and back up to the Central Sun of the universe.

And feel now those two pillars of light, pillars of energy coming down and coming up through your bodies, connecting you to both Gaia and to the Source of this universe. And then now, within those energies, literally coming down through your chakra system, feel those energies connecting your chakra system both up and down, 'so above, so below.'

And your chakra system, within those energies coming from above and below enlivening your chakra system, enhancing it, raising the energy flow within your chakras so that each of your chakras are coming alive now, and predominantly now your third eye center. Feel the energies going through your sixth chakra in the middle of your forehead and those energies moving into your pineal gland, enhancing and reactivating your pineal gland.

And whatever calcification, whatever may be clouding over your pineal gland, see it now dissipating in the moment, in this very moment. See the clouds lifting from your pineal gland, from your third eye, and our third eye opening wide.

As this third eye opens wide, you begin to see, but before you could not see. Everything begins to open up as if your physical eyes took on or take on an entirely new vista within. So not only can you see perfectly with your physical eyes if you allow it.

But you can see through now your third eye, because the veil is lifting. And as your physical eyes are closed now, your third eye is open, wide open, and you can see. But before you could not see with your physical eyes, but you can now see with this third eye. It is if you were blinded by the light in your physical eyes and unable to see with your physical eyes. But your third eye opens and you then can see what others cannot see because of this enhancement because of this reactivation of your third eye center, the pineal gland opening wide.

Some of you may be experiencing a Kundalini expression, now, which started in your first chakra and moved up your spinal column. You may be feeling those energies rising, rising, rising. If not, do not be concerned. But let your third eye open. Let it become what it is meant to be, what it is destined to be, what you have come here to allow it to be.

Because in this moment NOW, in this very moment, you are awakened. You, the consciousness within you, within all of your bodies is now awakened. The sleeper has awakened.

So allow this enhancement to freely move into you and to feel within yourself as you once felt in those times of Lemuria and Atlantis, and even before that when you had the full use of this third eye. It was available to you to see beyond the beyond. To see beyond the physical. To see into the metaphysical world. To see the universe that is closed to many who have not awakened this third eye center. For they remain clouded by the programming, by the materials within the 3-D world, by the chemicals that have calcified their third eye, their pineal gland.

But you yourselves, as you allow it, you have removed the veil that clouds over your site, for those that have eyes to see. For you now have the eyes to see. Let it be. Let it be what it is.

Do not hold the preconceived notion. Do not hold onto the programming that says you can only see through your physical eyes. For that is one of the biggest fallacies that you have been programming into believing. Just as you saw in your earlier years through the veil as a child and you saw those things which the adult world would not see. Not that they could not see, but they would not see. For they had succumbed to the programming. Just as you did for so long. But that programming is now over.

See through the veil now, as the veil is dropped. There is no spoon. There is no veil. Trust. Trust in the inner knowing within you now. For you are The One. Allow yourselves to be The One. Not as one, not of the one, not for one, but THE One.

We ask you in the times ahead for the remainder of this weekend to let yourselves go, to see beyond the beyond. To see what you would not see before. To trust. And if you do so, the entire universe will be open to you.

One Who Serves (Channeled by James McConnell)

Let yourselves now begin to come back. Come back from wherever you find yourself, wherever you flitted off to, even if you found yourself disappearing in terms of moving into a different level of consciousness where you cease to know where you were or what was being said. And if that is the case, no concern here. Just let it be what it is. Even though you may not have heard all that was given here, or experienced all that was given. You received all of it regardless. It is there within your consciousness, within your unconscious state. But what is there in unconscious state comes to the conscious state, to allow it to be now, and come back.

Come back into your physical body. Come back into a complete state of consciousness and circulation, fully revitalized and refreshed.

We are the One Who Serves. But that who was with you was not the One Who Serves. We cannot give at this time who that was, but some of you will come to an understanding who came through, here. Some of you already know this. So allow it to be, whatever it is.

You are on your journey, each and every one of you. And part of your journey is coming to these Advances, whether here in person, life and in person as James likes to say, or via the conference call here, via the phone. Whatever it might be. But you are here. You are here in this moment to take part in this expression of consciousness, in this expression of movement of consciousness.

And in the past, movements of consciousness have been called ‘initiations.’ You have just received an initiation. It was not being called that purposefully during the time, but you have moved through this. You have several more initiations to move through as you continue on on this journey.

Some of you have already received initiations--movements of consciousness—over your journey. And you will continue to receive more of these as you continue to put yourself in a place where you can be receiving these movements of consciousness.

If any of you are in doubt about anything that has occurred this evening starting with the flyover that was given for you, then we would say to you: begin to believe, and you will see. And if you believe, you will certainly see.

