

Ancient Awakenings.org  
December 17, 2017  
[www.meetup.com/ancient-awakenings](http://www.meetup.com/ancient-awakenings)  
[www.ancientawakenings.org](http://www.ancientawakenings.org)

Sananda and One Who Serves as channeled by James McConnell

These messages were given during our weekly Sunday Prepare For Change group in Phoenix, AZ on December 17, 2017

## **YESHUA**

I AM Yeshua / Jesus / Sananda. As your bodies are returning to consciousness here, I will share with you. I will share with you the meaning of your Christmas season -- what it really is. It is not about Santa Claus, although that is a wonderful fable and tale that parents can tell their children. For it brings so much love and so much connection to your higher selves.

It is about peace. It is about peace on Earth and goodwill toward all man, all mankind. It is about love moving through each and every individual on the planet and all life force on the planet becoming this love. It's about oneness. It is about bringing everyone together at this happy and joyous time.

Yes you can give gifts certainly. You can receive gifts. For did not Three Wise Men in that story bring gifts, bring what they had to share. For all of you that you have to share with one another whatever that might be. It does not have to be in the form of a gift wrapped up. It can be in the form of a smile, of a hug, of a handshake, of a touch of some type to another individual in need whatever that might be, whatever you can share.

When one is needing some type of healing and asking for it, and you being the ones that are anchoring the light; you being the ones that are realizing your higher-self connection now; feeling the Source moving through you just as I did in those times, so too can you do this also. For it is not yourself that is doing these works. It is the Source within us, the Father within us, is moving through us and doing these what you might call miracles, but they are not. They are simply Source working through each and every one of us to heal, to bring love, to bring sharing, to bring oneness, to all that we know.

This is what this holiday season, this is what Christmas is all about. It is not about my birth. I was not born at this time. I was born in the spring, the new beginnings of life. And look at this now as the birth of the Christ Consciousness within each and every one of you and within all of mankind. Christ, coming again. The second coming is this Christ Consciousness. It is not, was not only meant for me. It was meant for all of us. All of us can take this Christ Consciousness within and be able to move and share this consciousness with your fellow brothers and sisters.

And yes even with the animals. For as you share with them they share back with you. They are here to bring unconditional love. And you, as you are moving through this transition and through this ascension you are bringing this unconditional love along with you. You are sharing it as you share the light, you share the love. It is all one in the same.

I am not going to share with you what to expect in this new year coming. That is for others to do. Know that as you move into this next year, this next wonderful amazing year that is ahead of you, know that it is *now* that you are in that is going to produce that wonderful year ahead. It is the now moment and each and every now moment that you have will create the special times that are coming.

I AM Yeshua. All of my peace and love be with each and every one of you in this wonderful joyous season and in the many seasons yet to come.

## **ONE WHO SERVES**

Om Mani Padme Hum. Om Mani Padme Hum. Om. Om. Greetings to you!

One Who Serves here with you to not to follow that up -- that was a difficult one to follow up on here so we will not even attempt to do so. But we can open up to questions here now if you have some. We know there was one question that was going to be asked and we are ready for it.

## **Q & A**

**Q:** What are the colors of our new chakras; the three above and two below?

**OWS:** What a wonderful question! But in order to answer that question you would need to go within yourself and find this for yourself. They are, especially those three that are at the top you might say, are going to be different colors than you might expect. They're going to certainly be high-frequency colors very high frequency colors. And one in particular that has not even come into your understanding yet. This is all we can say on this now.

The ones below are also going to be somewhat different. They are not in the lower frequency colors though, do not think of them in those terms. They are also going to be high-frequency colors here as well. Everything is going to be high-frequency. Everything. And even your, what you would call your low frequency colors are going to be much higher frequency because the intensity is going to be much in the extreme. Your reds, your orange, your yellows, all of this will be so much higher frequency as you continue to move on. You will understand this. And some of you would understand this now because you have had experiences whether in dreams, or your meditations, or simply visualizations that have occurred where you have been in these higher vibrations, fifth-dimensional frequencies, and you have

noticed the intensity of the colors. Have you not? Some of you have. Yes we know this. So to answer that question we hope this was sufficient for now. You will come to this as you move through this ascension process and you remember so much that has been forgotten up to this point and those chakra colors will come alive at that point. And there will be no question for anyone that is rising with these frequencies at that time there will be no question as if chakras are real or not. Okay?

