

"Time To Sit Back And Enjoy The Show" - Sananda

Sananda, One Who Serves and Ashira

“Sananda” and “One Who Serves” channeled by James McConnell

“Ashira” channeled by Dr. Susan Sammarco

(Note: these messages were given during our weekly Prepare For Change group in Glendale, AZ on February 7, 2016)

“Sananda”

This is Sananda. It is wonderful to be with you here again as we have been each month. It is such a good time to be able to share with all of you, share all of the messages that we have, all of the understandings that we have. But please understand that you also have these understandings. It is not something that only we have. You were born with them, you came in with them. It is just a matter of re-acquiring those messages, those understandings, remembering. You have heard this many times and we wish to say here that the last month we were preempted by our dear brother Sanat Kumara. And certainly I was more than willing to step aside for the message that he brought last time.

And of course that message was that there was going to be a Great Initiation across the entire planet. Many would feel this in many different ways and many have already been feeling this but the major impetus of this yet has not been felt. It is still coming so relax, sit back, and basically enjoy the show. Because it is a show, certainly to those of us who look down upon you, we see this as a show. It amuses us at many times, it saddens us at other times, but we can see that all is progressing as it needs to. All is happening as it has to, to continue to bring about all the changes that need to happen here. And the changes are many, as you have been understanding.

Yes, we know that you are not yet seeing these with your physical eyes but close your physical eyes, let your inner spirit come through, your inner understanding, your inner sight come through. That is how you will begin to see more and more and as you open your third eye, more will come to you and there will be no stopping it once it has been fully opened. So sit back and relax, all is happening as it needs to, all is happening as we have been saying for some time. And even more importantly, all is happening as you knew it would before you even came into this lifetime. Those of you that came in and

knew that this was the last lifetime that you would have to reincarnate for; and we are telling you now that this is true, that is the case.

We recently gave a message to James - he has not yet shared it - it came just after his dream state when he was in the awakening, just after his coming awake - and at that time he was given the message that “they have not surrendered but we are taking over”. And we are taking over. There are still some things that we cannot do because of the Prime Directive as you know it but it is all happening and we are going to be more and more and more moving in and taking, not control because we do not want to take control away from you, but giving you more and more assistance, more guidance. That is coming. Please understand that there is nothing that can stop it now, nothing that can hold it back. The cabal, as you know it, is in their last...we don't like to use these terminologies...but their last dying breath. Even what you call the chemtrails now are dissipating; you will begin to see less and less and less of them. Their funding has stopped, they cannot continue to do this as they were. You may see little glimpses of it here and there but the major use of these chemtrails is no longer going to be an issue. They did not get what they wanted from it and they realize that it is a futile attempt at this point so it will be drying up so this is certainly good news for all. For you will be able to look at the skies and see the blue, the clear skies, feel the energy in the skies once again. This is all over the planet, not just here in this United States, but all over the planet. You will begin to see the skies clearing more and more.

So much is in the works, so much is happening, so much. We are proud of all of you, all of our brothers and sisters, all of our dear friends that have been working at this, working and working to make this all happen. For without you it would not be happening; we could not do it for you, we can only do it along with you. So know that there is nothing that can hold it back and you are going to begin to see more and more and more of the results of your labors as we continue to move on in this year. And it has been given by my beloved, Lady Nada, that this is the year, 2016 – this is it. There will not be a need to go beyond that. We are telling you that now. Unless something incredibly major happens, which it cannot, there is no more concern about this. You will see a great deal, a great many changes, in the weeks and months to come here. That is my message as Sananda I will leave you now. All of my peace and love be with all of you as you continue on doing what you came here to do and preparing for the missions that are at hand. (*Thank you, thank you*).

“One Who Serves”

Greetings to you. This is One Who Serves here and just so you know we are not just one, it is not just a “he” as it is many of us. There are several of us that are considered the One Who Serves - it is a title, you see. So we are here to assist in any way that we can, to be of service. That is what we do.

And we are here to answer your questions but before we do we wish to just share a slight understanding here. It was said that there would be something profound would come in this time here and we apologize that what was going to be is not quite ready yet but it is coming. You are going to see it, it is going to be here. Certainly the understanding from Sananda about the drying up of the chemtrails though is pretty profound we would think, would it not? So everything is on track, everything is on schedule here - not your schedule but our schedule at least (laughter)- and you will begin more and more, as Sananda has said, to see the changes, and in your time you are coming to the finish line and everything is going to turn out roses, okay? (*Okay*) Would you have questions now for One Who Serves and Ashira who is standing by?

Question: I have a question. This is Diana from Phoenix and I would like to know if “Killary” is going to be indicted and if there is even going to be an election? (Laughter)

“OWS”: Boy we get right to the point, do we not? We would say to you that, as Sananda has said, “sit back and enjoy the show”, okay? There is so much that is happening and so much still that is yet to happen and we would say that the idea of the election, as you know it, will never be the way it has been. It cannot continue on in that way, it is what you call a travesty at this point. So most of the population is not aware of this yet but many are, many more than you would possibly think and are aware that the election process is not what it was meant to be or what they thought it was. So many are beginning to awaken to that and many others, still many though, who are not and are ready to go and cast their ballot and think that they have something to say in it. They have not had something to say in it for a long time. But they will come to the understanding and certainly these things are going to be cleared up and cleaned up, okay? (*Excellent - thank you*). Do you have anything to add here Ashira?

“Ashira”: No I do not think so, thank you.

“OWS”: Okay, very good.