And this flyover that occurred here was purposeful for you. It was for those that have ‘eyes to see and ears to hear.’ And if you noticed, some of them you could hear, and some of them you could not hear. When have you ever had planes or jets come over that one you would hear, and then next one you would not hear. When have you ever had planes or jets come over, one right after another every two minutes or so as a flyover in the exact same flight path. James counted 15 of these. Maybe some of you counted more, as there were a few more. They were purposefully for you because this is the weekend, the Advance, for manifestation: manifestation and contact.

Now, with the word ‘contact,’ you all come up with all kinds of thinking of what that could possibly be. Contact—what does that mean? And we are here to tell you, that are not going to tell you! It is not up for us to do so. It is up for you to experience what it is. But we can tell you what you will experience is in direct relation to what you expect to experience through this weekend based on your level of consciousness during this weekend. In other words, where you are, you will be. If you understand this.

At this time, we do not have Shoshanna to help with the process of helping you understand, but we’re simply going to wing it here, okay?

SHOSHANNA: (Channeled by JoAnna McConnell)
We could share.

OWS: Would Shoshanna wish to share? If she does, she needs to come forward here, so those on the phone can hear. And this would be wonderful if she could do so. We wait moment for movement of JoAnna’s body to come forward here.

Shoshanna: She could share if it is necessary.

OWS: Not so much necessary, but very beneficial, we would say. And yes, we are giving permission here for you to do this. You do not need to ask everyone on the phone. You can do this now.

Shoshanna: All that have been given is correct. It is exactly has it has been given that where you are in your mind, in your heart, and what your path is in your soul shows up in your experience. That is all. That is clear. That is complete.

And if you doubt that, then you must look within yourself to understand why you doubt that. But it is all a course of action that each human being takes to become an ascended being, that you must notice what you are experiencing.

And if you are not experiencing what you wish to experience, you must notice, as One Who Serves has so eloquently put it, what your expectation level really is. And that is all. That is so honorably clear. Namaste.

OWS: Wonderful. We appreciate the added impetus to continue to help all here, whether here in person or over the phone here, to continue on this journey toward your own individual ascension.

Shoshanna: We have something else to share.

OWS: Yes, please, do.

Shoshanna: We must share that what you do experience in each moment is your past. What you experience in each moment is what you are meant to experience. It is perfect for you.

But, and there is a but, if you are not the observer of yourself, then you will be ensconced in doubt, and you will live in a 3-D past. So what must happen in this time of true ascended consciousness is that one lift out of their own 3-D realm and look upon their self as the observer and see what is going on there in a neutral way so that you can move beyond this doubt that you are experiencing what you are experiencing.

So, and it is absolutely true, that you are experiencing, whether you become the observer self or not, is what you are meant to experience. It is up to you through your own choice, your own will, to rise above, become the observer self, and move on your path with an ascended understanding. Namaste.

OWS: Wonderful.

This is the weekend, people! This is the weekend. This is the Advance for you to let go of all doubts within your 3-D world. In other words, it is time to get out of this stupid 3-D world! It is time to move on! And in order to do that, you must begin more and more to let go of the programming, the psychic ties, we will say, that continue to hold many of you down, hold you down to this 3-D illusionary world.

And if you more and more begin to look at everything around you, not nature, but everything else, all of the constructs of the 3-D world: the buildings, the vehicles, the pollution wherever you might be, all of the things that show you a manifestation of a 3-D illusion, you begin to let go more and more of that and see beyond that, and see the beauty of nature, the beauty of Gaia. Feel the connection of Gaia.

That's what this experience was about partially this evening, was for you to ground yourself with Gaia, to feel the oneness, the consciousness. But not only with Gaia, but with the entire universal Source of all, and for you to fully begin to realize that you are The One. This is very important. We have been saying for a very long time now, as it seems, BE THE ONE. This is what it is about. To be one with Source and Source to be one with you. All is one, and one is all.

And the more that you continue to let go and follow that stream, be in that boat and allow yourself to flow down that stream and go wherever you are guided to be. If you do that, if you allow that to

happen, then your mission, or missions, will begin to crystalize in front of you. And everything will begin to fall in place. Whether it is within your relationships, whether it is within your job situations, whether it is within your living conditions, whatever it might be. You will begin to find the guidance to be where you need to be at the appropriate time.

So that as these energies continue to flow in—and they are flowing in, many of you have already begun to realize that more and more. They are getting stronger and stronger and stronger, and will continue to do so.

And those of you that are here, and those of you that are on the phone and part of this expression with Ancient Awakenings are going to continue to move closer and closer to being a part of that first wave of ascension. And not only the first wave of ascension, but the first wave of contact, here.