**Q:** Okay. I have already given my chakras colors even a blending of colors. I was just curious. And then my second question is, do we acquire or become more aware of other chakras as we move up in the ascension?

**OWS:** Other of your own chakras you mean or others?

**Q:** No, our own. Do we become aware of more chakras, additional chakras?

**OWS:** Beyond the 12 of you are speaking? Yes. There are more and you will. As you move into the higher dimensions these will come alive as well. And even more importantly they will come back to your remembrance.

**Q:** I think I'm going through quite an experience here and I think ... I know I'm experiencing alteration in my lung condition which I feel is healed. And after my salutation to Claudia, I started coughing and choking, as a matter of fact. And my heart I felt, when I finally stopped coughing, I felt my heart chakra receive -- I couldn't tell if it was receiving or giving -- a huge beam of gold because I have some sacred objects over my high heart and I always do when I meditate. And then when I went out, I went out into a sky that was so gold it was almost thick in color and in texture. And it was just loaded with spaceships. I mean zillions of them and they were having like a party. *All* of them. And I could see light going from one spaceship to another and almost ... it's like a tailgate party. [Note: tailgate is a party in the parking lot of a football stadium.] It was just it was wondrous! And then I felt a real release from my back about the location of my lungs. And I just, like, I don't know, I just feel like a different person.

**OWS:** Wonderful! You are having a release of pent-up energies that have been holding you back for a very long time here and they are now being released. And you are experiencing the releasing of this. It is difficult at times because it is something that is different for you right now. And it is, as these things are being released, it is taking the ugliness or the yuck, you might say, out of your lungs and out of various parts within your body and releasing all of this. And all of this is a wonderful thing that is happening as you are moving through this transition *now*, as we speak here.

And it is a transition of love. It is not anything more than that at this point.

**Q:** When we went through the Advance we went to the causal body and I saw my colors in the causal plane. So when you did that meditation that connected us up to the causal body, correct? It opened it up because every time I go into starting to manifest and create I see the colors of my causal body.

It's just to me that connection was when you have the causal body there, you're simply learning how to manifest through the causal body, but now I'm aware of that. Is that correct?

**OWS:** You are not so much learning to manifest you are, or rather you are re-learning to manifest. It is a remembrance. It is something that you have done for eons of time here. Not only you that is asking this question but all that are here with us at this point. You are all experiencing remembrances as you go through these. This is why it is so easy for some of you and it is little bit more difficult for others because things haven't quite opened up for some of you yet to be able to visualize. But as we always say here if you cannot have the visualization, do not be concerned about that at this point. Just have the intention have the thoughts. And your thought will create the visualization even though you are not able to see it. Okay? So you are having these experiences. They are real. And just keep on going here. Okay?

**Q:** In line with the chakras that we are becoming aware of or will be aware of, is that in line also with our DNA developing into the 12 strands?

**OWS:** There is a connection certainly, yes. You are moving through many different aspects. As your physical body is turning from more carbon-based to more crystalline-based your DNA is reconnecting as you go along here. You may not be aware of it yet. And if you went in for a DNA test it would not come out to those that were perceiving this at this point, but it is something that is happening at the higher levels within you. We always say here whatever materializes here on the physical plane first has to become materialized on the higher planes. And this is what is happening now. Your DNA processes now are changing at the higher levels here and will at some point when things are right for this, we will materialize here in the physical plane as well. But, you have to understand that the physical plane that you are in is also altering very rapidly here, and when this DNA process occurs you will no longer be in the physical plane as you know it now.