Question: I have a question about that - this is Joanna from Phoenix. Really quick based on what Diana is saying. Are the candidates that are speaking out, that are debating etc., do they know what they're saying, are they aware of what they're saying or are they really super asleep?

“OWS” There are some that are very much aware but they have to play the game in order to feel like they could be in a position of presidency or Congress or any of these kinds of things, they have to play the game and they know this. So they are saying things that they know are not true in many respects. But isn't that what you call politicians, that they lie through their teeth and all of these types of things? Do they not? They are very much scripted, yes. And it is unfortunate but it is what it is and it is changing and it is going to very much, drastically, change here. Anything to add here Ashira?

“Ashira”: I think not at this time thank you.

“OWS”: Very good.

Question: I have a question. Greetings One Who Serves and Ashira, this is Kathy. Lord Sananda had mentioned that we will be receiving more and more guidance and help to battle against these cabal and the dark side, whatever you want to call them. Are we expecting like another wave, like the September wave, like a second wave coming through and going into a higher frequency very soon? Is that what was meant?

“OWS”: Ashira would you like to go first with this one?

“Ashira”: Thank you yes. Sananda talks about where you are in this very moment in time and yet also a month ago you learned about a Great Initiation. It is not so much that there is a great new spirit of energy that is affecting everyone, or will affect everyone.

However, as you rise in your consciousness, as you rise in your frequency, more and more of these opportunities become open to you. More and more of these connections to those of the higher realms come to each and every one of you and everyone upon the planet. This is what we would answer for you is that you are looking forward to more and more opportunities to see and that veil drop, see those connections come to you, see as you hear and you feel all of the newness that is upon the planet. Does that help? (Yes). Yes, One Who Serves.

“OWS”: We just wish to add here that the concept of the cabal and them attacking you and the negative energies and everything...we wish for you to put this all out of your thinking process. Do not allow it to come into your understanding. Believe and you will see - and we do not give that lightly. Believe and you will SEE - because if you continue to use the old paradigm of “seeing is believing” and letting everything happen to you then it will continue to direct your life in that way. So begin to more and more to know who you are and that you are controlling your life and that no negative energies can come into you unless you allow them. And that is the ticket, that is the understanding here, you have to allow it to come in. They cannot enter your energy field without your allowing it in some way. That is a secret they have kept from you for a very long time but we are telling you now that that is no longer the case; they cannot influence you if you do not allow them to influence you, okay?

Question: I was just...because Lord Sananda had mentioned that we will be receiving more and more help so I was asking if that was what it was. Is it another wave that's coming in to give us more knowledge, more helpings to raise our vibration higher, that's all...

“OWS”: Yes and Ashira has said that it is not so much of a wave of energy, although that is also coming as well, but it is not so much that that Sanat Kumara was speaking about. He was speaking of a consciousness movement within each individual, okay? (Yes, thank you). Are there other questions here?

Question: I have another question...

“OWS”: We also need to go to questions on the network here as well, but yes...

Question: This is Diana and I wanted to know of the five planets that we've been able to see in the sky I did notice that at least four, Mars Jupiter, the moon and then there was a very, very bright, bright planet which I thought was Venus. But in the middle of it turned real red and it seemed really huge. Can you explain what I might have been seeing?

“**OWS**”: Yes you are seeing what has been called the New Jerusalem. It is in front of the morning star and the evening star, Venus. (*Wow it's huge – thank you*). And it will become, to use your vernacular, even huger. (*Laughter - can't believe how big it is now and it's so far away, wow. Thank you*). Anything to add here Ashira?

“**Ashira**”: No we will let this go, thank you.

“**OWS**”: Very good. Are there other questions now - we can come to the network now Anne, if you wish?

Anne DeHart: Okay well, wow you guys really hit the ground running this morning. Good for you - that was great. Thank you for the good questions. Okay we're going to move on, asking you to be very concise so we don't use up the energies of our channels. I'm opening 352 ending in 3047. We're asking for your first name, location and one brief question. No conversation please. Come on.

Question: Hi Anne this is Rod from Florida. Just wondered if there is anything new on the dinar in terms of whether they're going to announce a rate on it anytime soon?

“**OWS**”: Ashira would you go first here?

“**Ashira**”: I will go first and I know that you will come up with information

too. We are not ones who will give you times or dates because that changes from moment to moment; there is so much going on in the background, the background of which is beyond what you are seeing at this time. We will say it is close. All of this is close because it is occurring behind closed doors. And so keep your eyes open because there are lots of things occurring at the same time as well. One Who Serves?

“**OWS**”: Yes and we are going to add as Zorra has said many times: do not sell back your dinar, your other foreign currencies - do not sell it back, hold onto it. It will come forward and be very beneficial for all of you. Are there other questions here?

Anne DeHart: Okay, are you good Rod? (I'm good Anne). Okay I'm going to close your line. Good to hear your voice and you asked the question for all of us - we appreciate that. I'm moving on now to 843 ending in 8176. Your name location and brief question, come on.

Question: Yes hi Anne this is Henry in South Carolina. I have a source that says that we have a lot of our so-called corporate government...lot of clones out there, even Obama possibly. Can you verify anything of that nature?

“**OWS**”: The idea of cloning is something that has been going on for some time; you would be amazed at how long it has been happening and how many it has happened with. But we would ask you to not be too concerned about that anymore. It is being curtailed, it has been taken control of by the forces of Light, and there is not anything that they can do with this particular kind of technology to continue to enslave and control the masses. So it is not something to continue to concern yourself with. It has happened, it is nearly done with. It has been very secretive and in very secretive areas it can be done in the very deep bases and these types of things but for the most part it has been very much curtailed. *(Well thank you very much I figured that was the case, I just wanted to get it confirmed).* Do you have anything to add here Ashira?