We are not going to say any more about contact this evening, but for you to allow for the processes within you to continue to take you out of your doubts and look at the realm of possibilities, here.

This is why we give you this flyover this evening, so that you could let go of all preconceived notions that the ships and these things are not figments of your imagination. They are not simply planes and jets. They are real beyond the 3-D illusion. They are showing up in higher 4-D expressions and 5-D expressions. And what you saw this evening was 5-D expression, because they took on the look, you might say, of a 3-D vehicle or plane or jet in some respects, but with just different enough for you to be able to understand that they were not the 3-D look of this.

Shoshanna: We must share on this.

OWS: Yes, please do.

Shoshanna: We must share on this, as what happened there was as if there were 12 perfect chocolate chip cookies flying through the sky. In other words, the planes were perfect. They were in perfect shape. They were identical to each other. Dahhh. So, you must understand that that is not what they are like. That is not man-made. That is not something that man put in the sky.

And that was purposeful for you to see that they were attempting in every way to make it look as if these were a natural phenomenon. “But hey! Look at me!” In other words, do you have the eyes to see that this is not what others would think it is. Do you see? So it is as if everything was completely aligned and perfect in each vehicle and it looked exactly the same. So how could this possibly be anything else but a manifestation of other worlds trying to wake us up and show us “hey, we are here, and you summoned us.”

So see how powerful we are? We summoned these beings. Now, can we summon them closer? Can we do that? Well, what we would tell you, and we apologize for going on.

OWS: No apology necessary.

Shoshanna: What we would tell you, in order to summon these vehicles and the occupants of these vehicles a little closer, you must, must remove yourself from the drama of any 3-D experience that you may be feeling during this time here. If you have an experience of 3-D, for example, “I don’t like this.” I don’t want this. This person said this. If you have any of those experiences in this time, right in this moment now, you will defer and deter the experience for everyone. Because we are all united in this

process. So we must, and I know this probably sounds harsh, but we must stay in a higher understanding, in a higher consciousness, that what we are experiencing is because it is within us! It is not the other person ever! It is within us, and the other person is just acting it out for you so that you can see it and feel it.

You know, that is why, when you become truly conscious, everything is a mirror. You are looking through the mirror, and you go, “oh, that is me, and that is my chance, this is my opportunity to feel what I am seeing before me by not getting into the muck and the mire and the drama of it, but understand it has been shown to you so that you can heal it within yourself. And, once you heal it within yourself, you don’t have to do it again! Isn’t that exciting? You don’t have to repeat the experience.

If you find yourself at any moment (and it can be resolved very quickly), if you find yourself at any moment repeating the same experience--ah, Hello! That is because you thought it was someone else. And as soon as you recognize and realize it is within you, you do not have to do it again.

And that is the idea of higher consciousness. That is the idea of it. To solve it is all us. It is all within us to heal.

We are sorry that we had a tirade, there.

OWS: Remember that they have said, those of the Galactics, KaRa, has said that they will not come down to you: you must go up to them. They will lower their energy somewhat, their vibration somewhat, but not all the way down to this 3-D expression. They will not come here. So it is up to you to, again, let go and move up your vibration to meet with them.

And the experience this evening with working with your third eye center was prepared for you to be able to move out of the 3-D expression with your physical eyes and be able to see beyond the normal expression of the illusion that is often there in front of you in the past. Not in front of you now. And if you allow that to be, then you will experience so much more that is potential and possible this entire weekend, here. It has been prepared. We have geared up for this expression, this Advance. But it is up to you, each and every one of you, as Shoshanna has said, to let go of any expression that holds you down to this 3-D illusionary world.

Shoshanna: That was better said than I said it. We apologize.

OWS: No apology necessary. But we did lose our train of thought here, momentarily.

Shoshanna: We must say that your collective has a better way of soothing the hearts of the 3-D illusion than we do. We are perhaps harsh, and we apologize for that.

OWS: The expression through the one, James, and the expression through the one, JoAnna, is necessary to bring balance, here. Balance is important. That there is the expression in the balance of the masculine and the feminine energy here, and the combination of the two to come to the one. This is what it is about.

Shoshanna: We are working this out!

OWS: Yes, certainly we are. But there is nothing to work out, because it is coming together perfectly here, as it is necessary to do so. We are we, and you are you. And everything that we are doing together is an expression to bring higher consciousness to the expression of this entire group.

Shoshanna: We must share one more thing, please.

OWS: Yes.

Shoshanna: May we share?

OWS: Yes. Are we doing tit for tat here now?