**Q:** I just want to touch on that question about how we are going to look and how were going to be when we actually, after the Wave, become fifth dimensional beings. Ashtar showed me. I was on a ship and in the middle of the ship there was this great big, what looked like a beam of light coming right up through the middle of the ship. It was like a hologram light. He was showing me this is how your Galactic human bodies will look. He was showing me the DNA, the molecular structure, the crystalline. He was showing me everything, you see I was in my astral form. But he was really, really excited. And everybody else around was so excited to show us or show me at the time what we're going to look like, what we're going to feel like, what we are going to be inside and everything is changing. And I just want to say they're so excited up there. He was so excited to show me this and it was just wonderful to see that how loved we are and how excited you guys are about this transition we're going through. It was just wonderful to see and I was wondering if you could touch on that.

**OWS:** Yes we are certainly very excited. But we are more excited for how excited you are going to be when this occurs. It will be something that is beyond your wildest imaginations now. Take your most wild Disney cartoon or anything of this nature and look at the symbology and some of this, and you begin to understand somewhat of what is going to occur but not even close yet at that point. You see when this occurs, when you have had these experiences, you will look in the mirror and you will still see yourself. You will still see yourself as you look but you will feel completely different. You will feel a lightness within you. You will feel the love, the bliss moving through you like you have never felt before. Those of you that have had heart openings at this point have felt that sense of bliss. Even the one known

as Charles at this point, who has felt this very greatly and is continuing to feel this. And those others of you that are feeling this now have not even begun to feel yet what it's going to be like. So if you are feeling this get ready because it is going to be so so much more. And yes we are celebrating because we know it is coming very close now. We have been celebrating and preparing these celebration, this party. We are ready to party people! You have no idea. Much more than any kind of party you have ever been to, at least in this lifetime now. So just as we keep saying, get ready 'cause it's coming. More and more to the fact, you are coming. Okay?

**Q:** Yes it was wonderful to see what we are going to go through. I don't know what this light this beam of light on the ship was. It was incredible. It was an incredible piece of the light technology. I can't explain how this they're able to move things with their hands and their mind and it's incredible. I guess I was in the astral but I remember it so vividly while still awake. It's wonderful.

**OWS:** Yes and you will, many of you, all at some point, will have these capabilities to move things with your mind to use telepathy. So no more crazy electronic contraptions you won't need them anymore. You will be able to do everything with your mind and your heart and it will be wonderful.

**Q:** I've been working with the 12 chakras (although I seem to count 13,) and I've been working with the archangels that are attached to them and connecting to them. It's very very amazing and wonderful and profound but I want to check in because I'm befuddled on what one of them is. I've got the causal and the upper and lower Soul Star and also the Stellar Gateway. Those are above the head. And then I have the naval which split into the Sacral and Naval as I understand it. And then I have one below the feet which is the Earth Star. But then I am hearing of another one below the body and I would love to work with it and I'm wondering what is that one and what Archangel is attached to it?

**OWS:** What we can tell you at this point is it is somewhat pre- ... what is word here ... well just say not quite time yet for this to take it much further here at this point. Premature yes. That was the word we were looking for thank you. It's a little premature at this point. It will come as you move through this transition and through your ascension process and as you move into now the terminology has been given into the Transfiguration. And this will begin to give you more understanding as you think of Transfiguration. What does that mean? It means the complete transition of what you are now into something completely different beyond what you can imagine. The best example that can be given is the one that Charles has spoken of here we know in the Star Trek, the Transfiguration, in your Star Trek Next Generation show. And this, there was one particular episode where a particular being on the ship was transfigured in that sense into a light being. This is not to say so much that you will transfer into a light being at that time but it is the process that you are going through and you will experience somewhat of this as you are moving through this Transfiguration process. It will be different because of your Earth, your Earth embodiment here and all that must occur to bring this about. It is not about one person becoming a light being it is about all becoming transfigured in the process as they are ready each and everyone. Okay?

**Q:** In our ascension process we have been told we will meet our mentors. These are our current guides that will actually manifest or are they already within our soul group on these calls? Could you elaborate on that?