“**Ashira**”: No thank you.

“**OWS**”: Okay then we’ll move on here.

Anne DeHart: Okay, thank you Henry. I’m closing your line and please touch #1 for me, Henry and I see Rod already did, thank you Rod. Moving on to 760 ending in 2986. Identify yourself please and you may ask your question.

Question: Hi, good morning this is Happy. I’d like just to know anything that you haven’t said yet that’s important that may be about whatever is going on in some of the realms. If there’s anything else that you can say that’s important that we need to know.

“**OWS**”: My goodness *(laughter)* we certainly chuckle at this one because there is so much that has not been shared in many respects but so much also has been shared. We have given many indications of things that are happening behind the scenes and happening as we speak now that are still going on. But it is, again, not to be of concern here because all will be revealed; all is going to come through in the disclosure process as it has been said. The truth will all come out at that time - what is the saying from your X-Files, “the truth is out there”? You are going to get the truth believe me, believe us; we are an “us” - we forget that sometimes. Anything to add here Ashira?

“**Ashira**”: No we chuckle here as well - thank you for the answer. (Thank you).

Anne DeHart: Well we're just doing our best to wheedle something out here. Thank you Happy. I'm going to go ahead and close your line...

“**OWS**”: You can try to wheedle and wheedle as much as you want but we can only give what we can give here. (*laughter*) We also, you may not understand this, but we have our mentors as well that we have to seek guidance from. And sometimes we are ready to say something and they say “no, no, hold back - cannot say that”. So even here where we are it is the experience that we have to hold some things back still.

Anne DeHart: Well you know I think sometimes that this was the purpose for this last question. Sometimes we understand the rule of the game is you can only answer a question, you cannot offer of your own volition some information. But if we ask a question then that opens up more ability to respond and I think that was the purpose that Happy had. You are still open – I'll close your line, Happy, if you touch #1. And thank you for trying. (*Laughter*). Oh I want to ask you a question about something, One Who Serves.

Question: This morning when I was looking at my email I received a brand-new YouTube from a country foreign to us, it doesn't say where and I think they were mostly black skinned people there. And they were looking at a huge...it looked like a rainbow but it was all solid making it look more like a planet. It was huge and they were in such awe, the people that were watching, and they were quoting Scripture saying that it's this, it's that. Can you give us any enlightenment as to what that huge, it must have been a planet or mothership that they saw, can you tell us anything?

“**OWS**”: Yes we can say that this is an example of the various glimpses that we have been speaking of for some time here, seeing through the veil, being able to see more and more and more with your physical eyes.

They, all of the expression that is out there, all of the new understandings that are coming so these things are going to increase and increase and increase as your statement, your channeling, that you had about what you call the arrival. All of that is still coming - it is

going to be very prominent in the times to come. And disclosure is going to happen one way or another whether it comes through your governments speaking about it or whether it comes through full disclosure coming from more of us and those in the ships above, okay? Anything to add here Ashira?

“**Ashira**”: No I don’t think so, thank you for asking the question.

Anne DeHart: Okay, thank you. Well everybody I’ll be posting it if you want to see it, it’s quite amazing and looks like a huge rainbow but it’s all solid. It’s big, okay let’s go to 804 area code ending in 2693. Your introduction and your question please.

Question: This is Jimmy in Virginia and I had a question for One Who Serves. A friend of mine noticed that for the first time today for Super Bowl 50 they’re not using the Roman numeral anymore; they are using just the letters “50”. Can you enumerate any on that now?

“**OWS**”: Part of that is the new understanding that is coming from many directions. And you would think that something of this from the sports type of thing which is, yes part of the cabal in many ways, but all of this is a process of change. And in this small respect it is changing but there will be others that will see this and begin to see it in a new light, in a new consciousness. This is a step, you might say, baby steps. Anything to add here Ashira to this?

“**Ashira**”: Well, we would see it too, the audience or the younger audience is not as familiar with the previous methods of the writing that took place. And so the 50, the “5” “0”, is something that is more broadly understood, more broadly accepted; and again a step into the future. Thank you.

“**OWS**”: We would even add to this - how many of the adults around here even know what “V” and “X” and all of that mean anymore if you think about it?

(We were just wondering if it was part of the Roman empire - with the Roman empire influence on us and that energy fading out as you set into this new energy and new Light).

“**OWS**”: Yes new energy, new paradigm. *(We’re all for it - thank you very much).*

Anne DeHart: Okay, I'm back I had to let the doggie in. Okay Jimmy thank you, good question - you're very observant. Alrighty I'm going to go ahead and close your line and I'm opening 360 which is the last hand raised folks...360 I'm opening your line ending in 9642. Your introduction and your question please. Yea come on, who are you?

Question: Hello this is Fran from Washington state and I have a question that might help others as well. For the last six weeks about I've had this freezing cold energy around me; it's like I feel it in my bones it's just so cold and it comes and goes. But during this last week I've had tremendous energy coming in, great pressure in my head, my eyes, my face, neck and shoulders. It's very intense at times and has been lasting almost a week with pulsating energy in my head and my body. Can you tell me what's going on? Thank you so much.

“OWS”: Yes Ashira would you like to go first here?

“Ashira”: Yes I will, thank you. Dear one what we would share with you is that you are simply experiencing the energies that are coming into this physical plane, energies designed to raise your frequency, and your body has interpreted them in different ways and being cold and being warm. But truly this is a source of energy that is coming into this plane of existence and what we would say is that if you could take time to ground yourself in bare feet with mother Earth that would help to ground that energy into the planet as well and you'll be able to more fully equalize the experience in your body. Does that help? (Yes thank you very much I do that anyway). Alright good, One Who Serves?