Shoshanna: No. We are noticing in the current realm of consciousness that exists here, there are but a few things left to do. It is very close. There are but a few things left to do. But it is within the mind and the heart of the individual now to do those things, to do those things that will bring them to a higher understanding, a higher consciousness, and to ascend into that beautiful realm that is beyond the 3-D illusion. There are only a few things left to do. You are so close. But we will tell you that this is the hardest part! Those few last vestiges that you must let go of. That is the hardest part, but it is doable. It is doable. But you must know it's only a few things. In your heart you must know that, so that you can move forward. That is what we have to share. Namaste.

OWS: Very good. And we use the expression from Sananda that he has given several times here about the finish line, and we will take you into running a marathon. Many of you cannot even begin to think about that possibility in your current bodily conditions.

But just for a moment picture this: you are beginning the running of a marathon. You are running very freely in the beginning. Your breathing is strong, and you are moving alone. You keep going and going, and your breathing gets a little harder and harder to go through. Toward the end of the marathon, not at the end, but toward the end, you are dragging by that time. You are coming to the finish line, but you are not there yet, and you are dragging along. Your breathing is very labored, and you do not even think you're going to be able to make it. That is where many of you are now. You are at that point. Some of you even say "don't know if I can continue going on, here."

But, what is it that happens when you see that finish line in front of you? The adrenaline comes in. The adrenaline comes in. Your body wakes up. The breathing comes back. Yes, somebody said it: you begin to sprint those last few yards to get to that finish line.

That is what you need to look forward to now. You need to know that you have moved through this entire marathon. And it has been a marathon for many of you. And you are coming to the end of this, finally, to the promise that you made so long ago when you volunteered to come to this crazy place. But you did it! And you are here, and you are coming to the end of all of this.

Can you imagine, each one of you, thousands and thousands of years have gone by that you have been in this marathon here. Thousands and thousands of years! And you think a few years is a long time, here! You have been at this, and at this, and at this for so long.

But you have begun to see the finish line. It is ahead of you, just know this. If you do not actually see it, believe it. Believe that it is there. Just because we are saying it, it is there. And if you do that, then you will not only get to that finish line, sprint to that finish line, but you will have so much energy once

you have passed over it. As we have said many times, many of you, not all of you, but many of you, will say, “well, I made it, now I’m gonna go back and help somebody else make it.” That is when you change from the idea in the programming of Service to Self and you move into the higher-level consciousness of Service to Others. That is where you are all headed.

Shoshanna: May we share?

OWS: Yes please.

Shoshanna: We see that people are laughing. I think it is because we like to share! So I would like to share our perspective with you on what has been given. And you can laugh, it is okay.

But what we would tell you, is there are two things that must be severed. The attachment to these two things must be severed, and you must ask tonight, as you begin to sleep, as you begin to drift off, you must ask, if you cannot do this yourself, you must ask for help. And that is:

1. Do not compare yourself to others.

There are those in this room, there are those on the phone that go, “wait, I am not there yet. I did not have this experience. I am still doing this,” or whatever you are saying is about comparing. You must stand on your own and understand that you are as powerful as anyone, because you are imbued with the Source, just as the person that you are looking at is imbued with Source, and you are all ONE.

You must understand that you can no longer take a stand and say that I am going to compare myself to anyone. That will hold you back. That you will hold you to the planet. That will hold you to the illusion. Because comparing yourself to another is strengthening that illusion.

2. The second thing we must ask you to do, as you drift off to sleep, is ask that you do not judge yourself any longer, that you do not wish to judge yourself or another.

All judgment comes from self. You cannot judge another lest you judge yourself. You must tonight decide to give up judgment of yourself and to give up judgment of others. And do not any longer compare yourself to another. Would you agree with that?

Guests: Yes.

Shoshanna: Those are two things that keep all beings in the consciousness of 3-D. So we would ask you to let go of those things and ask your Higher Self to assist you. Because what will happen is when you begin to speak in terms of judgment, if you begin to speak in terms of comparison, your Higher Self will stop you if you ask for that. If you do not ask for that, then we apologize because you are not ready to give up the 3-D illusion. Are you ready?

Guests: We’re ready.

Shoshanna: Do you agree that those things are the hardest and the most insidious that keep us planted here?

Guest: Yes.

Shoshanna: Namaste.

OWS: Very good. Then we are concluding for this evening.

We will certainly be back with you in your earlier session tomorrow when you are beginning to work with Universal Mind, Universal Consciousness, and have an experience of such tomorrow evening, following the session in the earlier part of the day, as well as the expression that is coming through the JoAnna where she is going to share more about the power of manifestation, and what you can do at a more practical level. Not that we are not practical. We think we are very practical. But you may not always think so.

But at your level where you find yourselves, you can begin to do certain things that will assist you in coming to, not only an understanding of manifestation, but literally how to manifest, and how to make it come into, well, come into manifestation much more quickly. Okay?

Shanti. Peace be with you. Be the One.