**OWS:** We would say yes and yes to this. You are going to have both. You are going to have those of your guides that will become more physical to you, you might say, or they will be completely different from what you have now as they are brought to your understanding and in many respects they will become physical to you when those times are right, when the frequencies have arisen enough and you can have this process. But as of now you each one have these mentors with you, they're just not physically there at this point. You can become aware of them and certainly access within you if you have that connection and have remembered and brought that connection back again, that is wonderful. You cannot have anything more than that. But this will be as the mentors are speaking of here, this will be for those that do not yet have that connection with their higher self, with their Source within them. It will give them that impetus you might say to move to the next level.

That is what they will be here for you. Okay?

**Q:** I've been doing a lot of clearing and my heart has been opening more and more but while I was at work (for a large defense contractor) there was a negative energy that just descended on me. At first I thought why am I getting in this bad mood and then I realized there was something outside of me that just descended on me. I tried working through it and I thought about leaving and going home because I had to get away from it, but I stayed. And about two hours later it had lifted. I even asked my boss if there was like a high level meeting going on where there was some negative energy was doing something. No one felt it but me. I remember thinking I should ask One Who Serves about this. So I would appreciate it if you could tell me what that was.

**OWS:** Yes. What we are seeing here is you are a light amidst the darkness here. That is the way to look at this. You are surrounded by a great deal of what we will call darkness; can even at times be evil forces you might say. But just stay with the darkness idea here and not the light. And it is difficult for you at times to be in this situation but you are there for a reason because you do bring light into the situation where there without you, without another like you, there would be very little or none. So you have to understand that the particular work that you are doing now in the defense-type of situation working with military types of things -- that is what you do right? Are you not with this type of thing?

**Q:** Yes. It's technically not the military, but everybody knows it really is.

**OWS:** Yes. That is what we are saying here. You are associated with this. So it has a connotation within itself of being darkness. Not all of course are. Not all individuals within this are, but the overall idea here of war, or defending from war, or any of these types of things continues to hold that old paradigm here of the 3-D illusion with you here. So again you are a light within the darkness. You illuminate wherever you go if you allow this to be. And there will be times and have been times where the darkness will descend upon you and it will be difficult for you to push away, just as it was at this time. But you did it. This is what you need to do. And if you feel at these times when this occurs that you need to get out of it then get out of it for a little bit. Go outside. Be in nature. Feel the energy around you. Feel the light around you. Look at the sun and feel the energies of the sun coming into you. And this will help greatly with your mood at the time and will help greatly with for continued mission here. And we emphasize that: your mission. Okay?

**Q:** I have been trying to, or not trying to, I have been intending to send love and light to the illuminati and their families and their loved ones. And then I find myself sometimes getting afraid afterwards. I know that's not helpful and I'm just not sure how to trust that I'm safe in doing that. Like in some way I start to feel like maybe I am inviting something in by even thinking about them. So I was hoping for some reassurance that I can do that and feel completely safe and protected.

**OWS:** Yes. First of all before you do something of this nature find the light within you. Just as you did in the meditation here as we have directed James in many occasions to always utilize the light. Bring the light through you, around you, feel it all around you. Feel that as your protection. Then connect with those that you are speaking of here, those of the dark forces, those of the other side you might say, the shadow side. And when you do this you are developing an energetic connection with them. They may not be aware of it at the time you may not even be aware of it but you have energetically connected with them. And they will in turn send energy back to you. It may not be the kind of energy that you want though certainly, but if you have the light you are protected here.

Now, if you are sending out love then all that you can receive back is love. You see? It is reflected back to you. You send love, only love is reflected back. They may not feel the love though, or they may push that love away, but that is not for you to be concerned about. You do what it is for you to do in your mission and let everything go. Let God work through you let the Source work through you. Okay?