“OWS”: This is part of the understandings that Sanat Kumara gave in terms of initiation or movements of consciousness in an individualized fashion here. So you are experiencing the changes as he spoke of. The beginnings of this, not fully yet, but the beginnings. It will increase for you and it will also come in many different respects and ways for all of you.

So get ready, it is coming. Enjoy; sit back and enjoy the show. *(Thank you for that - I appreciate it. Bless you one and all).*

Anne DeHart: Yes, okay while they're getting brave - the hands are... I thought we were going to have a short show folks *(laughs)*. Okay Fran I'm closing your line - there you go

and be sure and touch number one for me please. Rod is back; when everything had cleared he took advantage of it and raised his hand a second time. Come on Rod.

Question: I was watching a like Science or Discovery and it was talking about the evolution of animals and the first one they had looked like a piece of spaghetti with a hole in it and it would suck nutrients out of the environment that it was in and it discovered somehow that it should have a jaw which would help it. And they determined that it took about 50 million years in order to evolve a jaw. And we were talking about an animal that was about 500 million years. Now when our guides talk to us and they say it's imminent are they on the same time zone that we're in or does the blink of an eye mean to them 10,000 years. Because looking back over the amount of predictions that have been made, I say it's a pretty sorry case of failure and may be... Do you get the drift?

Anne DeHart: Yes we understand - thank you Rod.

Question: Are they in a different time zone?

“OWS”: We are in some respects, yes in a different time zone. But more in a “no time” zone, more in a “zero time”. So to understand what you are experiencing here is that time, as you know it, is certainly speeding up.

There is so much that is happening and is in the process of acceleration; so what took before millions of years is done in much shorter period of time. We are talking about a full evolution of consciousness, a leap you might say. And this leap of evolution, the leap of consciousness that is occurring now is going to be very profound, indeed. And you are going to be glad that you are here through it all when it comes more to the ending or what you would even consider the beginning of the next phases.

Anything to add here Ashira?

“Ashira”: I thought I was going to have something to add and you are so thorough, I do not. Thank you.

Anne DeHart: Okay well we appreciate that. Thank you Rod – we're pretty much synchronized here and I know they're doing their best to not mislead us timewise; that's

why they're so careful not to give us any kind of a finite date as we see it. Rod I'm going to close your line and ask you to touch number one. Fran your line is still showing in the question queue - have you touched number one Fran? And let me open 970 ending in 3786. Please introduce yourself and your one question.

Question: Yes good afternoon. Hi Anne and thank you for all for your being here today. (Anne DeHart: Who are you?). I'm sorry this is Barbara in Colorado - I'm sorry I forgot to tell you who I was. I was just wondering if you could speak more about the new governance, the new Republic and the kind of shutting down of the IRS and Federal Reserve; specifically the IRS because it seems to be that there is still pretty much an action to try to be very intimidating to a lot of us. So if you could speak more on that and then as it relates to NESARA.

“OWS”: We could speak volumes on this particular topic but Ashira would you want to start here on this?

“Ashira”: Well there will be all kinds of changes. We've said before that this is the year that all of this is taking place, all of the new governance around the world, the NESARA and the GESARA, relieving everyone of the debts they have had in the past. All of this is taking place now. I am not going to be one who tells you of who is going to step into place in every situation but I will say that if you have money that you are expecting from the IRS turn in your receipts now because it is going to be out the window. One Who Serves, take it from here.

“OWS”: And you just took the words right out of our mouth, or James's mouth here at this time. So everything that you know of when you look up the term NESARA and look it up in the correct fashion, and not to the cabal's version of it but Forces of Light version, you will find that all of these things that you speak about: the New Republic, the ending of the IRS, the revaluation and global currency reset and all of these things are going to be a product of this particular year that you are in now. It is all coming to an end, it is all going to come to a head, you might say, very shortly these things will begin to show themselves. And as Ashira has said your IRS, what many call the “infernal revenue service” (laughter) is going to be kaput. It is going to be gone as you know it now; there will be a facsimile of it but it will not be the dark and negative corporation that it is at this time. *(So we have to pretty much play the game until that all happens I would assume.)* That is correct.

Question: And can I just throw in one other thing. If you could speak on mentors - what that will feel like, what that will be like and are they coming soon to assist us?

“OWS”: Yes in many respects the mentors are already here with you, you just may not be aware of them yet but there are many who are becoming aware of them. They are coming in their dream state, they are coming in their meditation state, in visions and all of these types of things. But they will eventually come to you in a more physical fashion - you will come up to them, they will not necessarily come down to you so that is something you have to be understanding about that you do need to take action, you need to make a move and it will happen very fluidly as these energies come in more and more. But you will need to move up in your vibrations mainly by letting go of the old programming. We know the discussion here earlier was partially about programming and we would say to you to certainly let go of all of the old programming, as you can begin to voice the new understanding, the new level of the new paradigm here. Begin to voice that out - that is the “believing is seeing”, all of these things. Begin to voice it, make it come into your understanding, into your life directly. Anything to add here Ashira?

“Ashira”: I will add - you asked how can you know them? They will be as good friends - when you meet face-to-face you know that you will have known these ones who come to serve as your mentors from other times and other places. You will have a comfort of your heart with them, you will be on an equal plane and yet they will have so much to share with you. There will be almost like catching up - you will find this a very enjoyable experience. One Who Serves?

“OWS”: Very good, next question?

Anne DeHart: Okay thanks Barb I’m going to close your line and don’t forget to touch number one for us. We’re moving on to 607 ending in 9400. That’s a good number. Your introduction and question please.

Question: Well thank you Anne. My name is Glenn - I am from New York State and my question is I’m not experiencing sickness per se as towards the ascension; I was having very heavy dreams at night of not so much contact but good will but as of lately I find myself waking in the morning with a lot of anger that I have to push off of me before I start my day. Like I lay in bed and I’m just very angry and violent, even towards my partner whom I love her very much. I have a violent imagery in my head until I get up

and make the affirmations of intent, of love and good will. Can you, can anyone explain to me why I'm going through so much turmoil in my waking hours?

“**OWS**”: Ashira would you like to address this is?

“**Ashira**”: Yes. So what we see with you dear one is that you are processing the energies upon the planet that are in a very confused state. Many, many angry people. And it feels very foreign to you because this is not how you relate to the world. How can you perhaps prevent this from happening? Before you go to sleep at night share your gratitude, share your gratefulness, share the good things with your partner in life.

And when you awaken in the morning you how do you diffuse this? You get up and once again share what you are grateful for and you process this easily and effortlessly knowing that this has not to do with you. This flows through you and that you are not holding onto this, you are letting it go. And you're picking up with the cheerfulness and the love that you have in your heart, in your mind and in your mind's eye. One Who Serves.

“**OWS**”: And we would add that those who tend to be more empathic would have more difficulty with this because as Ashira has said, the ones who are more empathic will take these energies onto themselves and they must have ways to rid themselves of these energies. And the way to do this, as Ashira has said, is to be in gratitude. (*Okay well thank you for your consideration and your time and for everything you do and I'd like to thank everyone that is listening and tell them to continue the Love, the Light and to continue throwing your energy upwards*).

Anne DeHart: Okay thank you Glenn - I just closed your line. Glenn if you will touch #1, Fran if you're still listening you have not exited the question queue - touch #1 for me please Fran and Jimmy. No Jimmy your coming up for a second round but someone new is here before you and then we'll be back to Jimmy again. 817 we hear noise (muffled background noise) - 817 okay I'm going to have to close you because you don't hear me - okay I closed 817 they're not attentive right now. Jimmy I'm going to open your line again in Virginia and there you are, come on.

Question: Yeah I wanted to know if y'all could receive...my dreams have been...I've recorded over 20 dreams just since the 1st of the year. And I had a dream last week where I had a golden hand of solid gold on my right hand, on the back of it, and I was told that I

was one of the golden ones. And the question that I'm asking is that I keep sensing that's so powerful is the capstone of solid gold on the great pyramid - is it ready to be discovered and put back on the great pyramid?

“OWS”: It is not so much that. We'll answer this second part and then Ashira can answer the first, if you would Ashira, okay?

“Ashira”: Alright.

“OWS”: The second part of this is the capstone is not needing to be re-discovered - it has never been lost. It has only been lost to the surface world here. But it has been secreted away, very safe, and it will be brought back to its rightful place once the energies are ready for it, okay? *(Yea, that's what I thought).*

“Ashira”: Alright I will talk about the dream state that you had. This is a time where everyone on the planet is experiencing different types of dreams and the fact that you are experiencing these many dreams, are some of these lucid dreams that you are having?

(Oh very much so). Yes. (I've been really aware of going into the ascension chamber, the ascension tube, and several years ago I had a vision where it was called the superhighway; and I've been aware that this is the superhighway that we are all wanting to connect to. So through meditation and visions I've been going through the superhighway of connecting).

That's wonderful so we would just say congratulations, this is a step in your development of consciousness, this is a step of understanding of who you are and your part in the entire plan for the planet. There are so many who are Lightworkers who have had dreams of various import, of past lives, of future lives, of multidimensional lives and so this is just part of what you are experiencing. And we are very happy for you for the more aware we are on the planet, the more that each of you embodies and embraces that which you receive from your Higher Self, the more quickly it can be available to others as you are called. Does that make sense? *(Yea, it was also revealed as the yellow brick road).* Yes, will we have had experiences in this group with the yellow brick road but we will not discuss that today and leave it for another time. Good luck. *(Thank you, thank you very much).*

Anne DeHart: Oh, that's intriguing, thank you Jimmy, thank you - I'm going to close your line and we have two lines that are open. 817 we tried you before and you were

distracted with noise in your environment so let me give you a second opportunity. 817?
(background noise) Okay they are somewhere else. 928 I'm opening your line - 928
ending in 1498, not 1492 but 1498. Come on.

Question: Hey thank you this is Sue in Tucson Arizona and I have a question about a vision that I, or an appearance that I had last week one evening when I was meditating and quiet. What I thought were two, but maybe there were more than two, beings appeared that I felt were probably Zeta Reticuli beings. They looked...you know, they had the large eyes and slanted appearance in their head with almost what some people refer to an insectoid appearance. Could you comment on why they were here, who they are to me?

“OWS”: Ashira do you wish to address this?

“Ashira”: I will start. So dear one, how do you feel about these beings being with you? (Well, I accept them and, you know, was aware that they were present. I've been told that I have had a lot of connection in the past with this star system). Right, well we would answer to you is that in your state of meditation as in your state of dreams the veil has been dropping. And so as the veil drops you have visits from others and they are there to visit with you, to share with you, to care with you. We are not, we do not have any sense of concern in this situation and we know that you also have others who visit you in dreams and in meditation so the connection is that they purely wanted to visit with you and we will let it go at that. One Who Serves.