**Q:** You know California is my home state and I have heard people say that California is on fire because Gaia needs to rid herself of the negative energy that has gone on there for so long. But I just feel that enough people have died, and enough of the animals and plants that I love have died, and literally multiples of my cousins, aunts, uncles, and my son, are under evacuation orders and have had their homes threatened or actually lit on fire. And the negative side of my (our) family are so disconnected from their God Source that they have to use technology; but they can use that technology to create massive hurricanes and dump hundreds of inches of rain in days!

And so you to tell us 'ask and we shall receive'. You Galactics tell us that you can't do anything for us, you can't intervene, unless we ask you. We have to give you permission. Well I just want to direct this message to Source and to Mother Father God, and to the Elohim, and the Angels and the Archangels, and all of the Masters, and all of the beloved Elementals, and my beautiful Gaia: I want to say -- and this is my question -- I just want to say on behalf of my beloved California, a state which I love, I am asking you to send us an event -- a rain event or whatever event that you want to do. I wouldn't dare direct your actions, but you have the forces of nature by name -- and so I ask for whatever event you want to give us, an event that will make people drop to their knees and say 'surely that was an act of God.' That all at once, all of those fires in California, from beginning to end of the state, were put out; that it was such a mighty event the whole world would take notice. And so One Who Serves and all of you in my family of light, that is my question. Will you put out these fires in California?

**OWS:** As much as we would certainly like to see this and some grand event happen where all the ships would come over and send water down or whatever they could do, unfortunately at this point that is not going to happen. Because there is a purging that is going on there in this particular area and other areas across the planet. It is a, in some respect a release. You can call it this, for the energies here, but it is also those of the forces of darkness that are creating this.

This is not an act of Gaia as much as it is forces that are coming into play here. And they are bringing about what they think is something that will help their cause, you might say, in their new world order kind of idea. But it is not going to have that effect and it is actually having an effect of when these types of catastrophes and calamities happen, the good nature of people comes out.

Whereas before they wouldn't even give the time of day to their neighbor but now they are reaching out and handing them food and water and whatever is needed to help through this situation. It is as if the best of man comes out in these types of situations and that is true. And this is what is happening here. It does not seem that way for those that are experiencing within it, but they will look back on these times -- yes they may have lost their homes and sometimes loss of life -- but they will look back at this time as realizing what it was in that moment. It was a purging that is happening but is even more that is happening. It is bringing about good will toward man. And this is what you can look at here to help the situation.

Now, with that in mind, you can also do what you can to ask, as you are doing, ask for the cessation of these fires and for the bringing of rain and all of this. This is what those of the Native Americans and others have been able to do when they are needing a certain type of energy to come about such as rain, or the cessation of such, or whatever it might be. And they can bring this about because of their connection. [audio interference] Do not understand where this is coming from. Please mute this. It was beautiful music... [speaking over] So anyway, where were we? To understand that it is a, there is reason for all of this. And this is what you need to look at.

Even though it is difficult, even though you are experiencing great pain and suffering from this, something always comes out of this that is positive if you look at it in that way. And it is always that we keep saying: everything *is* being orchestrated here. Even this part of things here. So when there is something very negative such as these fires you can look past this and see the positive that will come out of this. When fires burn away, they always bring back life after. You see?

We know this was not the answer you were looking for. You are looking for a grand event to occur but so is the entire world, at this point, looking for that grand event. The Event. And that is on its way as we can say here now.

We need to release channel here now. We need to release channel so we will tell you as we release here we will tell you that everything is in motion. Everything is in motion and exactly the way it needs to be. And this is what you need to hold onto as you go through various types of situations, various types of catastrophes or calamities of different types it is all part of the process. And as you are moving through this process just allow it to be. And continue on with your life and *be* in your life in every single moment.

Shanti. Peace be with you. Be the one.

Channeled by James McConnell

[www.meetup.com/ancient-awakenings](http://www.meetup.com/ancient-awakenings)

[www.ancientawakenings.org](http://www.ancientawakenings.org)

Article may be reproduced in its entirety if authorship and author's website is clearly stated.

"Believing is seeing!"