“OWS: Very good - we do not have anything to add at this time to that. (Okay thank you).

Anne DeHart: Okay, the hands are coming back up again and we'll squeeze until they tell us to stop. Sue I've closed your line and you touch #1. I'm going to 303 ending in 1087. Your line is open, come on.

Question: Hi this is Richard from Colorado. I have one question - a friend of mine sent me a photo of a UFO that was taken over McPhee reservoir in Colorado this past summer and they were taking pictures of the lightning and it was kind of on the dark side

a little bit, you know, maybe evening. And this large superstructure showed up and it's a quite stunning UFO with a lot of light underneath - you can almost see through it, a lot of orange light around it, a lot of orange light below it and it's quite stunning. I'm wondering if you can tell me where it's from and what the mission was.

“**OWS**”: With these types of questions we cannot directly give where they are from and what they are here for. (*Oh, okay*) Understand that they are a part of the expression that is needed to bring about these glimpses that we have been speaking of and disclosure. So all of this is to be shared with those who are ready to understand it, ready to see it, ready to believe it, all of these things. So do not be concerned necessarily yet about where they are from - all of this will come forward in disclosure time. You will begin to...at first only those that are more human looking that look more like all of us here - these ones will be the first ones that will make contact directly. And then it will switch to more of your Star Wars Cantina type of thing. (*laughter*) (*Okay*) That was purposeful please understand, all of these things are purposeful. So your movies, many of your movies are on purpose; they are not always for the darkness, not always done by the cabal. Many of them are done by the forces of Light, just somewhat directed by the cabal in certain ways. But this is all going to come forward. This is all we can say on this particular sighting at this time. Anything to add here Ashira?

“**Ashira**”: No thank you.

“**OWS**”: Very good. (*Thank you very much*).

Anne DeHart: Okay, well that applies to all of us. We're going to see these things but we just accept them or ask in our own heartmind to learn as much as were allowed to learn at that time. And so we won't ask about anymore sightings because we are learning that that's limited. Happy, I'm going to open your line. I know you were on before but you lingered and maybe you weren't complete so I've just opened your line again.

Question: Yea I was just wanting to know if you could give us some, some specific practical events that would occur that would let us know that we're actually right there on the mark for whatever is, this big shift is going to take place in our world on our globe. Is there any specific things that you could point us towards that would happen that we would know for sure that this is what's happening?

“**OWS**”: Yes we can tell you practicality-wise that when they happen, you will know it. (*Laughter*). The only way that we can put it at this time because the order of things has not yet completely been determined, and as we say many times, because of man’s consciousness all of these things are altered in many respects. So we can say one thing will occur such as the global currency reset will occur and then the re-eval will follow that. And if we say that, all of you will now be looking for that to happen immediately so we can not to do that because it may not happen that way; it may happen with a disclosure type of thing first or the Event or the series of events or many other... A announcement of the Republic, all of these things could come and they will come in the order in which they needed to in that particular moment as they are announced.

(Let me ask you this - the fact that there is a stock market process going on in a downward spiral here, is that significant in any way?).

We can tell you to take your money out of your stocks, literally. (*Well, some people make a lot of money...*)

There will be no more stock market,

(But I meant is that a significant thing in reference to all these other things happening - that’s what I was wondering if a crash in the market is a huge significator...). It is a huge significator, yes. (*It is*). A large indicator.

Anne DeHart: Okay.

“**Ashira**”: I would like to add...

Anne DeHart: Okay we are getting hands up...

“**OWS**”: Ashira wishes to address this as well.

“**Ashira**”: One of the benefits of having a group such as this...each week talking about what’s happening in the world helps one to become more aware of everything that is unfolding. A year ago conversations were not the same, two years ago conversations were definitely not the same.

Conversations that take place now are noticing as things that have been expected are unfolding, as things that were expected have started to happen, as things that you might be looking for in a group such as this is talked about on a weekly basis. If you have an

opportunity to meet with a group in your area and start to have these types of conversations it will help you feel supported through this, does it not group? (Yes, yes). Yes this is a very supportive group of people who have similar ideas, similar belief systems, coming together. And we know that Hollow Earth and all of the Internet has so much but if you can go into a group, even if you start one yourself sir, start in a group. Have people who will surround you and everybody is watching and everybody can discuss what is happening and you will feel so much more relaxed in the world as it unfolds before your eyes. Thank you. Anne?

Anne DeHart: Alright that was very good - I hope everybody can take that to heart. You need one strong leader to open the door and invite and then the camaraderie will grow and develop and you will feel so at home with each other. Thank you happy I'm closing your line, okay? Please touch #1 for me Happy and and Fran and I'm opening 708 ending in 9261. Introduce yourself and your question please. Wait a minute 818 opened somehow - it jumped just as I opened your...you're not open 708 and I'll have to close you 818. Okay 708 you're on. 708 ending in 0171 your line is open.

Question: Oh hi Anne, hi everyone, this is Loretta from Chicago and I just want to make two comments real quick. One finally I got a part answer for Chicago's financial district - it was announced a few days ago that Chinese investors have bought the Chicago Stock exchange. So now I am so happy that the cabal from Chicago can finally go bye-bye. And second I did have questions but because of all the wonderful explanations that One Who Serves and Ashira has been giving us...oh my goodness, I'm so glad that I got on this call today because I have been going in a whirlwind all week from one end to the other because I work for a tax company and I don't want to be there because I know the IRS is full of baloney. But I have to be there for now for financial means and all week long as I've been doing the tax returns, I've been getting a nudge on my shoulder and calling my name. I look there behind me and there's no one there (laughter) and they said just go on and do what you have to do, just play the game and help those that are in front of you, just remain patient and focused and ground yourself. The time is short and it's going to happen very shortly. And I just wanted to thank all of you.

“OWS”: We can tell you that you are going to be out of a job soon (laughter - thank you all so much and I love all of you and I'll sign off - thank you).

Anne DeHart: Thank you Loretta I'm going to close your line. Closing Loretta's line, opening 818...

"Ashira": Anne...

Anne DeHart: Yea...

"Ashira": Anne we are going to have a conversation here. (To OWS)

how many questions do you feel that we are...

"OWS": We are in a good place here so it's up to you at this time.

"Ashira": We would say let us have three...

"OWS": Three or four.

"Ashira": Three.

"OWS": Three more.

Anne DeHart: I'm going to ask that no one from this point forward touch #1, okay? Loretta if you'll touch #1 and close your line it'll give me a better view of who's left. So Loretta has closed, Fran you haven't been responding to my request - I think you may be gone - so let me see how many are left. 817 is still waiting, 860 is still waiting, I have 818 open, Glenn is back from New York and Loretta...there Loretta just closed okay...no she's still there. My goodness. We're going to ask that no one touch #1 unless you're closing your line and 818 is open right now. Come on.

Question: Okay this is Melba from California. I have a question for the panel. Last week, it was like Monday or Tuesday, and I was meditating with my partner and the reason we were meditating is that we created, visualizing, two pyramids; a golden white light pyramid, one above and one below, especially in this nation to remove all the dark entities. We created a vortex on top of the pyramids, one above and one below, to destroy all the dark entities especially the IRS to dissolve all systems and to remove all the dark ones in there, in the IRS. Two days later their systems were down (laughter). So I'd like to know if that's our visualization made that happen.

“OWS”: We think that you already know the answer and certainly everyone that is listening in also knows the answer, yes of course you intended it, you created it – Believing is Seeing. So it is, you are doing it. Did someone just say “the Force is with you”? (*Laughter*) Yes it is all happening, please understand in your intentions; this is why you do this in meditations and in your guided meditations within your group and all of these things to bring about this consciousness movement across the planet. You are the ones that are doing it! We are helping but you are really doing it! So know that as you have these visions that they are real.

This is the creative ability within the higher vibrations. When you move much more into fifth dimension, many of you are already there in some respects, and when you are there your creative mind, your imagination is everything there. You are going to create everything from your imagination. You “image” it, it will be there. That is what is coming as you enter into your Ascension process. (*Alright*). Anything to add here Ashira?

“Ashira”: No that was wonderful. Thank you.

“OWS”: Very good. (*Thank you*)

Anne DeHart: Okay honey good for you we all cheer you on and you’ve encouraged others to do the same. Thank you Melba I’m closing your...

Question: So it was supposed to be three people so we asked for the purest light of the Ascended Masters and I believe they were there to assist us. Am I right?

“OWS”: You are right. Affirmative.

Anne DeHart: **Seeing is believing and you’ve proved it to us Melba.** I have to close you because we’re piling up. In the beginning there’s nobody and at the end I can’t keep up with them all. Melba please touch #1 and help me keep this cleared here. Let me see 267 I’m going to open...267 where did you go? Uh oh – it jumped, just a minute. 267 is open, come on. Introduce yourself and your one question.

Question: Hello this is Charles from Pennsylvania. In the last few weeks I’ve been getting, probably many have heard the story about the family in Oregon. If I get the story

correctly they have occupied what was called Federal land; I thought they were actual land owners there. And there was a whole influx of law enforcement, FBI, what have you, people were killed and this and that. I don't know the truth of the story - do you have any truth of this and how the whole fear kind of could have been dissipated with meditation? The Bundy's may be a name, of course, that may bring the story to light for you.

“**OWS**”: Yes this is another one of those stories or what you would call false flag attempting to mobilize within fear, to bring about fear, and these things, they try to do these things to continue to do what has always worked for them before. But it is no longer working. They are meeting much resistance in these types of things now and this will continue and eventually it will completely end and die out because this type of energy cannot continue. But it is happening now and there are ramifications that will come from this that you will see and understand as it occurs. So just be patient, do not fall into the fear though. That is the most important thing - do not become ensconced within the fear. That is what they want and that is what you do not give them. Ashira?

“**Ashira**”: We would say that no matter what side you might place yourself on you can find literature that will support it. This is an aspect that is devised behind closed doors and the truth is very hard to discern from a 3D aspect, is it not? (*It is*). You asked about meditation - send love. (*Laughter*) Send love and that will continue to cleanse the area. And we know that you are not one who is in fear and we know that One Who Serves talks to all across this audience about fear. In this area we would say all of you who are meditating, sending thoughts, send love to this particular situation, alright? (*Thank you very much, thank you*).

Anne DeHart: Okay I'm going to close your line Charles, thank you for the question and please touch #1 to help me keep this...there you go. Now let's see who has not had a chance to speak yet. We're having returns but going back to the Oregon, I kind of had a feeling that it was a revelation to those who aren't aware of how things are being done to land owners sort of to make them receptive to when the New Republic comes in. They'll see that we don't want what we've got, we want something new (*laughter*). That was just my own opinion on it. 817 I'm going to try you and if you don't answer this time I'm going to close your line. (*background noise*). 817 are you there? Okay I've closed their line. Okay let's see who is here? There are so many...Fran you are lingering although we've tried to get your line closed for you, Fran I'm going to try to open your line. Do you need to talk at all? Did you keep your hand up ... (*Hello I've tried 12 times it won't take the hand down*). Okay thank you then we'll just leave you there and move on and see

if we don't miss anybody here. Area code 860 I don't believe you've had an opportunity yet, come on, ending in 1796.

Question: John Connecticut. Two questions. After announcements how long will it be until the healing ships show up?

“OWS”: After announcements when will the healing ships show up? We can tell you that again as we spoke earlier these things are determined on man's consciousness and how these things will develop and in what order they will occur, will come in. So when you speak of announcements you do not say which particular announcements. Are you speaking of announcements that you are not alone in the universe?

Which is such a ludicrous idea when you think about it (*laughter*), is it not? (*No, not at all just GCR, NESARA, just the immediate stuff we're waiting on*). There are many announcements, that's what we're trying to say, there will be many different kinds of announcements that will come.

So when these announcements are coming or have come it is considered safe, you might say, for our galactic brothers and sisters to join us then they will join us.

Question: Okay thank you and my second question is there any way to get beamed up now and come back like after it's all done? (*laughter*)

Anne DeHart: Go to the end of the line. We're all waiting (*laughter*).

“OWS”: I think everyone wants to get beamed up at one point or another.

Anne DeHart: Thank you John. (*Thank you*).

“OWS”: It's not quite the moment for that yet.

Anne DeHart: Yes stick around and watch the show after all we've been through, don't miss the show now that it's ready to begin.

“OWS”: Anything to add here Ashira?

“Ashira”: **No thank you.**

“OWS”: We believe that was your last question of the three questions, was it not?

Anne DeHart: Oh was it three that we were allowed? Oh well I’ve got all

the newcomers except one - no wait a minute that’s not even up so okay the others are returns. Happy is back and Glenn is back and that’s the only ones that are left.

“Ashira”: We will say that it has been a pleasure having so many men on the line today. Generally it seems that this is either fairly even in terms of male and female or more heavily on your female audience. But it has been a pleasure to have so many men join us here today.

“OWS”: Yes and this One Who Serves is going to step aside briefly for another One Who Serves who wishes to come in and give his two cents. (*laughter*) He always wants to do that when he gets the chance so Shanti but another is coming in. (*Thank you*).

“One Who Serves #2”:

Greetings to you (*greetings*) yea we sound just like the other one, we know, but we are a little bit more higher energy, frequency rather, a little more excited and that type of thing but we wish to just... We heard something earlier and we certainly chuckled at it. That was the one who said the panel that she wanted to ask questions of the panel. And she does not know how close she was to what is really happening here. It is not just two here that are speaking or that are even in process here of understanding what is being asked. There are many of us here so we are a panel, that is certainly true.

Now we also wish to share one other thing that came about in one other question which was speaking of dream and Ascension dream and all of this type of thing. And we wish to share that the James had a dream of this nature some time ago when he was able to step out into the, what is called, the "Ring-Pass-Not". And at the time he knew nothing about this and he stepped into the Ring and he was told as he stepped into the Ring to not look back and not tell anyone that he had stepped into the Ring. So what did the James do in the dream? He turned around and said “hey look at me, I’m in the Ring now.” (*Laughter*)

And certainly then he could not stay in the Ring, you see? And he could not go on to the next step.

This was indicative of what you will come across as you are moving in this Ascension process. When the mentors say to jump, you jump, okay? That is what you need to do - they will come and they will give much understanding, much help to you as you are ready for it in these times to come, okay? (*Okay*) Okay, oh the other thing was that when the James woke up in the morning he did not know anything about this Ring-Pass-Not. He looked it up, he Googled it (laughter) - you know how you Google everything? He Googled it and there it was – Ring-Pass-Not. He learned all about it.

And there is definitely proof of your dreams, there is things happening in your dreams, there is more than you can possibly imagine happening in your dream state. And we would say to you, do not think about that as dreams anymore. Think of them as continuing your life, continuing your journey. This is a part of your journey, your dreams are a part of your journey. They're moving into a different state of understanding, a different frequency vibration, a different dimension even, you see? So you are having experiences while you're awake and you are having experiences while you are asleep and they are all part of your greater journey, okay? (*Okay*).

We release channel now. We just needed to jump in and say that. Shanti. Peace be with you. Be the One. (*Thank you*).

“Ashira”

I am Ashira. It's been a pleasure to be with you today. Many great questions have been asked, many questions have been answered by all of us who are here to be of service with you. Since the past month has passed Sanat Kumara talked about the Great Initiation and this group has every Sunday come together. Some of you have spoken about the Great Initiation that you've taken beyond this planet, beyond the universes. You had experiences.

This one Susan has had experiences she spoke of last week visiting earlier parts of this life and then moving into past lives. All have been part of an initiation. Everyone has had different experiences and you will continue to have more and more experiences as your frequency raises.

You will have more and more of these lucid dreams, these awakened dreams. You will be able to know that you are dreaming and be able to affect the things that you are doing. And then there are also those that know that they are having multilevel experiences, multidimensional experiences. And all of these, all of these are part of your growth, part of that which you are embracing at this time and moving forward with. In the month to come there will be even more things to share, more things that have unfolded for all of you in this time of awakening, this time of starting from the base of understanding. Many of you will be helping those around you, helping them to unfold even more.

These are great times to be alive, great times to do everything that you have to do. And as we always say to those in this group and those on the phone and all of those who would read these words, ask for help. Ask for help. We are by your side, we are there to assist you. The mentors are already speaking in your ears. There are so many who are here on this side waiting to step forward with you to celebrate in the days to come. We send you our peace and our love. Namaste. (*Namaste*)

Channeled by James McConnell and Dr. Susan Sammarco

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